



# **New challenges for alcohol and other drug services in addressing nicotine-related harms**

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**The authors have no conflicts  
of interest to declare**

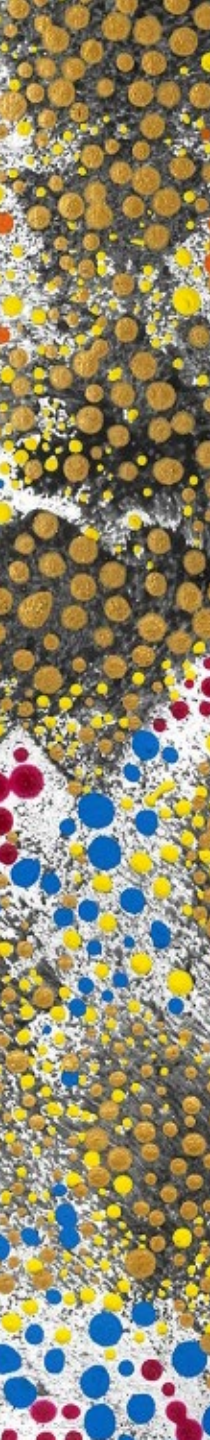


We acknowledge the Ngunnawal people as traditional custodians of the land we are meeting on and recognise any other people or families with connection to the lands of the ACT and region. We acknowledge and respect their continuing culture and the contribution they make to the life of this city and region.

We recognise and continue to learn from the contributions of Aboriginal and Torres Strait Islander people to the alcohol, tobacco and other drug sector.







# Service Users Survey of Outcomes, Satisfaction and Experience (SUSOSE)



Thinking about when you first started using this service, were you a smoker?

Which of the following statements fits you best? Since first entering or starting to use this service.....

- I wasn't smoking and I'm still not smoking
- I have quit smoking completely
- I smoke less now
- I smoke about the same now
- I smoke more now



Have you used e-cigarettes (or vapes) in the past 12 months?

If yes, did you ever use e-cigarettes (vapes) as a way to stop, or cut down on tobacco smoking?



**81.8%** were smokers when they first started to use the service (n=291)



56.1% had used an electronic cigarette (vape) in the past year



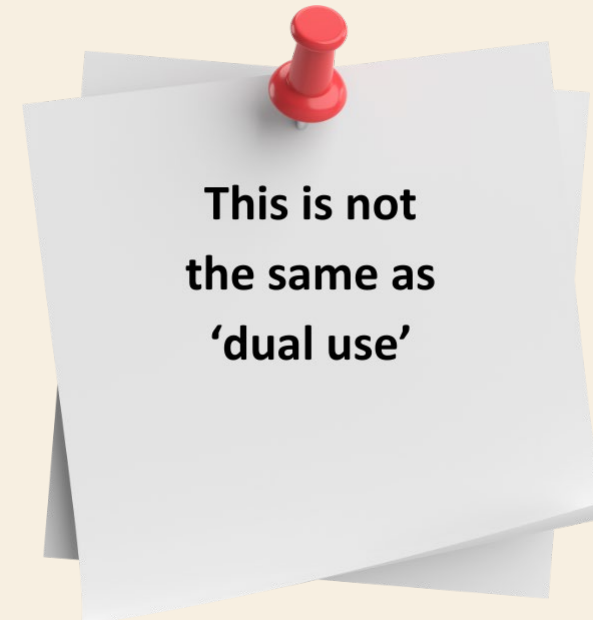
**51.0%** had used an electronic cigarette (vape) in the past year (n=288)

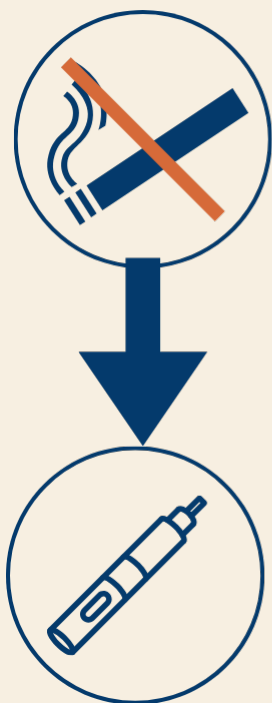


89.0% were smokers when they first started to use the service



**45.9%** reported both (n=281)





**65.1%**

of service users  
who had used e-  
cigarettes had  
used them to stop  
or cut down their  
tobacco smoking


Of these:

**15.9%**

had quit smoking  
completely

**35.2%**

‘smoke less now’



**This does not  
necessarily indicate a  
causal relationship  
between e-cigarette  
use and change in  
smoking behaviour**





