

# TRENDS IN INJECTING BEHAVIORS AND HEPATITIS C AMONG PEOPLE WHO INJECT DRUGS IN THE SAN DIEGO BORDER REGION AS A RESULT OF THE COVID-19 PANDEMIC: A DESCRIPTIVE ANALYSIS

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None

# Background

- Travel restrictions aimed to mitigate SARS-CoV-2 transmission decreased mobility and reduced physical contacts
- San Diego Border Region (San Diego, USA – Tijuana, Mexico) located along a major drug trafficking route, where PWID crossed frequently to inject drugs in the pre-pandemic era
- US-Mexico border closed 'to non-essential travel' since March 21, 2020
- The impact of these pandemic restrictions on injecting trends and their potential impact on hepatitis C (HCV) transmission among people who inject drugs (PWID) are unclear in the San Diego Border Region

# Aim

- To evaluate injecting behaviors in the COVID-19 pandemic era and HCV characteristics among PWID in the San Diego Border Region (SDBR)

# Methods - *La Frontera* Baseline

- Longitudinal NIH-NIDA funded *La Frontera* study (PI: Strathdee)
- Collects behavioral and biological data among PWID in the San Diego Border Region
- Evaluated baseline survey data: November 2020 to April 2021

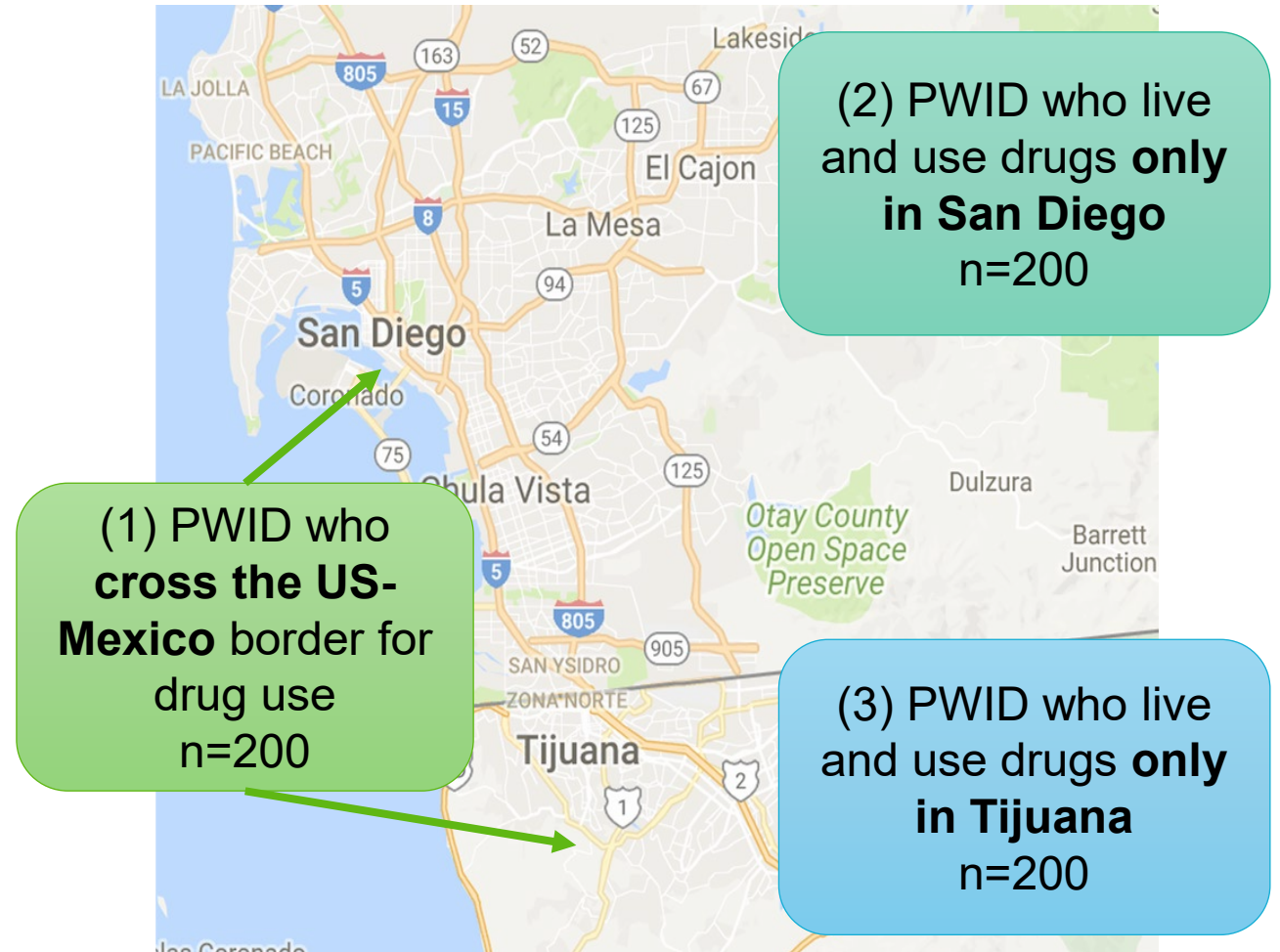


Image credit: maps.google.com

# Methods – *Descriptive Analysis*

## Injecting characteristics

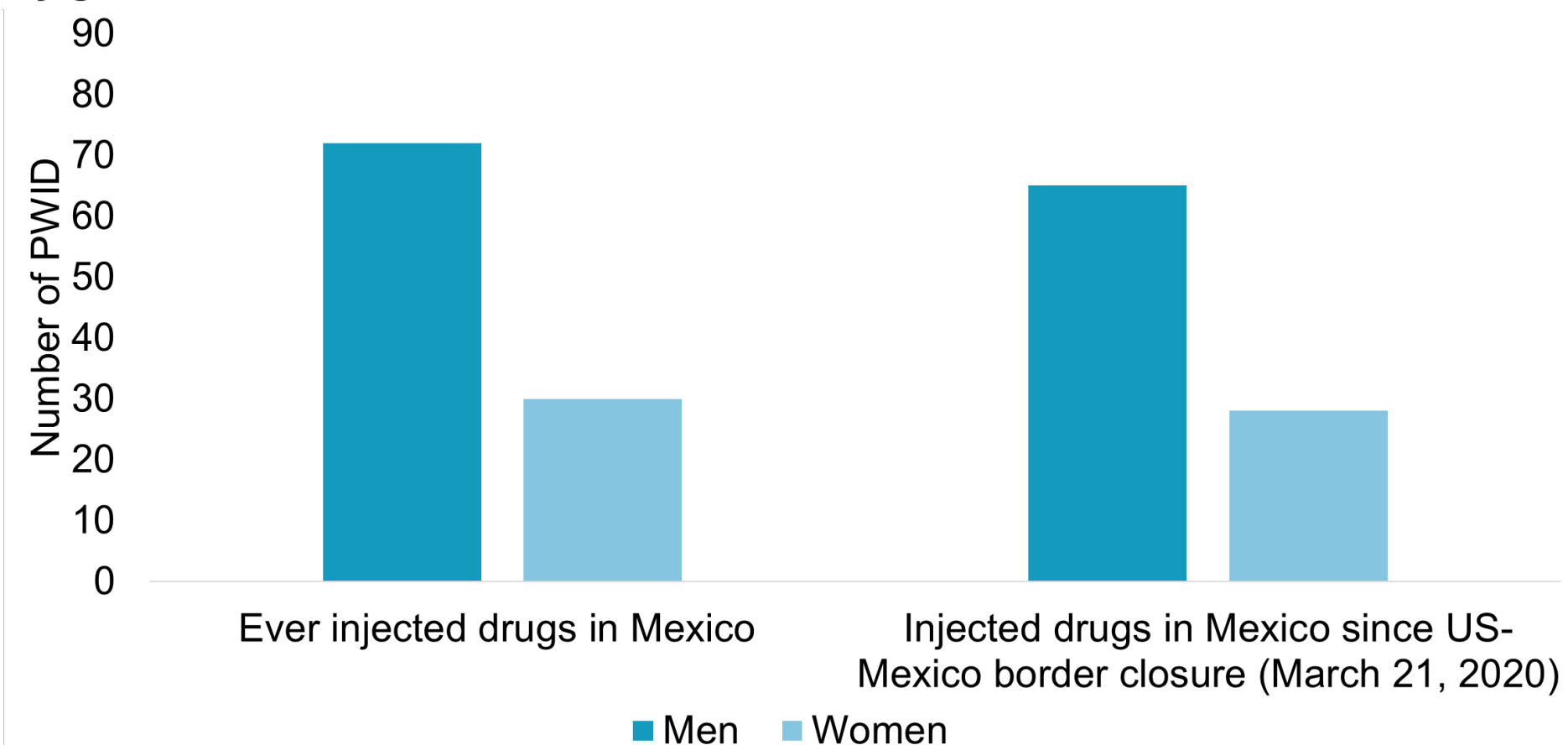
- More/less likely to inject alone during pandemic (More, less, equal)
- Receptive syringe sharing in last 6 months (Yes/No)
- Distributive syringe sharing in last 6 months (Yes/No)
- Number of drug- and alcohol-related partners in 14 days pre/during pandemic

