


Phoenix – A workshop for newly diagnosed people in Victoria

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Thanks to:

- Our Phoenix participants
- Co-facilitators of Phoenix
- Living Positive Victoria
- Positive Women Victoria
- Thorne Harbour Health
- LaTrobe W3 Project - Graham Brown, Gosia Mikolajczak



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BACKGROUND/AIMS & METHODS:

www.hivaidsconference2018.com.au

Phoenix for Gay and Bi-sexual Men, Phoenix for Women, Phoenix for Heterosexual Men

- ❖ WHO: 359 people diagnosed in Victoria in 2017/2018. 313 Men, 40 Women, 6 Transgender
- ❖ AIMS: To increase HIV literacy, build resilience and social connections and to provide tools to help people newly diagnosed with HIV navigate their new identity
- ❖ HOW: Peer-led sessions in partnership with 3 health professionals provides a well rounded workshop which addresses key issues facing newly diagnosed people
- ❖ EVALUATION: What Works and Why (W3) PozQoL Quality of Life Scale in conjunction with facilitator evaluation and insights



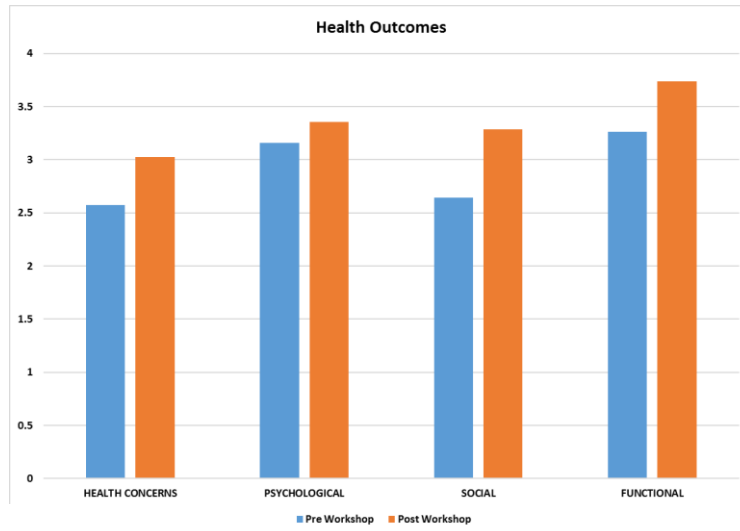
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RESULTS:

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- **OUTCOMES:** Increased resilience and confidence, ongoing community engagement, better support networks, increased HIV literacy, reduces internalised stigma, better overall health outcomes

Phoenix 39, 42 (gay and bi-sexual men) Phoenix for Women 6 (14 people)


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CONCLUSIONS/IMPLICATIONS:

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- Phoenix continues to provide important and relevant information to people newly diagnosed with HIV in Victoria
- As we see more women, heterosexual men and transgender women and men access our services we anticipate numbers in the workshops to rise over the next few years
- Peer driven programs deliver a unique and valuable experience for those participating
- “The uniqueness and importance of Phoenix is that it remains and effective and relevant peer-based approach to health promotion for a wide range of people, helping them to navigate the toughest part of their HIV journey. Maintaining high quality community engagement, peer interaction, program monitoring and evaluation along with its easily adaptable nature has ensured its sustainability and its ability to keep pace with rapid advancements in HIV treatment, care and shifts in epidemiology”


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