

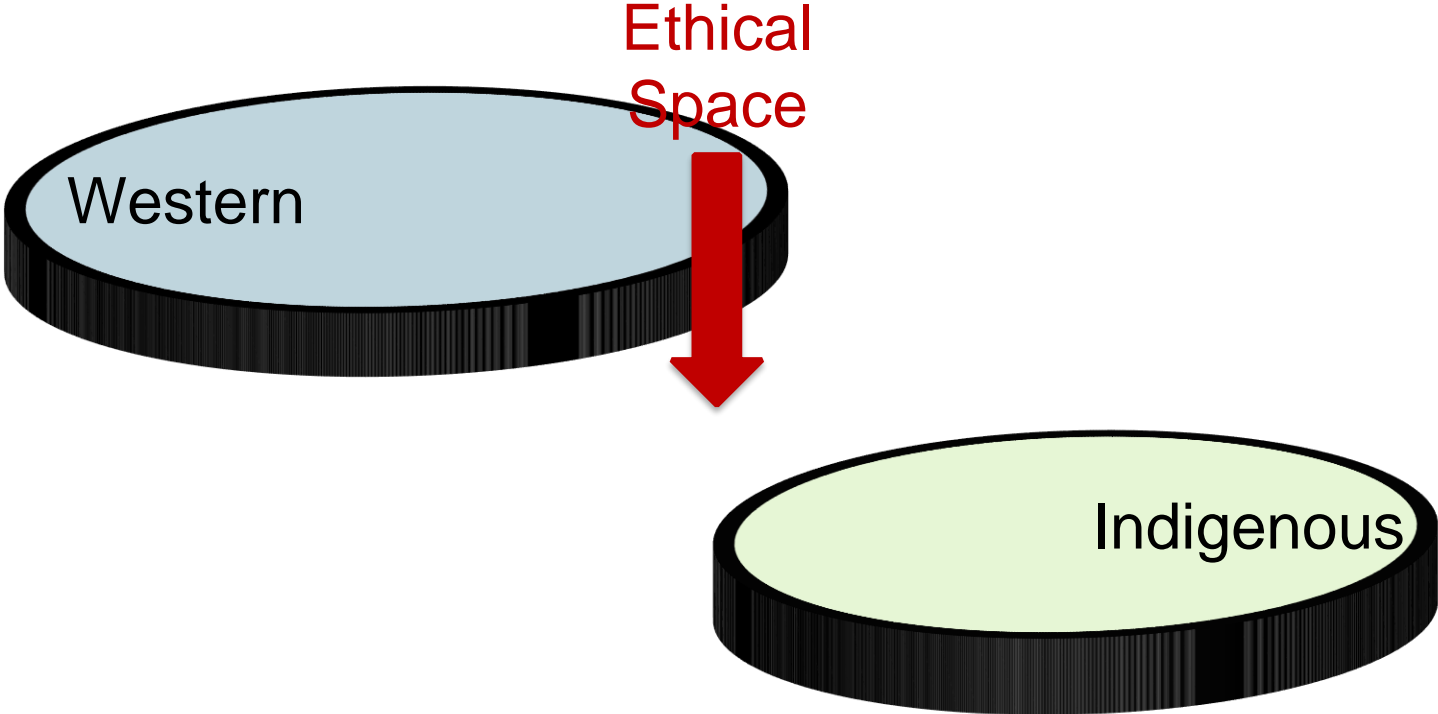


Healing through Research: Indigenous Research Methodologies in Substance use and Hepatitis C Space

Sharon Brass, Sadeem Fayed & Alexandra King
Indigenous Wellness Research Group, USask, SFU



Healing the Health Research Space: Concept



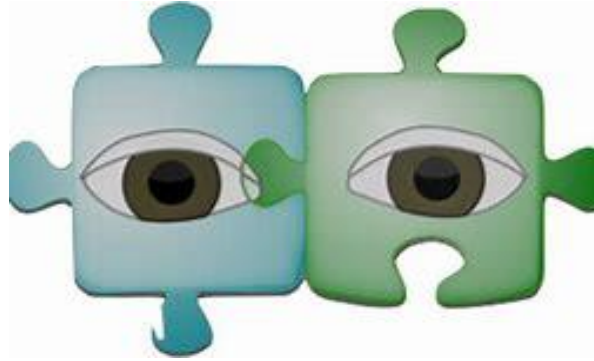
Acknowledgment: Ethical Space

- Willie Ermine, Sturgeon Lake First Nation Saskatchewan

Healing the Health Research Space: Practice



Etuaptmumk: Two-eyed Seeing



To see from one eye
with the strengths of
Indigenous ways of
knowing

&

To see from the other
eye with the strengths
of Western ways of
knowing

Acknowledgment: Two-eyed-Seeing

- Albert Marshall, Elder of the Mi'kmaw Nation

Creating an Ethical Research Space: “Two-eyes...”