## HCV characteristics

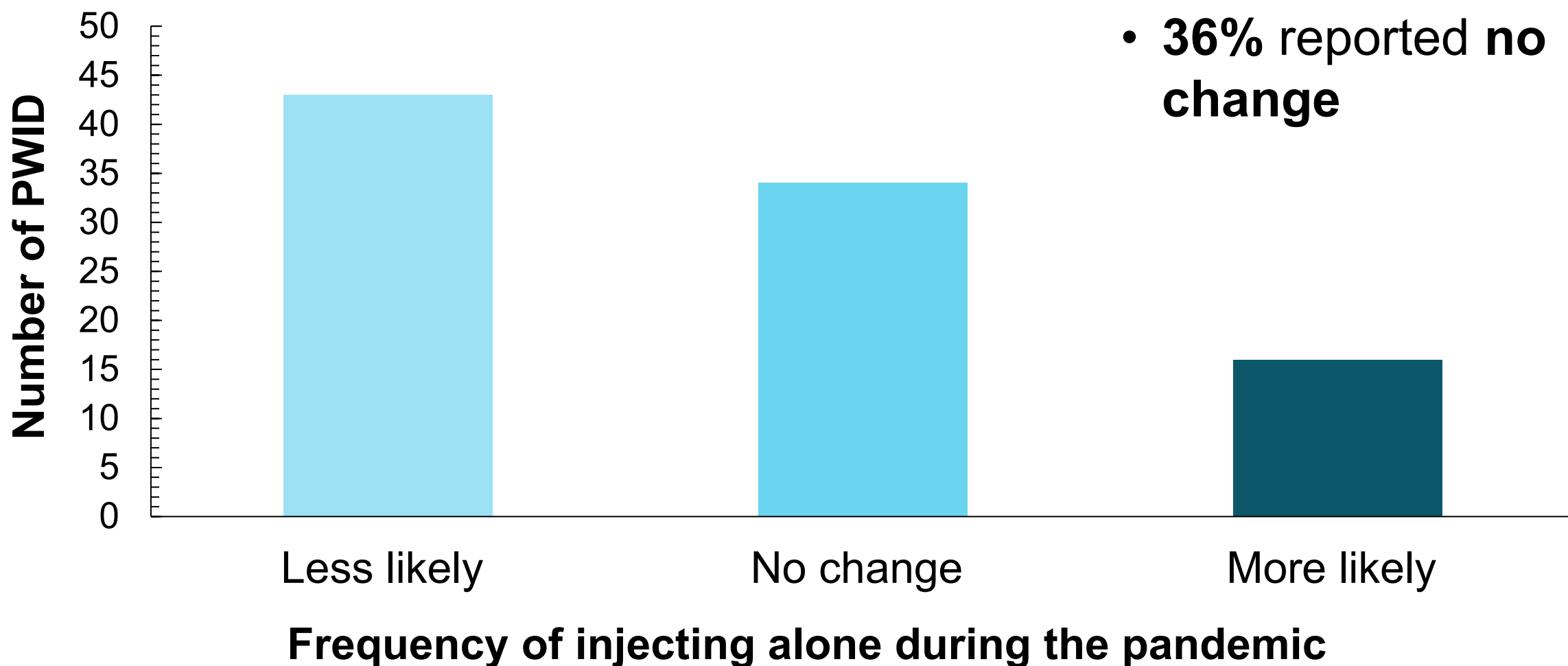
- Ever tested for HCV (Self-reported; Yes/No)
- Baseline HCV rapid test results (After two rapid tests)

