

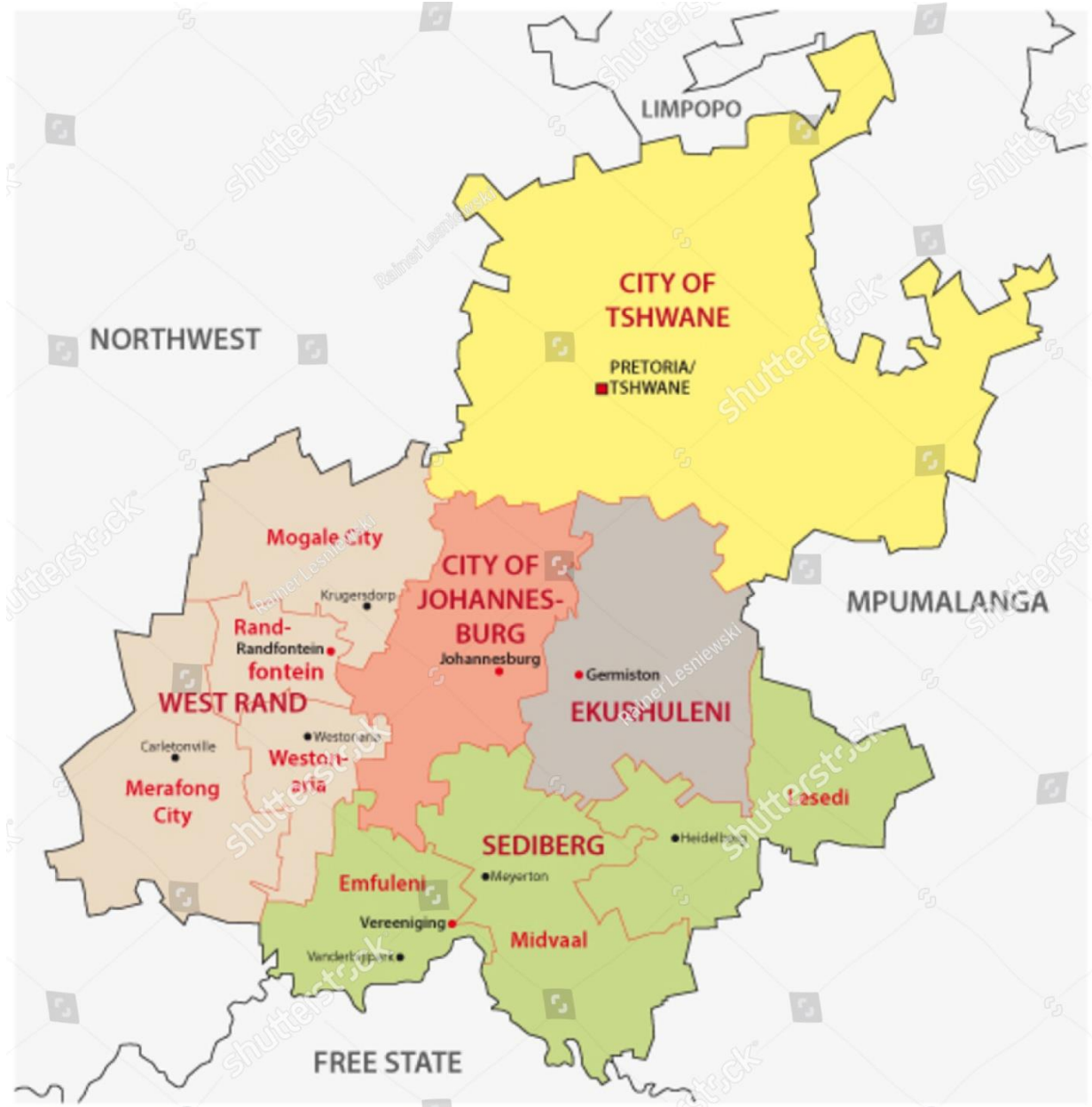
DR MATILDA MOHALE

Successful integration of services to
Address Hep C, HIV and wellbeing
of people who use drugs in
Tshwane



