Strong Leadership Building Strong Communities THE MANY MASKS OF RESILIENCE



Valerie Nicholson Vancouver BC, Canada September 24 2018 Sidney Australia

Traditional Introduction







THANK YOU

- To all those that have gone on before us
- To all those that care for us Family / Elders / Nurses / Doctors/ Pharmacists / Friends
- To all those that work in research and involve us ~GIPA
- To those who develop the medications to keep us alive
- To all of you, for taking this journey





Turtle Island





Honouring our Ancestors

We have an oral history. Telling our stories through dance, drumming, beading, painting, carving and nature Mother Earth is out Teacher.





History

- Colonization
- Non persons
- RCMP
- Hudson's Bay Blankets
- Residential schools
- 60 's scoop
- Ministry of families and children



HIV

- Stigma
- Discrimination
- Rising rates
- Criminalization
- Genetic mutation rapid progression







Resilience

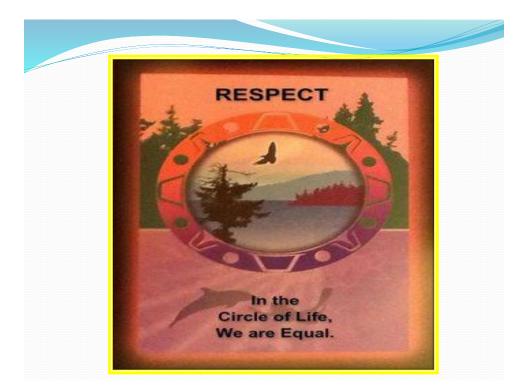
- We are still here
- Re connecting with Culture
- Land based teachings
- Truth and reconciliation
- Medicine wheel



Weaving our Wisdoms

- Working together with health care providers
- Meeting peers where they are at
- Always teaching
- Always learning
- Elder / youth





We WILL THRIVE With RESPECT, Loving life , All My Relations