- **Step 1:** Balance
- **Step 2:** Partnership

RESEARCH ARTICLE

In the eyes of Indigenous
the underlying color
and the imperative

Sadeem T Fayed MPH(c), Alexan
FCAHS², Chris Macklin MPH(c), Je
Bonnie Healy RN⁶, Stev



In The Eyes of Indigenous People in Canada

RESEARCH ARTICLE

In the eyes of Indigenous people in Canada: exposing the underlying colonial etiology of hepatitis C and the imperative for trauma-informed care

Sadeem T Fayed MPH(c)¹, Alexandra King MD, FRCPC², Malcolm King PhD, FCAHS², Chris Macklin MPH(c)¹, Jessica Demeria³, Norma Rabbitskin BN, RN⁴, Bonnie Healy RN⁵, Stewart Gonzales (Sempulyan) BSW⁶

Fayed, et. al (2018). *Canadian Liver Journal*, 1(3), 115-129

In The Eyes of Indigenous People in Canada

Risk factor

Colonialism

Intervention Target

Historic Trauma

Health Issue

Historic Trauma Response

Being Indigenous is Not a HCV Risk Factor

Risky Models of Care

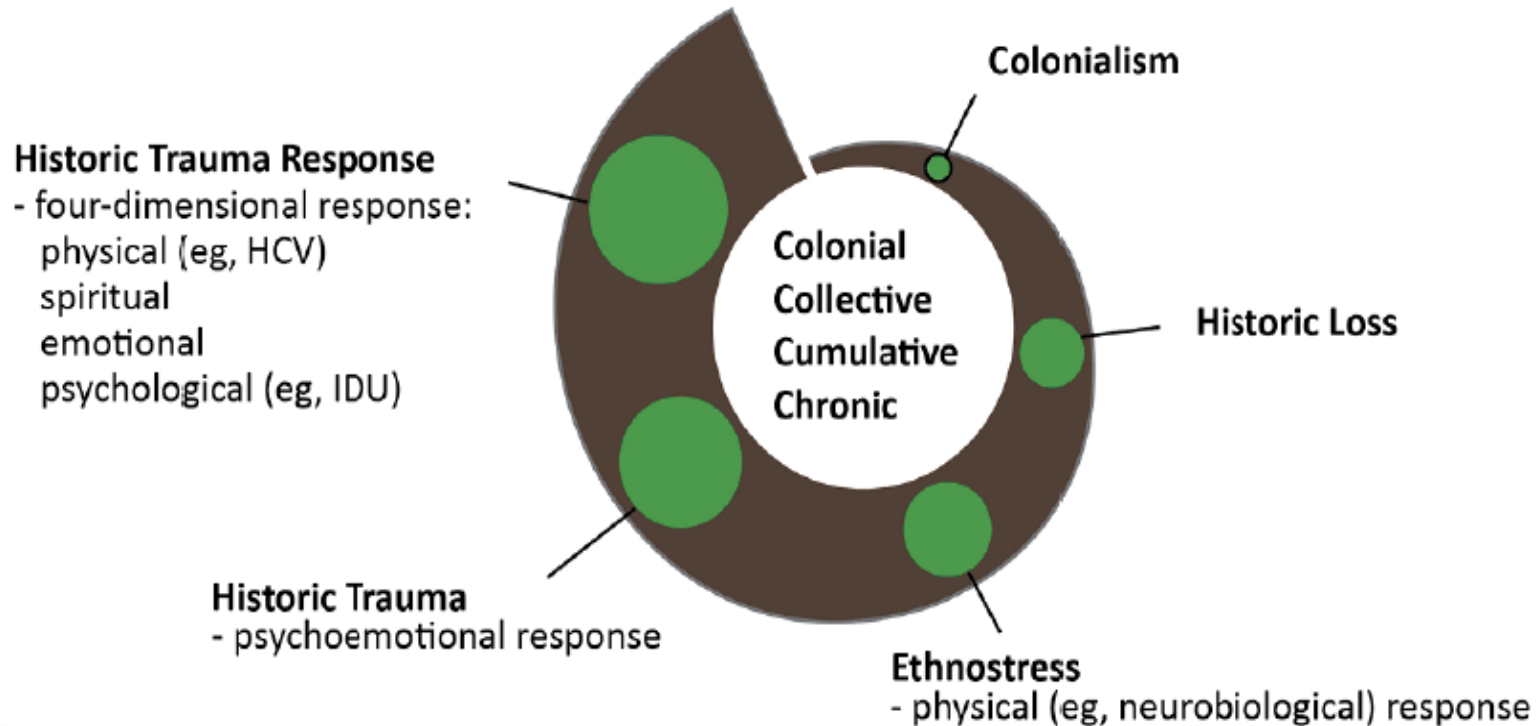
1. Stigmatizing
2. Inequitable
3. Deficit-based

