

WHEN SHOULD WE DISCLOSE OUR STORIES AS AN AOD PEER WORKER?

Development of a guide and reflective practice tool.

Introduction

Traditionally health workers have been advised to exercise caution around self-disclosure when working with people accessing AOD services, or to simply avoid it altogether. Conversely, AOD peer workers are regularly required to disclose aspects of their personal history as a core part of their role. However, disclosure undertaken without considering potential risks or consequences, can potentially cause harm to both the worker and the person.

Aim

Insight is currently developing a suite of training products for the AOD peer workforce. An identified need from our consultation was to develop a tool and accompanying training to assist AOD peer workers to disclose their own stories in a way that is beneficial, whilst keeping both the worker and the person accessing the service safe.



Do the eLearning

AOD PEER WORK PRACTICE
Sharing your story



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