

PAVE the way. Empowering adolescents to be VAPE Free

Presenters: Dr Bronwyn Milne (Staff Specialist Paediatrician and Addiction Specialist with CICADA Drug and Alcohol Service, SCHN)

Dr Bronwyn Milne is the Medical lead for the CICADA Adolescent and Family Drug and Alcohol Service at the Children's Hospital at Westmead. She is an Adolescent Physician and Addiction Medicine Specialist and has extensive experience working with adolescents with moderate to severe substance use.

Mary Wahhab (Clinical Nurse Consultant with CICADA Drug and Alcohol Service, SCHN)

Mary Wahhab is the Clinical Nurse Consultant with the CICADA Adolescent Drug and Alcohol Service at SCHN. She has over 2 decades of experience in drug and alcohol services ranging from inpatient, outpatient services. She was co-author of the SCHN Clinicians guide to supporting adolescents and young adults to quit vapes and on the working group for the NSW Health Guide.

& the CICADA Multidisciplinary team

Members from the multidisciplinary team will contribute to the workshop providing perspectives from Paediatricians, social workers, clinical psychologists and Aboriginal Care Navigators providing cultural perspectives.

Background and Overview of Workshop:

This professional development workshop will provide an update for medical and allied health clinicians on vaping use in adolescents and evidence-based interventions. Presentation will include current trends, new and emerging tobacco products, recent research updates and interventions including the PAVE App.

Case base presentation and interactive discussions will highlight common harms and co-morbidities experienced by adolescents who vape and outline interventions for the management of nicotine dependence using pharmacotherapy, behavioural and psychological strategies.

Target Audience Young People | Health Professionals | Youth Workers | Researchers

Learning Objectives

1. Understand current e-cigarette and vaping trends in adolescents
2. Understand new and emerging nicotine and tobacco products and the impact of young people
3. Identify harms and co-morbidities associated with vaping use in adolescents
4. Explore pharmacological interventions for adolescent with nicotine dependence who want to quit
5. Discuss non-pharmacological interventions including PAVE App, psychological and behavioural strategies.