

SINGLE VISITS FOR IUD INSERTIONS AND MEDICAL ABORTIONS IN PRIMARY CARE

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Background/Approach:

Family Planning Victoria (FPV) has introduced provision of two single visit services; medical termination of pregnancy and IUD insertion.

A phone triaging process was initiated for those calling to request either of these services. Nurses undertook a structured phone consultation and those without potential contraindications were booked directly to see a doctor for service provision. Links to material including written information and an animated video (for those requesting IUD insertion), were sent to the patient via text message or email.

Analysis/Argument:

Semi-structured interviews were conducted with key staff involved in the MTOP service 12 months after introduction at FPV.

An analysis compared the difference in deferral of IUD insertion and successful insertion between those who had a single or two visit IUD insertion.

Outcome/Results:

Staff indicated several difficulties in providing a single visit medication abortion, however patients generally appreciated the service.

Single visit IUD insertions had similar outcomes to two visit IUD insertions

Conclusions/Applications:

Both models offer considerable convenience to women, but may not be applicable in a general practice setting.

Disclosure of interest: Bayer Healthcare sponsors IUD insertion training at Family Planning Victoria