

# Ending HIV in New Zealand by 2025

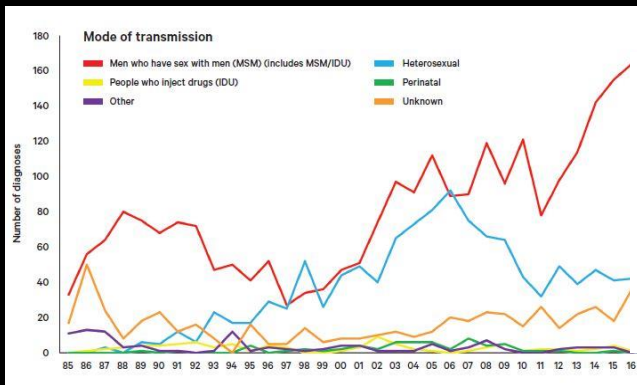
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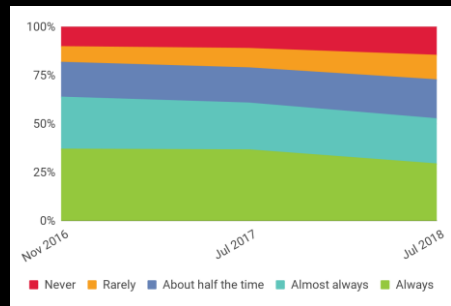


## From 2011 to 2016, the number of new HIV diagnoses steadily rose

HIV in New Zealand



% of MSM surveyed reporting condom use for casual sex



## Many strands make up one rope

- Growing international evidence suggested that re-calibrating the strategy towards combination prevention would help us realise our goal
- Sector collaboration was essential for implementing combination prevention
- Existing political settings were not aligned to this approach

$$\left[ \begin{array}{c} \text{STAY} \\ \text{SAFE} \end{array} \right] + \left[ \begin{array}{c} \text{TEST} \\ \text{OFTEN} \end{array} \right] + \left[ \begin{array}{c} \text{TREAT} \\ \text{EARLY} \end{array} \right] = \left[ \begin{array}{c} \text{END} \\ \text{ING} \\ \text{HIV} \end{array} \right]$$

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- Advocating for and achieving the public funding of PrEP
- Ensuring clinical sector ready and equipped
- Encouraging PrEP uptake among non-condom users



97% of MSM know condoms are the most effective prevention for HIV and STIs



91% of high-risk MSM understand the role of PrEP, up from 62%

13.5% of MSM accessing funded PrEP

PrEP YOURSELF

# OPEN WIDE

PrEP is a daily pill that prevents HIV.

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[ENDINGHIV.ORG.NZ/PrEP](http://ENDINGHIV.ORG.NZ/PrEP)

$$\left[ \text{STAY SAFE} \right] + \left[ \text{TEST OFTEN} \right] + \left[ \text{TREAT EARLY} \right] = \left[ \text{ENDING HIV} \right]$$

- Critical to reduce undiagnosed HIV
- Scale-up and improve accessibility to testing services
- Diversified testing options - home testing, walk-in clinics, and outreach testing

45% of self-tests sent to people who have never tested for HIV

72% of high-risk MSM report testing in past 12 months, up from 61%



ENDING HIV

# GOOD SEX IS MORE THAN JUST SEX

Test for HIV at least twice a year.

ENDINGHIV.ORG.NZ

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- Encouraging early treatment for those diagnosed with HIV, for health, stigma, and prevention benefits
- Advocated for and achieved the removal of barriers to early HIV treatment



73% of MSM know that someone living with HIV who has an undetectable viral load cannot transmit HIV, up from 55%

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# DROP YOUR LOAD

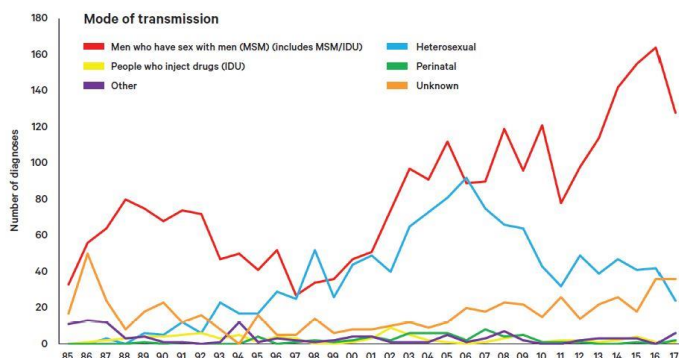
Today's treatments can make your viral load undetectable.

UNDETECTABLE = SAFE

## Impact and next steps

**DOWN**  
20%  
Overall HIV diagnoses

**DOWN**  
29%  
HIV diagnoses among MSM



- We're heartened to see the first decrease in 6 years
- However, we need to see a steady consistent decrease over the next few years before we can confidently say we are on the right track
- To continue this momentum we now need political leadership and increased resources to reinforce our rope
- Next steps? 25% of MSM wanting PrEP feel uncomfortable speaking with their GP

# Thank You

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New Zealand AIDS Foundation  
Te Tūāpapa Mate Araikore o Aotearoa

# How can you help? (shameless plug)



RED Food



RED Frocks



RED Fun

[nzaf.org.nz](http://nzaf.org.nz)