



## Perinatal Substance Exposure Preconference Workshop

Creating Connections: Supporting families with perinatal substance use



8.30am – 3.00pm | Sunday 9 November 2025

Time	Session	Session Chair
8.30am – 8.50am	Arrival tea and coffee	
9.00am - 9:15am	Acknowledgement of Country Welcome and workshop overview	Delyse Hutchinson
9.15am - 10am	<b>KEYNOTE: Working with Families who experience perinatal substance use: Reflections on clinical and cultural practice</b> <i>Andi Crawford, Consultant Clinical Psychologist Te Whatu Ora - Health New Zealand</i>	Alys Havard & Katrina Prior
10am - 10.30am	Morning Tea	
10.30am – 11am	<b>Waminda - Birthing on Country service / Yarning about Alcohol in pregnancy / new rehabilitation service</b> Exploring self-determination, cultural healing, and integrated care models for Aboriginal women and families. Reflections on blending cultural practice with western medicine, and what can be learned for all women's care. <i>Tanya Williamson, Family support worker, Waminda and Fiona Reid, Senior Clinical Midwife, Waminda</i>	
11am – 11.10am	<b>Get Connected – Stay Connected – Grow Stronger: A Layered Approach to Building Support</b> <i>Tania Henderson, Whānau Therapist</i>	Elizabeth Elliott
11.10am – 11.30am	<b>Inpatient AOD mother–baby treatment centres and community supports</b> <i>Carolyn Day, Associate Dean (Research Education) Faculty of Medicine and Health Addiction Medicine, Central Clinical School, University of Sydney</i>	
11.30am – 12pm	<b>PANEL: Holistic and culturally informed care</b> Panellists: Andi Crawford, Tanya Williamson, Fiona Reid, Tania Henderson, Carolyn Day Facilitator: Sophie Harrington, <i>Chief Executive Officer, NOFASD Australia</i>	Sophie Harrington
12pm – 1pm	Lunch – including posters	



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<p>1pm - 2:20pm</p>	<p><b>Fast Data Talks: Supporting families through their perinatal journey – from preconception to postpartum</b></p> <ol style="list-style-type: none"> <li><b>Data and documentation issues (incl. learnings from QLD Perinatal Data Collection), plus national perspective</b> Claudia Bull, <i>Research Fellow, Queensland Centre for Mental Health Research</i></li> <li><b>Polysubstance use prevalence; how to assess; lack of standardised tools nationally</b> Carlos Nunez Miranda, <i>Research Fellow, Sydney Medical School, Children's Hospital at Westmead</i></li> <li><b>Systematic review on preconception paternal alcohol use and offspring development</b> Delyse Hutchinson, <i>Clinical Psychologist and NHMRC Leadership Fellow, Deakin University</i></li> <li><b>Postpartum contraception and the impact of future unplanned pregnancy</b> Kelly McNamara, <i>Interim Clinical Dean and Senior Lecturer in O&amp;G, Central Coast Clinical School</i></li> <li><b>NZ perspective</b> Holly Wilson, <i>Doctoral Candidate, Faculty of Medical and Health Sciences, Pharmacy, Aotearoa New Zealand</i></li> <li><b>Fostering resilience against adversity among pregnant women in Australian prison contexts</b> Sobi Kim, <i>PhD student and Nurse Practitioner for Justice Health</i></li> <li><b>More Than the Sum of Services: Insights from people who inject drugs on accessing perinatal and Hepatitis C services</b> Danielle Russell, <i>Postdoctoral Fellow, Kirby Institute, UNSW</i></li> </ol>	<p>Katrina Prior</p>
<p>2:20pm - 2:45pm</p>	<p><b>Emerging opportunities to support families in the perinatal period</b></p> <ol style="list-style-type: none"> <li><b>Network creation in the niche area of reproductive exposures (how to find your friends!)</b> Penelope Fotheringham, <i>Obstetrician/Gynaecologist and Public Health Physician</i></li> <li><b>CRE in FAS</b> Elizabeth Elliott, <i>Distinguished Professor, Child and Adolescent Health, Faculty of Medicine and Health, University of Sydney, Consultant Paediatrician Sydney Children's Hospital Network</i></li> <li><b>PSANZ SIG and workshop</b> Kelly McNamara, <i>Obstetrics and gynaecology registrar and PhD Candidate</i></li> </ol>	<p>Alys Havard</p>
<p>2:45pm – 3pm</p>	<p>Reflections on the day</p>	<p>Delyse Hutchinson</p>
<p>3pm</p>	<p>Tea + biscuits outside room</p>	

### SPEAKERS

#### KEYNOTE



#### ***Dr Andi Crawford, Consultant Clinical Psychologist Te Whatu Ora - Health New Zealand***

Dr Andi Crawford (Tangata Tiriti, Pākehā) is a Clinical Psychologist with over 20 years of experience working in child development, child and adolescent mental health, maternal mental health, and addiction services. Andi has been the Tangata Tiriti co-lead for the development of Whakakotahitanga Fetal Alcohol Spectrum Disorder diagnostic guidelines for Aotearoa New Zealand with Hāpai te Hauora. She is committed to partnering and collaborating with Māori in order to acknowledge the unique role they have as Indigenous people of Aotearoa New Zealand. Andi currently works for Te Ara Manapou (Pregnancy and Parenting Service), Te Whatu Ora Te Matau a Māui (Hawke's Bay), providing support for pregnant women and parents of young children who experience addiction and mental health challenges. Andi also works privately, providing supervision, research, and training.



