Perceived barriers to and facilitators of HCV treatment uptake in jail: A qualitative study

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HCV in correctional settings

- Incarcerated individuals bear a disproportionate burden of HCV
- Interrelationship between high risk behaviors and incarceration
- US HCV-antibody prevalence 17.4%





HCV in jail vs. prison

- Jails Short term facilities
- There are 18x the number of admission to US jails vs. state and federal prisons^{1,2}
- HCV treatment limited by short length of stay
- Linkage to care is challenging
 - ~1/3 linked to care after incarceration with combined transitional care coordination/patient navigation intervention³
 - 1. Zeng Z. Bureau of Justice Statistics, Office of Justice Programs. 2018.
 - 2. Carson AE. Bureau of Justice Statistics, Office of Justice Programs. 2018.
 - 3. Akiyama et al. BMC ID. 2019.





New York City Jail System

- Average daily population ~8,000
- Total annual admissions ~50,000
- Length of stay
 - Median ~8 days
 - 32% stay for ≤ 4 days
 - 21% stay for ≥3 months







Study aim

 To understand attitudes toward HCV treatment among persons incarcerated in jail





Participants, Design, & Analysis

- Inclusion criteria: 1) HCV antibody +; 2) 18 years of age or older; and 3) fluent in English or Spanish.
- 1 hour face-to-face interviews NYC jail clinics
- Iterative, thematic analysis





Participant characteristics

Characteristic	N = 36 (%)
Age, mean years (SD)	40 (10)
Female	15 (42)
Race/ethnicity	
Latina/o	19 (53)
Caucasian	9 (25)
African American	7 (19)
Asian	1 (3)
English speaking	34 (94)
High school graduate	13 (36)
HCV risk factor	
IDU	28 (78)
INDU	6 (17)
Other	2 (5)
Mean (SD) age of:	
First drug use	15 (5)
First injection	25 (9)
First arrest	26 (10)
First incarceration	28 (11)
On methadone prior to	9 (25)
incarceration	
Aware of HCV antibody	32 (89)
status/exposure prior to	
enrollment	
Aware of new HCV therapy	22 (61)
HCV = Hepatitis C virus, IDU = Injection drug use,	
INDU = intranasal drug use	

Summary

HCV KNOWLEDGE

Lack of HCV related knowledge

KNOWLEDGE OF HCV TX

- Knowledge gaps re new HCV Tx
 - Concerns about side effects

HCV TX IN JAIL

- Vulnerability
- Fear of Tx interruption

SOCIAL SUPPORT

Absence of family

STRUCTURAL

 Homelessness, unemployment ACTIVE DRUG USE

HCV KNOWLEDGE

Peer communication

KNOWLEDGE OF HCV TX

- Short duration, few side effects
- All oral, no injections
- Positive health benefits

HCV TX IN JAIL

 Support from healthcare providers and staff

SOCIAL SUPPORT

 Sense of reciprocity/responsibility to family







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Attitudes toward HCV treatment in jail

HCV TX IN JAIL

Fear of treatment interruption "I don't want to have to start over... I don't know if it's true, but with antibiotics or antiretrovirals, if you start and then stop, your body can become resistant to the drug. And you might have to do something that's more a rigorous regimen and I just don't want to do that."

- 22-year-old African American woman





HCV knowledge

HCV KNOWLEDGE

Peer communication

"I had a roommate not too long ago. He's Hep C, he said yo, get the treatment. You know what I mean? I said okay. He said, yo just get the treatment. Whatever you do, get the treatment. Don't just leave it like it is, man."

- 41-year-old African American man





Social support & reciprocity with family

SOCIAL SUPPORT

 Sense of reciprocity/respon sibility to family

"I have such a love for my children, alright. And not wanting to see them suffer anymore. My kids suffered like 12 years with the addiction I put them through."

- 60-year-old African American man





Implications

- Treatment in jail vs. community complex decision
- Patients aware environment pre/post-release may not be conducive to initiating/continuing treatment
- Attitudes toward HCV treatment may be hindered by social isolation, housing, employment instability, substance use, and the short term jail environment itself.





Conclusion

- Patient-centered approaches to increase HCV treatment uptake and linkage to HCV care after incarceration in jail should focus on:
 - Promoting HCV-related knowledge including
 leveraging peers for knowledge dissemination
 - Promoting social support
 - Jail healthcare plans focused on linkage to:
 - substance use and mental health services
 - housing, transportation, employment services





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