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- Publicly funded community programme.
- Based programmatic response to the use of illegal substances in Tshwane-Pretoria.
- Initiative between the City of Tshwane and the University of Pretoria-Department of Family Medicine.
- Based on the principles of COPC (Community Orientated Primary Care) – where healthcare is taken into the communities and households.
- Involve all community stakeholders, and work done in collaboration.
- Team of people with varying skills and qualifications: Doctor, Clinical A, Social Worker, CHWs, peer educators



HARM REDUCTION

**COSUP offers an evidence-based, public-health informed,
feasible alternative to an abstinence approach to substance
use**





HARM REDUCTION

- Strong belief in Health a fundamental Human Right
- Use Harm Reduction, a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use.
- COSUP is part of a movement for social justice built on a belief in, and respect for, the right of people who use drugs

SERVICES PROVIDED

- Medical Screening and Brief Medical interventions
- HIV/HCV/TB Screening
- Medical examinations and treatment
- Counseling Services
- Opioid substitution therapy
- Needle exchange programmes
- Social services
- Skills development
- Post-rehabilitation support services (Aftercare)





- Between **2016-2019 COSUP** created practical working relationships with 169 organizations and institutions.
- Set Up 17 service sites in Tshwane, providing counseling, link to care and Opioid substitution therapy.
- 1600 adults (age range 18-60), median age 31, male (90,3%) female(9,4%) and transgender (0,3%) clients.
- 50,8% smoke , 49,2% inject heroin.
- COSUP offers a needle and syringe exchange program, distribute approximately 17,000/month.

STATISTICS

COSUP
COMMUNITY ORIENTED SUBSTANCE USE PROGRAMME

93% HCV prevalence among PWID in Pretoria

28% HCV prevalence among PWID in Durban

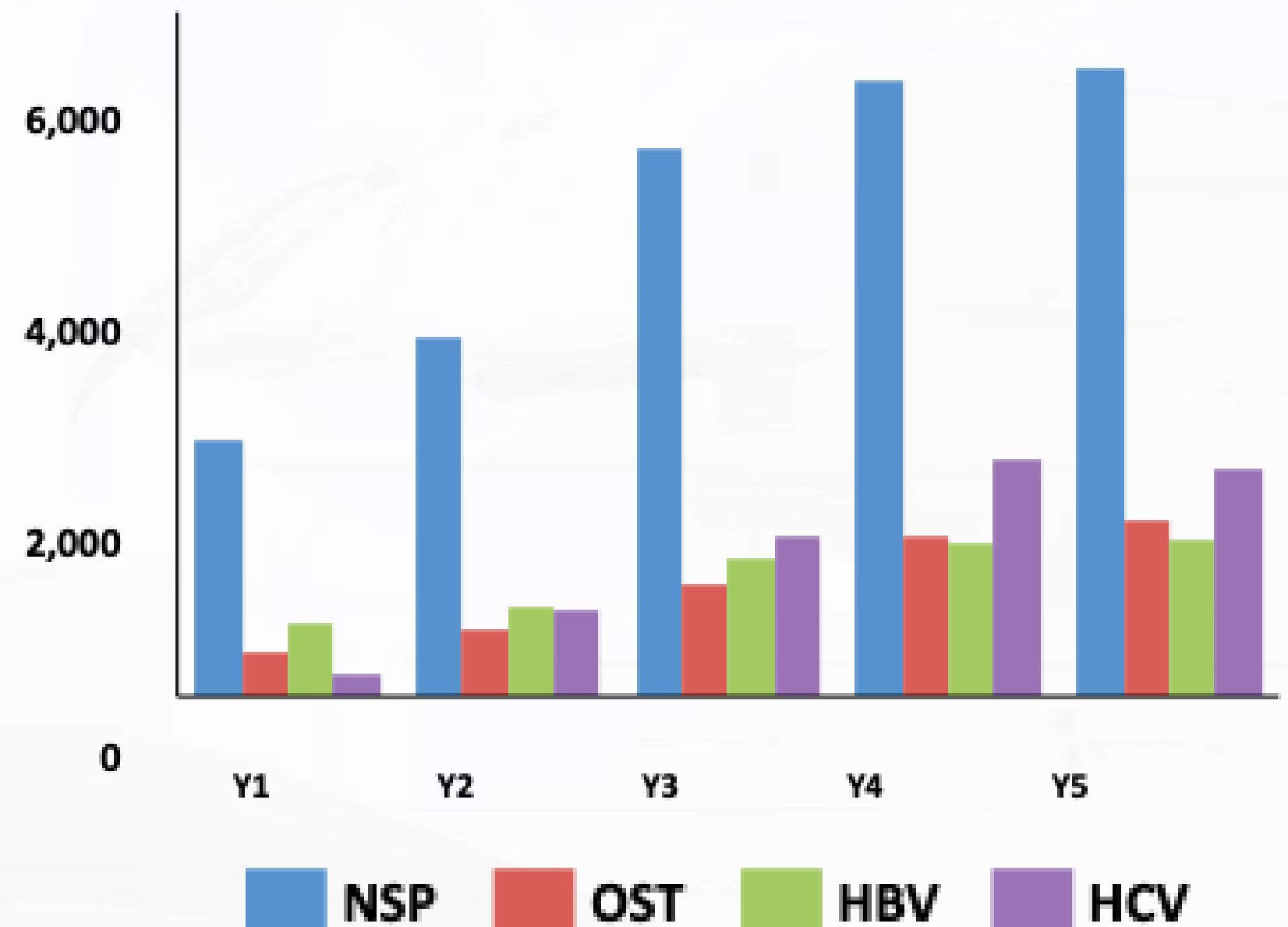
<15% have access to needle and syringe exchange services