# 91% of PWID who crossed the border pre-COVID reported traveling to Mexico to inject drugs since the US-Mexico borders closed

Figure 1. US-Mexico cross-border injection behavior among PWID living in the US by gender



**46% of PWID who crossed the border to inject drugs during the pandemic were **less likely to inject drugs alone compared to pre-pandemic****



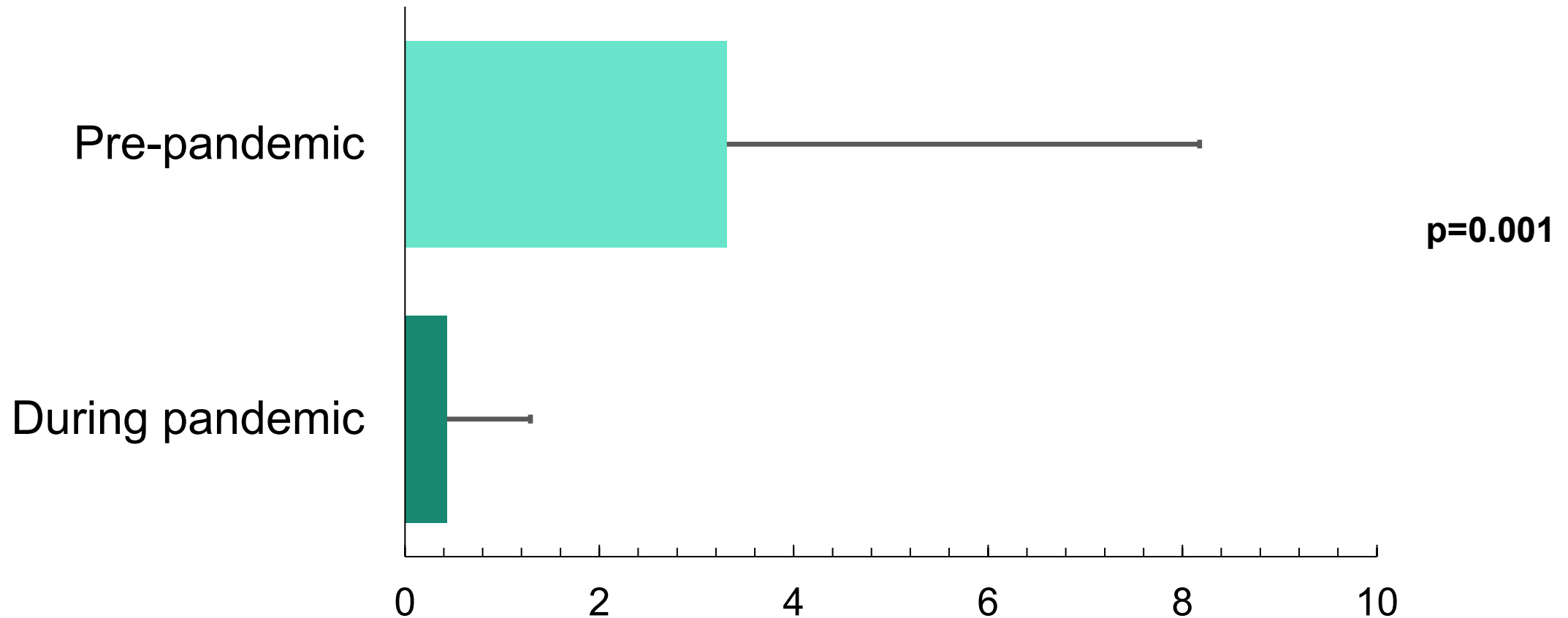


# Syringe sharing among PWID who injected drugs in Mexico in the past 6 months

**26%** of PWID  
reported that  
engaged in  
**receptive syringe  
sharing**

**40%** of PWID  
reported that they  
engaged in  
**distributive  
syringe sharing**

# Number of drug and alcohol-related partners with close contact in past 14 days

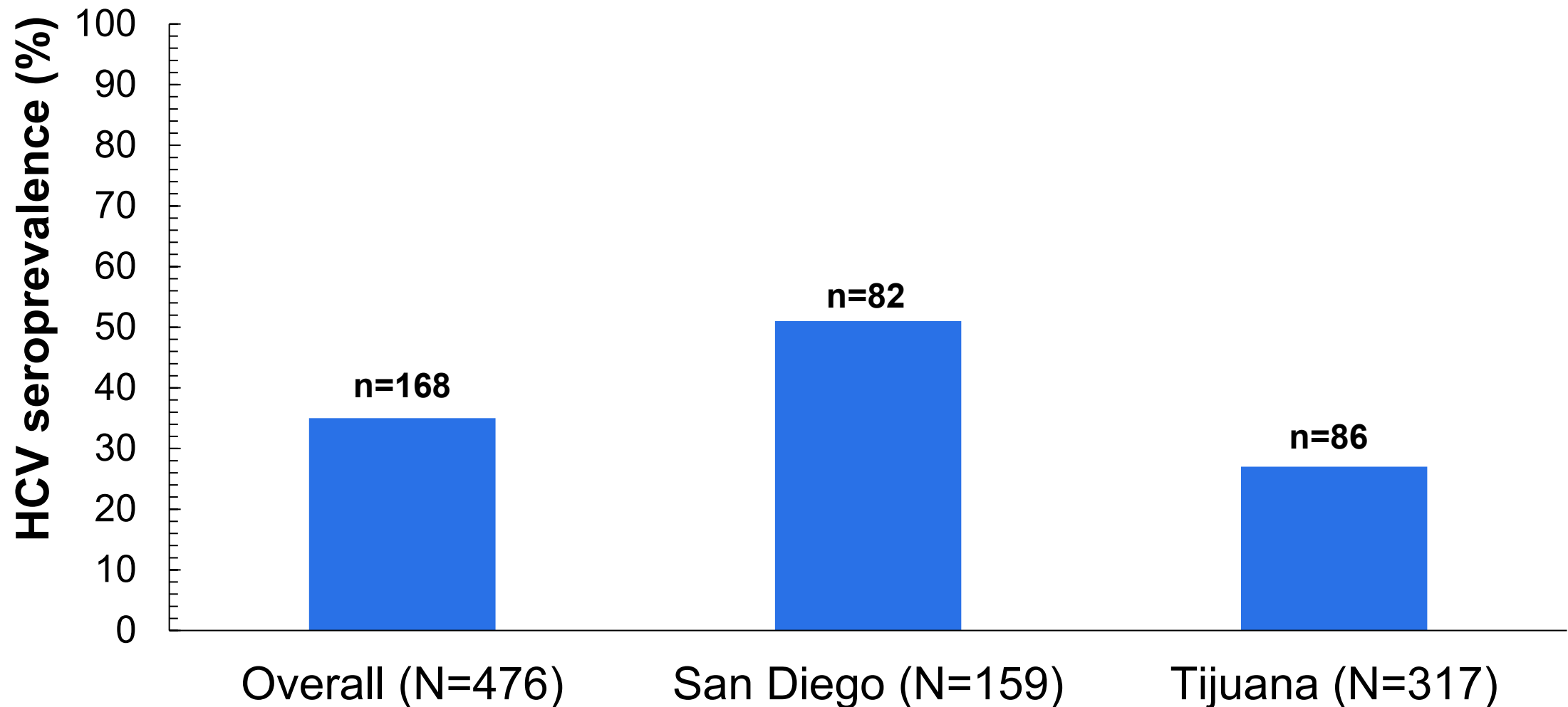


# HCV testing history

**49%** had  
ever been  
tested for  
HCV prior to  
the study

**82%** of those  
ever tested  
**lived in the  
US**

# HCV seroprevalence among PWID in the SDBR



# Conclusion

- Most PWID continued cross-border travel to inject drugs during the pandemic
  - Mean number of drug- and alcohol-related contacts decreased during this time
- Cross-border transmission of HCV remains a concern
- HCV testing is needed as:
  - receptive syringe sharing is **>25%**
  - distributive syringe sharing is **40%**
  - HCV testing rates are low among PWID living and traveling to Mexico to inject drugs

# Questions & Comments?

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