Protective Models of Care

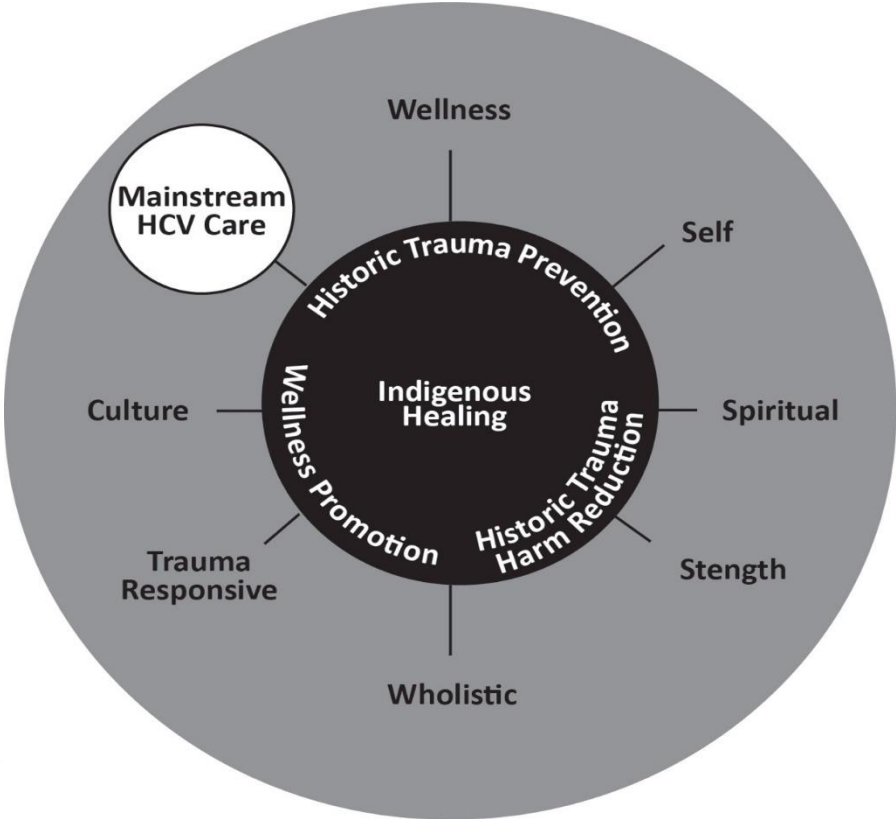
1. **Colonialism targeted**
2. Indigenous centered
3. Culture-based

Indigenous People, People Who Inject Drugs (PWID) , Men Who Have Sex With Men (MSM),
Street Youth (SY)

