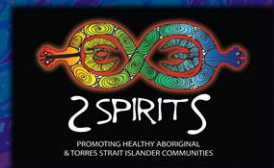


Cairns Indigenous Sexual Health Workers Network

Sharing HIV knowledge



Artist Name: Shaun Edwards
Totems Name: Ma Wanjibung (Sour Yam) Pukun (bush grass)
Language Group: Kokoberrin
Area: Staaten River, Cape York Peninsula, QLD

Artwork Title: Wild Carrot



I saw the carrot dangling in my great grandmothers fingers. She plucked it out bush near old mission at Kowanyama. I saw nothing but dead grass, she saw a crop of Wild Carrot, thin blades of grass which looked like any other dead blade of grass. She saw the land through her trained eyes. She saw what her people had taught her, showed her. One simple resource plucked from the ground by experience, by knowledge and understanding, by memory of how it tasted so good, led her back to this place time and time again.

That taste and desire is in all of us and sometimes we drift too much to follow the desire, forgetting about the consequence's of our actions. If we value and respect our lives, we are stronger. If we follow the same unhealthy path we are sure to remain sick and unwell.

Loving the life you lead and share with others is key to a healthy and happy life. If we invest in that we are surely on the way to memories of how it tasted so good.

Good Health, Path Wudur, Kokoberrin language.

What is HIV?
 How do you get HIV?
 What if I have HIV?

Talk to your Doctor, Nurse or Health Worker about HIV today

CISHW
 Cairns Indigenous Sexual Health Workers Network

Queensland Government

Artist Shaun Edwards, Ma Wanjibung, Kowanyama people, Cape York

HIV Human Immunodeficiency Virus

You can get HIV:

- by having sex without condoms
 - sharing injecting equipment
 - HIV can be passed from mum to baby
- HIV affects the immune system, the body's defence against disease, and when not treated it can cause damage to your organs.

You can get a HIV rapid test done at Cairns Sexual Health Service or the Emergency Department at the Cairns Hospital and get the result in 20 minutes.

There is no cure for HIV but there is medicine that you can take that will put the virus to sleep, so that you stay healthy.

You will need to see your doctor regularly to get a blood test to check the amount of virus is in your blood.

Ask to add a HIV test to your STI screen at your GP, AMS, or come into Cairns Sexual Health Service.

Cairns Sexual Health Services (07) 4226 4769

Please place your clinic stamp/address here:

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Did the condom break or fall off?
Did you have unprotected sex?
Did you share injecting equipment?

Ask your Doctor, Nurse or Health Worker about PEP for HIV prevention today

Queensland Government
Cairns Sexual Health Services
Aidil Share Edwards, Ng Whakarewa, Kahurangi people, Cape York

PEP Post Exposure Prophylaxis

- The sooner you start PEP the better
- 4 weeks treatment to prevent HIV
- Follow up blood test 4 to 6 weeks, after starting PEP

START WITHIN 72 HOURS

Ask for PEP at your GP, AMS, Emergency Department at your local hospital or come into Cairns Sexual Health Service.

Cairns Sexual Health Services (07) 4226 4769

Please place your clinic stamp/address here:

Your next appointment:

Did the condom break or fall off?
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Queensland Government
Cairns Sexual Health Services
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Are you having unprotected sex?
Are you worried about getting HIV?
Have you been on PEP more than once?

Ask your Doctor, Nurse or Health Worker about PrEP today

Queensland Government
Cairns Sexual Health Services
Aidil Share Edwards, Ng Whakarewa, Kahurangi people, Cape York

PrEP Pre Exposure Prophylaxis

PrEP is recommended for people who are at high risk of getting HIV:

- Men who have sex with men.
- People who have unprotected sex with someone from a country with a lot of HIV.
- Partners of a HIV positive person who is not taking their medication.

PrEP is a tablet that you take once a day that could stop you from getting HIV.

PrEP does not protect you from other Sexually Transmitted Infections (STIs).

Ask about PrEP at your GP, AMS or come into Cairns Sexual Health Service.

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PEP Post Exposure Prophylaxis

PEP is considered a medical emergency. Treatment must be initiated within 72 hours of exposure to reduce the risk of HIV transmission.
 ASHM PEP guidelines - www.pep.guidelines.org.au

CONSIDER COMMENCING PEP FOR:

- Any person who asks for PEP
- A person who has had unprotected sexual intercourse
- A person who has been sharing injecting equipment

WHAT TESTS TO CONSIDER FOLLOWING STIGMA AND STI GUIDELINES:



- Blood tests: syphilis, HIV, hep C, hep B (cAb, sAg, sAb)
- Full STI screen

INITIAL TREATMENT: 3 day PEP starter packs available at Emergency Departments

WHAT NEXT: Patient must be referred to Cairns Sexual Health Service the next business day for follow up with a doctor to determine if they require the full 28 day course.

RESOURCES:

- Cairns Sexual Health Service - 4226 4769
- Cairns Hospital Infectious Diseases team - 4226 0000
- Cairns Hospital Infection Control (Needlestick injury) - 4226 0000

PrEP Pre Exposure Prophylaxis

PrEP is a single tablet of anti-retroviral medication (Tenofovir + Emtricitabine) that is taken once a day to prevent acquiring HIV.

WHO IS ELIGIBLE:

- Men who have sex with other men.
- Men or women who have regular unprotected sex with an HIV positive partner who is not on treatment/ or have a detectable viral load.
- Men or women who have regular unprotected sex with a person from a country with a high prevalence of HIV.

HOW TO ACCESS:

- Refer the patient requesting PrEP to Cairns Sexual Health Service or a specialist GP prescriber.

RESOURCES:

- Cairns Sexual Health Service - 4226 4769
- ASHM guidelines - www.ashm.org.au/HIV/PrEP
- To find a list of HIV prescribers - www.ashm.org.au/HIV/HIV-prescribers/
- Queensland AIDS Council - www.comeprepd.info




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

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