

How To Set-up A HCV Treatment Program Within A Busy OST In Sydney

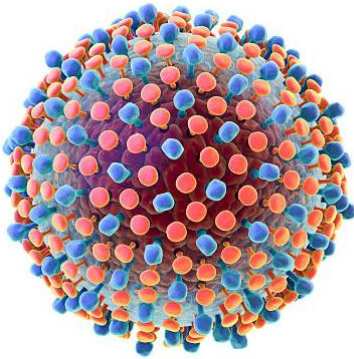
APSAD, Melbourne, 14th November 2017

The Langton Centre, Surry Hills



300 Clients in OTP
D&A Services
Counselling
CUPS
MERIT
ADC
Cannabis Clinic
Consumer Participation Workers
Research Projects

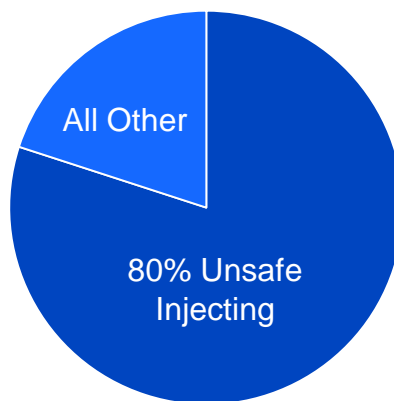
Hepatitis C (HCV) in Australia



- ~230 000 people have HCV in Australia
- Around 15% have not yet been diagnosed
- Treatment prior to March 2016:
 - Liver biopsy
 - Bloods
 - Specialist
 - Medications for 1 year
 - ~50% chance of clearing



HCV Rates Australia



New Medications Available March 1, 2016



- Not all people required a liver biopsy for diagnosis
- Fibroscanning became an alternative for most
- On average, 1 tablet per day
- An average of 12 weeks
- Minimal/No side effects
- >90% cure rate
- WHO plan includes HCV eradication by 2030

How We Did It



Langton's aims:

1. Treat as many client's as possible
2. Treat a proportionate number of Indigenous clients
3. Have a progressive focus on barriers to treatment and effective ways to overcome those barriers

NB: Minimum goal set of treating 40 people by June 2017 (one year)

Key Strategies



- Staff training and development in HCV treatment
- Fibroscanning training
- Venepuncture training
- Database development
- Weekly clinic
- Treatment information
- External relationships

Treatment Information Sheet

HEP C TREATMENT AT THE LANGTON CENTRE

You may have heard about new hepatitis treatments.
You can access treatment at The Langton Centre.

Are new treatments available?

New non-interferon treatments are now available. These involve a two to three month course of tablets only. The treatments have very few side effects.

How do I get the new treatment?

- Do you have Hepatitis C?
- When did you last have your blood tested?
- Do you know what a Fibroscan is?

What blood tests do I need?

- You need a Hepatitis C test to see that you have been exposed to the virus.
- You need a PCR test. This shows if you carry the virus.
- You need a test to see what strain of the virus you have. This is a genotype test.

What is a Fibroscan?

- This is a test that uses sound to see if your liver is damaged by the virus. It is painless and does not involve any needles like a liver biopsy. This can be done here.

How do I get the treatment?

- Easy, ask your careworker about it, get all the tests (a blood test and Fibroscan).
- Once all the results are together the information will be sent to a specialist to see if you are good to go ahead.
- Once you have approval the doctor will write a script to get the medication. You can take the prescription to any pharmacy.

I hear the medication is really expensive?

- Yes it is, but the Australian Government has subsidised the medication so you only pay a prescription fee for each month that you are taking the tablets. That is a maximum of \$38.30 per month or \$4.20 if you have a concession card.

Is that all there is?

- Almost, just remember that once you start treatment you need to take the medication every day until the course is completed. This is usually eight to twelve weeks but may be up to twenty four weeks. Also you will need to have a blood test during treatment as well as after treatment to make sure it has worked. And it does work for almost all people.

