

Using online interactive tools to support women in unhealthy or unsafe relationships

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Online interactive tools have increasingly been recognized as having enormous potential to respond to women in unhealthy or unsafe relationships. Online tools and apps can be accessed privately, securely, and at a time convenient to the user, all of which help to address some of the key barriers women experience in seeking support face-to-face. This presentation will introduce two key resources and use them as case studies to explore the benefits and challenges of responding to women using technology. I-DECIDE About My Relationship is an online healthy relationship tool and safety decision aid for women experiencing domestic violence. This website has recently been evaluated via a randomized controlled trial. Beyond Silence is a website currently in the early stages of development that aims to respond to women experiencing intimate partner sexual violence specifically.

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