#### ***Prof Carolyn Day, Associate Dean (Research Education) Faculty of Medicine and Health Addiction Medicine, Central Clinical School, University of Sydney***

Professor Carolyn Day is a public health researcher in drug and alcohol at University of Sydney and the Illicit drugs theme lead with the Edith Collins Centre at Sydney Local Health District. She is Vice-President of the NSW Alcohol and Drug Foundation, an award-winning residential treatment service for women with substance use disorders and their children and a Research Associate with the Sydney Uniting Medically Supervised Injecting Centre. She has more than >200 publications and led the 2020 Guidelines for the Treatment of Alcohol Problems' section on gender specific treatment



#### ***Sophie Harrington, Chief Executive Officer, NOFASD Australia***

Sophie brings extensive leadership experience in frontline services and senior management roles across the alcohol and other drugs, out-of-home care, and justice sectors. As the CEO of NOFASD Australia, Sophie oversees strategic initiatives, advocacy efforts, and stakeholder engagement to support individuals and families affected by FASD. Her leadership has been instrumental in coordinating the lived experience focus on key projects, including the National FASD Awareness Campaign, the FASD Diagnostic Guideline Review, and the development of sector-wide training initiatives.

With lived experience of FASD, Sophie combines professional expertise with personal insight to drive impactful change within the sector.



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### *Claudia Bull, Research Fellow in Psychiatric Epidemiology, The University of Queensland*

Dr Claudia Bull is a Research Fellow in Psychiatric Epidemiology at The University of Queensland. She holds a Bachelor of Nutrition with First Class Honours, a PhD in Health Services Research from Griffith University, and a microcredential in Machine Learning from the NSW Institute of Applied Technology.

Her methodological expertise includes the complex analysis of longitudinal cohort and linked administrative health datasets, development and psychometric evaluation of patient-reported measures, and multi-methods research encompassing qualitative, quantitative, and mixed methods designs. She also has experience in developing, testing, and validating supervised machine learning models.

Claudia's research focuses on child protection and welfare, with particular interests in child abuse and neglect, child health and wellbeing, and the functioning of child protection systems. She is also committed to understanding equity, health outcomes, and service use patterns among vulnerable populations, including women in the perinatal period and individuals with mental illness.

### *Kelly McNamara, Clinician Scientist, University of Newcastle & Obstetrician Gynaecologist, John Hunter Hospital*

Dr Kelly McNamara is a clinician scientist and obstetrician gynaecologist at the University of Newcastle and John Hunter Hospital, NSW, Australia.

Kelly has a particular interest in the reproductive health and pregnancy care for women with psychosocial complexities, including those with substance use disorder. Her PhD examined the intersection between unplanned pregnancy and substance use disorder, and tested pathways to improve access to contraception. Her ongoing work examines maternal health and care pathways for women with psychosocial complexities.

### *Carlos Nunez Miranda, Epidemiologist and Associate Researcher, Australian Paediatric Surveillance Unit, Kids Research, Westmead Hospital*

Carlos Nunez is an epidemiologist and associate researcher with the Australian Paediatric Surveillance Unit (APSU) at Kids Research, Westmead Hospital.

Carlos' research focuses on the epidemiology of rare childhood diseases, encompassing injury, communicable, and non-communicable conditions. At APSU, he plays a key role in coordinating national surveillance studies of uncommon paediatric conditions, contributing to the collection and in-depth analysis of data that support evidence-based improvements in clinical care and inform national public health policy. Through his work, Carlos is dedicated to advancing child health research that deepens understanding of, and enhances responses to, rare and serious conditions affecting children.





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***Danielle Russell, Postdoctoral Research Fellow, Kirby Institute, UNSW Sydney***

Dr Danielle Russell is a Postdoctoral Research Fellow at the Kirby Institute, UNSW Sydney. She combines academic expertise with living experience of injection drug use, including direct experience of skin and soft tissue infections and injection-related wounds. This embodied perspective informs her research, advocacy, and policy engagement in harm reduction, health equity, and drug policy reform.

Building more meaningful and equitable research partnerships between university researchers and community members to promote reciprocal knowledge-sharing that is truly collaborative is some of the work she finds most meaningful. She believes that well-implemented community-researcher partnerships help make research more beneficial, less harmful, and more likely to promote the well-being of people who inject drugs.

***Delyse Hutchinson, Clinical Psychologist & NHMRC Leadership Fellow, Strategic Research Centre for Lifespan Research, School of Psychology, Deakin University***

Associate Professor Delyse Hutchinson is a Clinical Psychologist and NHMRC Leadership Fellow in the Strategic Research Centre for Lifespan Research, in the School of Psychology, at Deakin University. Her major research interest is in understanding the developmental origins of mental and behavioural disorders. She has worked as a Clinical Psychologist specialising in pregnancy, postnatal adjustment, child development, and the treatment of mental health and behavioural disorders. She has a particular interest in understanding the causes and consequences of mental health and substance use exposure on development.