

WORKSHOP TEMPLATE

Submissions must not exceed 300 words (excluding title & authors). The document must not be password protected or saved as read only as this may result in your abstract failing to upload successfully. Use Arial 12 point type only. Please structure your submission using the subheadings below. If the abstract does not fit the headings, please put full abstract beneath introduction and we will remove the headings once submitted.

Investing in Youth Health Equity: School-Based Integrated Care Across Urban and Rural NSW

Presenter information (please provide the below information for each presenter):

Presenter 1:

Name: Dr Santuri Rungan

Organization: Sydney Local Health District

Position: Community Paediatrician

50-word Biography / summary of expertise: Dr Santuri Rungan is a dedicated clinician-researcher specialising in integrated care models across urban and rural NSW. With extensive experience in school-based health programs, Santuri focuses on promoting equitable access to wellbeing services, empowering young people, and fostering community partnerships to enhance youth health outcomes.

Presenter 2:

Name: Dr Tammy Morris

Organization: Sydney Local Health District

Position: Youth Health Specialist

50-word Biography / summary of expertise: Dr. Tammy Morris is a youth health specialist at Youthblock and researcher specialising in youth health and wellbeing. With a focus on integrated care and health equity, she leads initiatives across urban and rural NSW, advocating for evidence-based programs that support young people's mental and physical health in school settings.

Presenter 3:

Name: Youth representative (TBA)

Organization: Sydney Local Health District

Position: Youth Frontline Advisory Group member

50-word Biography / summary of expertise: As a member of the Youth Frontline Advisory Group, they bring lived experience and youth perspectives to the development of health programs. Passionate about advocating for equitable, accessible care, they collaborate with professionals to shape services that truly meet the needs of young people across diverse communities.

Presenter 4:

Name: Dr Corin Miller

Organization: South East Regional Hospital, Bega | Sapphire Clinic, Merimbula | Djing.gii Gudjaagalali, Eden

Position: GP and Rural Generalist

50-word Biography / summary of expertise: Dr. Corin Miller is a Rural Generalist/ GP in NSW with expertise in delivering comprehensive healthcare to rural communities. Passionate about integrated, community-centered approaches, Corin focuses on improving youth health outcomes through school-based programs that address physical and mental wellbeing in underserved areas.

Presenter 5:

Name: Ms Sarah Travis

Organization: Yudi Gunyi School

Position: School Principal

50-word Biography / summary of expertise: Ms Sarah Travis is the Principal of Yudi Gunyi School, dedicated to fostering inclusive, supportive learning environments for students. With a strong focus on student wellbeing and community engagement, she leads initiatives that integrate health and education to promote holistic development for youth in both urban and rural settings.

Background/ Overview of Workshop:

This workshop presents an in-depth exploration of innovative school-based integrated care (SBIC) programs designed to enhance the health and wellbeing of young people across urban and rural New South Wales. Recognising that intergenerational equity begins with investing in youth health, these programs provide a holistic approach by combining health, mental health, and social support services directly within schools—accessible environments where young people spend much of their time.

Participants will gain insight into how integrated care models respond to diverse community needs, addressing barriers related to geography, socioeconomic status, and cultural differences. The workshop highlights successes and challenges in implementing these programs in urban and rural communities, emphasising the importance of flexible, community-tailored solutions that promote equity.

Co-presented by health professionals, educators, and young people from both settings, this interactive session will foster meaningful dialogue and shared learning. Young co-presenters will provide authentic perspectives on accessing care and the impact of these programs on their wellbeing.

Target Audience:

Please select from the following:

- Young people (12 – 25 years)
- Community / youth workers
- Health professionals
- Researchers

Learning Objectives:

1. Understand the components and benefits of school-based integrated care programs in diverse NSW settings.
2. Identify strategies for overcoming barriers to care in urban and rural schools.
3. Explore the role of youth voices in designing and delivering effective health interventions.
4. Discuss how integrated care models contribute to intergenerational equity by investing in youth wellbeing.

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Duration of workshop:

- 60 minutes

Will this workshop be co-presented with young people? (indicate as applicable)

- Yes

Disclosure of Interest Statement:

The presenters declare no conflicts of interest related to the content of this workshop. This session is solely focused on sharing information and experiences from school-based integrated care programs without any commercial or financial influence.