HCV & Substance Use: a Historic Trauma Response



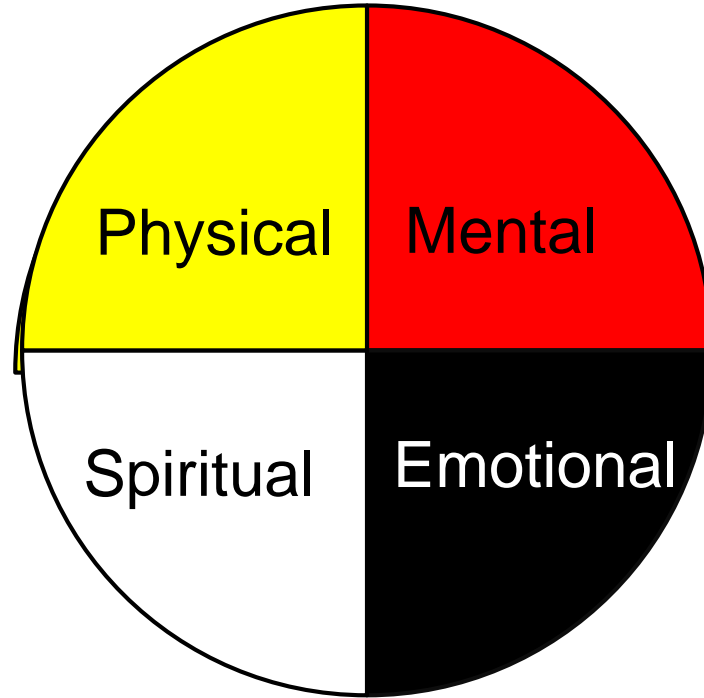
Historic Trauma Informed HCV Care



Two-eyed-Seeing Research Methodology

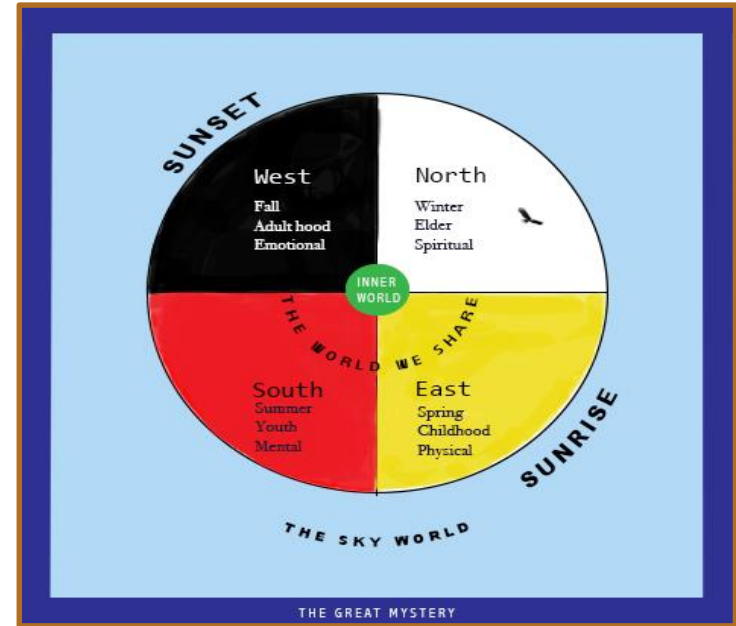


Indigenous Research Methodology: Concept



An Indigenous Research Methodology: Practice

- Oneness
- Ancient wisdom
- Creating a safe space
- Honoring our stories
- Brining in the elements



Oneness

- Harm reduction
- Equality
- Inclusion
- Culturally safe space



Ancient Wisdom

- Ceremony is medicine
- The infinite circle
- Storytelling leads to our truths
- Singing, laughter & tears are medicine



Creating a Safe Space

- Territorial Acknowledgement
- Honouring the space
- Fire & Water Ceremony
- Cultural support



Honoring Our Stories

- Connecting to spirit
- Walking the medicine wheel
- A ceremony for the bundles
- Witnessing



Bringing in the Elements

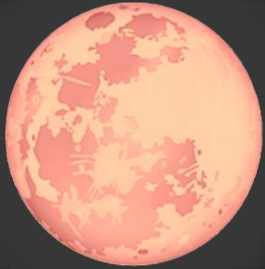
- The Medicine Wheel
- Rocks, stones, shells & feathers
- A sacred moment
- Honouring bundles



Healing through Research: A Story



DRUMMING THE ECSTASY OF TRANSFORMATION



Holy moments do not last forever but when a sense of “**oneness**” prevails, if but for a moment, the world is alive to us and we are alive to the **world** around us. I see joy, freedom, compassion, and ecstasy in my sisters as we sit around the pow wow drum and together, we allow the forces of **transformation** to move through our hearts, minds and bodies and sing the song that brings us all home. For a second, it feels like we all might explode from the momentary, yet huge relief from the pain of **being alive**. For some reason Elder Glenda threw her pow wow drum into her car before leaving for our camp. In a moment of **inspiration** she questioned it but then went with the thought and in the process gave all of us a holy gift. **The ancestors are so wise.**

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- Dr. Alexandra King