$p = .03$ ,  $\phi = -.15$



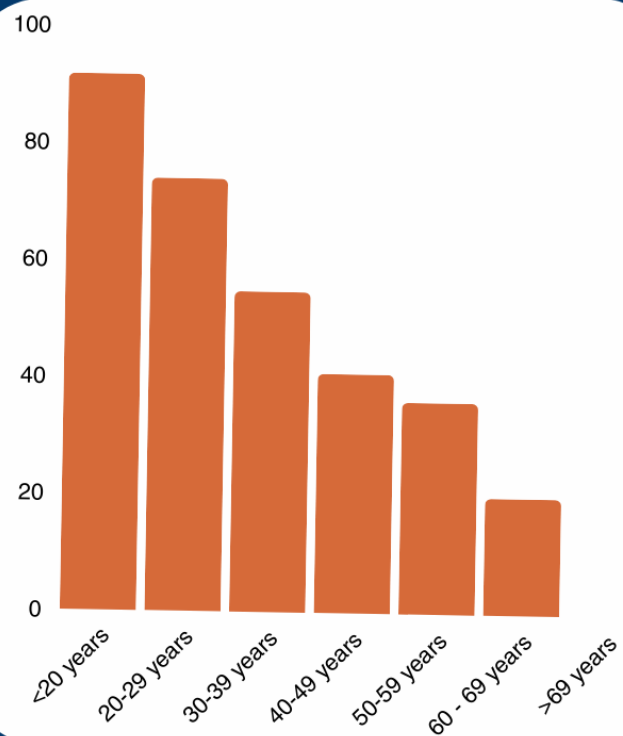
$p = .02$ ,  $\phi = -.16$



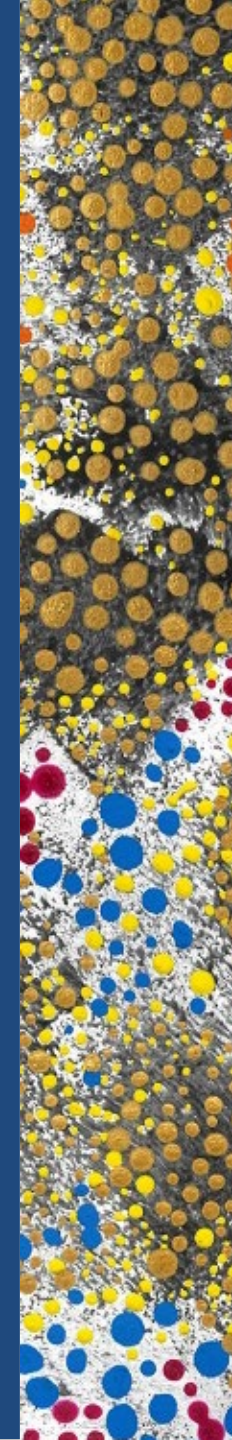
$p < .001$ ,  $\phi = .25$



$p < .001$ ,  
 $\phi = .35$



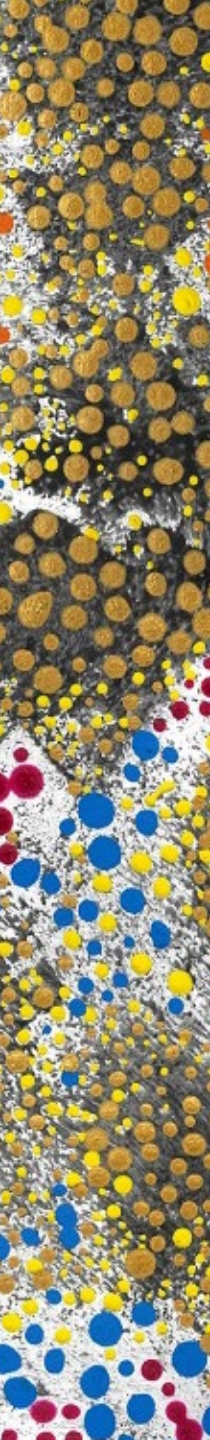
Age  
Gender  
Aboriginal/Torres Strait Islander  
LGBTIQA+  
Disability  
Service type  
Employment  
Housing  
Highest level of education





# Implications

- Significant need for nicotine dependence treatment and smoking cessation supports
- Levels of disadvantage suggest access to free/subsidised NRT is beneficial
- E-cigarettes may be a useful support for smoking cessation for some people
- Adequate supports are needed to ensure service users do not return to tobacco cigarettes where e-cigarettes become unavailable





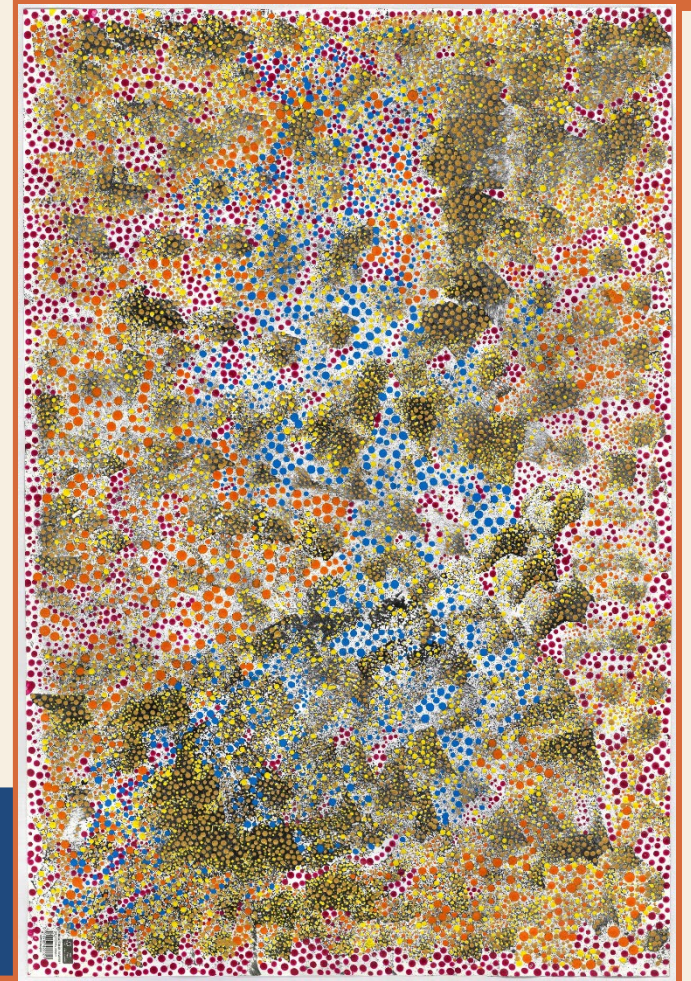
Alcohol Tobacco & Other Drug  
Association ACT

**Title:** Unspoken  
History, Map of Pain

**Artist:** Sharon

**Date:** 2020

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Thank you for your attention.

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