Liver Clinic Invite

You Are Invited To

THE LIVER CLINIC

Where: Downstairs Level of The Langton Centre – go to Main Reception

Day:

Time: Anytime between 9-12pm



Run Sheet

Pre-Rx Bloods: date done	
Fibroscan: date and result incl. IQR +IQR/med	
Consult form faxed	
Approval rc'd	
Script faxed	
Pack rc'd	
Start Date	
4 wk bloods: requested/ done	/
Finish Date: requested/ done	/
12 SVR bloods: requested/ done	/
Medicare	
Brief medical (esp cardiac)/Psych/ D+A Hx	
Other Medications	
Amiodarone Therapy past 6/12?	
Allergies	



Client Treatment Checklist

TREATMENT CHECKLIST

Congratulations on getting this far! We hope you're excited about treatment, but there are still a few more things to do...

- Most importantly, **REMEMBER TO TAKE YOUR MEDS EVERYDAY!**

It's also important to complete the full course prescribed i.e. 8 or 12 weeks – this will give you the best chance of gaining complete and sustained viral clearance. If you are having trouble managing or picking up your meds then please have a chat to us and we can help.

Your medication(s)

Duration:

Here's a checklist:

- Write down the date that you take your first dose:
And please tell the Langton staff this date too.
- 4 wks after commencing – blood tests @ Langton, please remember!
- Write down the date you take your final dose:
Please tell the Langton staff this date too.
And blood tests @ Langton, please remember!
- 12 wks after completing treatment – blood tests @ Langton
The most important bloods. @ Langton even if you don't dose here anymore.

It's quite straightforward, but if you have concerns or questions in between these dates then please ask someone here or call us.

Remember, if you have a pension number then the meds are about \$6 per box.

Also, the treatment won't make you immune so continue to be clean and safe!

TAKE CARE AND GOOD LUCK



12SVR Invite

Please Attend For

12 WEEK BLOODS

Where: The Langton Centre

Between Dates:

Time: Anytime between 9-12pm

Any issues please call us on 9332 8715

This is very important for you. This will be the only true test of whether your treatment has been successful.



It Makes Sense to do this in a D&A Setting




Health
 South Eastern Sydney
 Local Health District

First Year:

Jun '17 – Oct '17:

- | | |
|--|---|
| <ul style="list-style-type: none"> • 125 clients screened for HCV • 27 clients previously thought to be HCV positive were confirmed negative • 50 clients commenced treatment • 23/23 clients achieved SVR12 (100%) • 5 clients received Hep B vaccinations | <ul style="list-style-type: none"> • 160 clients screened for HCV • 42 clients previously thought to be HCV positive were confirmed negative • 71 clients commenced treatment • 43/44 clients achieved SVR12 (97%) • 9 clients received Hep B vaccinations |
|--|---|


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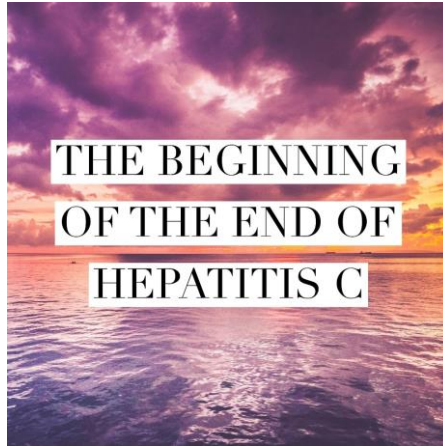
Barriers to Treatment



Success Against the Odds

1. Treatment: 1 tablet/day for eight weeks.
Only took five weeks.
2. Treatment: 1 tablet/day for eight weeks.
Took one month over six month period.
3. Treatment: 2 tablets/day for eight weeks.
Unclear what was taken. Estimated one month.

Thank You



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South Eastern Sydney
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