



2026 Youth Health Conference

*Intergenerational equity starts here: Investing
in youth health and wellbeing*

22 - 24 April 2026

Novotel Sydney Parramatta, NSW

CALL FOR ABSTRACTS

Deadline for submission: 11.59 PM, Friday 10 October 2025

Abstracts of original work are invited for the 2026 Youth Health Conference, the annual scientific meeting of the Australian Association for Adolescent Health (AAAH) Ltd, to be held from 22 – 24 April 2026 at Novotel Sydney Parramatta, NSW.

Individuals and organisations are invited to submit an abstract of original work to deliver a:

- Professional Development Workshop -60 minutes
- 15-minute oral presentation
- Poster presentation

Presentations will be selected to provide a program that offers a comprehensive and diverse range of issues related to the conference theme of ***Intergenerational equity starts here: Investing in youth health and wellbeing.***

Presentations may report on recent or current research, programs, policy or practice. Priority will be given to presentations about current research or those that demonstrate new knowledge, critical reflection or innovation, rather than purely descriptive papers.

CONFERENCE THEMES FOR PRESENTATIONS

The 2026 AAAH conference encourages abstracts that relate to emerging issues that are important to Adolescent and Young Adult health and wellbeing. You will be asked to submit your abstract to one of the following themes:

- Healthcare
- Health Research
- Health Education and/or Advocacy
- Health Policy, Planning, Workforce

TARGET AUDIENCE

Our conference target audience is any stakeholder who is involved in or can influence change in systems, policy or practice for youth health and wellbeing including:

- Young people with interest in youth health and wellbeing
- Adolescent and youth health and wellbeing advocates
- Researchers and academics
- General practice sector
- Health care professionals who work with young people (doctors, nurses, allied health, dentists, pharmacists)
- Commonwealth and state policy staff including Ministers/ministerial staff, and health, education and social sector department representatives
- Local government
- NGO/community and social sector providers and advocacy organisations

- Schools and educational institutions engaged in youth health and wellbeing

SUBMISSION PROCESS

All proposals will be reviewed by the Conference Scientific Program Committee. Authors will be notified by e-mail of the outcome.

Please submit your abstract online no later than **11:59pm AEST on Friday 10 October 2025** via the abstract submission portal, available via the [conference website](#). Abstracts may only be submitted online through the EventsAir portal and will not be accepted by fax, email or post.

Important: all authors offered a place to deliver an oral presentation or display a poster or professional development workshop must register for the conference and pay the applicable registration fees.

Please note: the submitting author will be the one linked to the abstract and will receive all relevant information via email. It is the submitting author's exclusive responsibility to ensure that all correspondence regarding the abstracts is shared with all other authors.

PRESENTATION TYPES

Presentation type	Time allocation	Explanation
Professional Development Workshops	60 minutes	Abstracts are invited from groups or individuals who want to share information in a longer and more interactive session. The abstract will need to state the target audience(s) and learning outcomes. Workshops co-presented with young people will be favoured.
Research based oral presentation	12minutes + 3minutes Q&A	Oral presentations on original research findings, case studies, completed projects and theoretical analyses. Presentations should be well structured, rigorous and demonstrate a novel contribution to knowledge.
Policy, program and Practice based abstracts	12minutes + 3minutes Q&A	Oral presentations analysing issues and solutions to problems in clinical practice, community engagement, education, health promotion and policy. Presentations should be well structured, rigorous and demonstrate a novel contribution to knowledge and practice.
Poster presentation	Permanently displayed during the Conference	Poster presentations are visual displays of material and constitute an interactive and communicative medium, usually combining text and graphics. Posters will be displayed within the exhibition and catering area.

ABSTRACT INSTRUCTIONS

- When logging in to the EventsAir portal, you will be asked to create a profile before you can submit an abstract for consideration.
- You can submit multiple abstracts, one after the other, through your profile.
- Whilst you can come back to your submission(s) at any time prior to the submission deadline, please ensure you proceed through the entire process to complete your submission by the due date. If you fail to do this, your abstract will not be reviewed.
- You will be asked to select your preferred presentation option: Workshop, oral presentation



or poster. If your submission is accepted, the Conference Committee will confirm which presentation option they consider is best-suited to your submitted abstract.

- We will also ask if the primary author is a Higher Degree by Research Student (Honours, Masters or PhD student) or an Early Career Researcher (PhD conferred in the past 5 years OR researcher assistant or officer). If so, you may be eligible for our HDR/ECR Prize.
- An automatic acknowledgement email will be sent once your abstract submission is complete.
- For oral paper and poster presentations that are research-based, the following four headings should be used: Background, Methods, Results, Conclusion. Please refer to template.
- For oral paper and poster presentations that relate to a program, policy or practice, the following four headings should be used: Background, Approach, Outcome, Innovation and Significance. Please refer to template.
- For Professional Development Workshops, the following headings should be used: Background, Target Audience, Summary of session and Learning Objectives.

Further notes about the portal. Abstracts must:

- Be uploaded in word .doc or .docx format into the EventsAir portal
- Not exceed 300 words, excluding titles, authors and affiliations.
- Be typed in Arial size 12 font with single spacing
- Be written in English; submissions in languages other than English cannot be accepted
- Show only one presenting author by ticking the appropriate box.
- Include the first name, surname, and affiliations of all authors separately.
- Not include any tables or figures
- Ensure the title is fewer than 30 words with spaces. Please ensure the title is written in sentence case, not all caps.
- Please provide a 50-word biography for the presenting author. This is not included in the abstract word count.

ABSTRACTS NOT SUBMITTED IN THE CORRECT FORMAT WILL NOT BE REVIEWED