<1% have access to opioid substitution therapy

To address this burden, a comprehensive package of HCV services must be scaled up for PWID ...

HCV PREVALANCE IN THE METROPOLITAN

Total PWID to be reached under National Action Plan 2018



COLLABORATION OF CARE



Consumables Human resources

- Medication
- HIV Test Kits
- Condoms & lube

Sediba Hope Community Clinic Program & Facility Coordination

- Dispensary
- Including CCMDD & PeleBox
- Hope Line 24 Hour Call Centre & Non-emergency Transport
- DSA Network Management
- NPO Capacity Building
- Clinical Oversight
- Clinical Mentoring
- Advance Case Management
- Quality Improvement
- Project Support
- Sediba Hope Community Clinic Program & Facility Coordination
- Facility Governance & Infrastructure

- Community Oriented Primary Health care
- Street Medicine to Marginalized Communities
- COSUP
- Harm Reduction
- Screening and brief interventions
- NSP
- OST
- HIV Test Kits
- PHC Consultations
- Counseling services
- Social services

Operational
Plan HCV
treatment
Sediba HOPE

10

Operational Plan HCV Treatment SEDIBA HOPE

Migrant & Refugee Program

- Mental Health
- PHC Consultation
- Linkage to Care
- Advocacy

GP Care Cell

- Medication
- HIV Test kits
- Condoms & lube

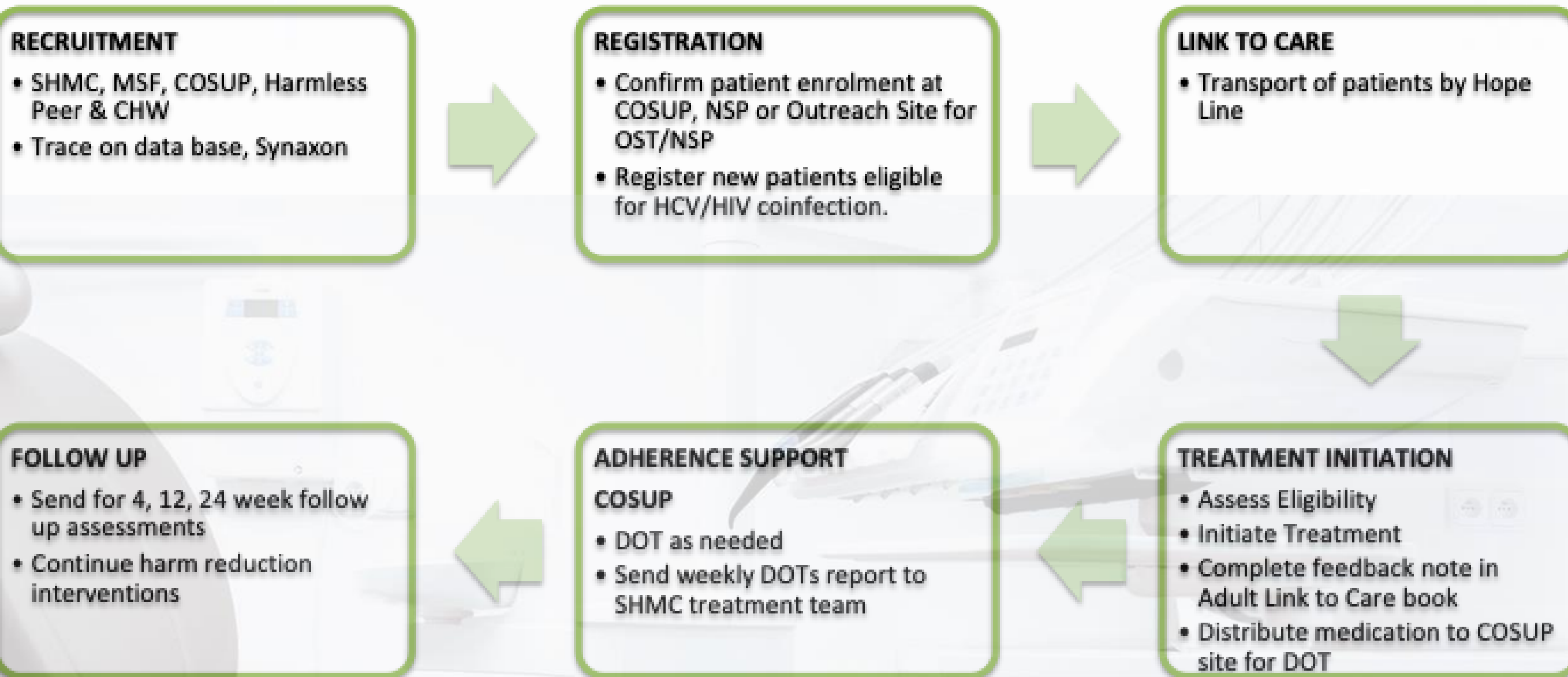
Sex Worker Program

- Peer-led Outreach Programme
- Condom & lube distribution
- HIV testing services & linkage to care
- ART & PrEP
- PHC
- Contraceptives

Harmless Project

- Peer Support
- HIV Test Kits
- ART & PrEP
- PHC
- NSP

Access to HCV Treatment for People Who Inject Drugs through a Simplified Model of Care in Tshwane



Operational plan HCV treatment SEDIBA
HOPE MEDICAL CENTER

REFERENCES

- 1 • Clinical guidelines and National Action Plan For Viral Hepatitis, 2018.
- 2 • Prof Tim Lane (principle Investigator) and South African National AIDS council at the South African key populations cascades workshop, Pretoria, 6 February 2018.
- 3 • TB HIV care, University of Cape Town, Anova Health Institute, OUT Wellbeing, National institute of communicable Diseases, Viral Hepatitis C initiative for key populations in South Africa, 2018.





COSUP
COMMUNITY ORIENTED SUBSTANCE USE PROGRAMME

THANK YOU

A Presentations By Dr Matilda Mohale

SUCCESSFUL INTEGRATION OF SERVICES TO ADDRESS HEP C, HIV AND WELLBEING OF PEOPLE WHO USE DRUGS IN TSHWANE