

What does elimination of HIV transmission mean for Australia, and how might we measure it?

Dr Skye McGregor

The Kirby Institute, Surveillance Evaluation and Research Program



Acknowledgement of Country

I acknowledge the traditional owners of the land I am on today, the Gadigal People of the Eora Nation, and pay my respects to the Elders past, present, and emerging



International targets

- Global target to eliminate HIV by 2030
- USA
 - Reduce new infections by 75% in 5 years and 90% in 10 years
 - Elimination by 2030
- UK
 - Eradicating transmission by 2030
- Canada
 - End the HIV epidemic in 5 years (2023)
- Australia
 - Virtually eliminate HIV transmission by 2022

³ Source: <u>https://www.cdc.gov/endhiv/docs/ending-HIV-epidemic-overview-508.pdf</u>; HIV in the United Kingdom: Towards Zero HIV transmissions by 2030; https://canfar.com/wp-content/uploads/2018/08/Ending-HIV-In-Canada-Aug-15.pdf



Disease control, elimination and eradication



Source: Unpublished work Khawar et al



What does virtual elimination mean?

- Not an epidemiological term
- 1. Elimination as a public health problem
- 2. Elimination of transmission



Elimination as a public health problem

- What constitutes a public health problem?
 - High burden of disease
 - Loss of quality of life
 - High financial cost
 - Feasibility to act at a community level



Elimination as a public health problem

- What constitutes a public health problem?
 - High burden of disease 29,045 PLHIV in Australia
 - Loss of quality of life 63% in HIV Futures 9 reported 'good' quality of life
 - High financial cost \$436,403 lifetime cost
 - Feasibility to act at a community level public health policy and prevention strategies



Elimination of transmission

- Zero new cases of HIV?
- The absence of **sustained endemic** community transmission
- Differentiating locally acquired vs. overseas acquired cases of HIV?
 - Exclude those acquired HIV before arriving in Australia?
- Timeline?



Impact targets, National HIV Strategy, 2018-2022

- Reduce the incidence of HIV transmissions in men who have sex with men¹
- Reduce the incidence of HIV transmission in other priority populations¹
- Sustain virtual elimination in sex workers, PWID, and from MTCT



Impact targets, National HIV Strategy, 2018-2022

- Reduce the incidence of HIV transmissions in men who have sex with men – 0.29 per 100 PY in 2018 (53% decrease compared to 2016)
- Reduce the incidence of HIV transmission in other priority populations
- Sustain virtual elimination in sex workers (incidence of 0.05 in 2018), PWID (1.7% in 2018, 0.7% if MSM excluded), and from MTCT



Process targets, National HIV Strategy, 2018-2022

- 95% diagnosed
- 95% on treatment
- 95% with undetectable viral load
- Increase PrEP coverage to 75%
- 75% report good quality of life
- Reduce reported stigma by 75%¹



Process targets, National HIV Strategy, 2018-2022

- 95% diagnosed 90% in 2019¹
- 95% on treatment 91% in 2019
- 95% with undetectable viral load 97% in 2019
- Increase PrEP coverage to 75% 21% in 2019^2
- 75% report good quality of life 63% in 2019³
- Reduce reported stigma by 75%



MSM HIV notifications, by place of birth, 2010-2019





Measuring elimination of transmission

- Require more granular data to interpret trends in HIV notifications
- Likely place of acquisition of HIV
 - CD4 count decline
 - Testing history
 - Year of arrival in Australia
- Role for genotyping surveillance?
- Focus on newly acquired vs all notifications



HIV notifications, 2010-2018





Disease control, elimination and eradication





What happens if we do achieve elimination of HIV transmission in Australia?

- Doesn't mean we can reduce effort
- Still a significant population living with HIV in Australia
- Phase of maintenance of a high level of accessible prevention and treatment services
- Ongoing surveillance and monitoring



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