

Reproductive and Sexual Health: taking an integrated approach



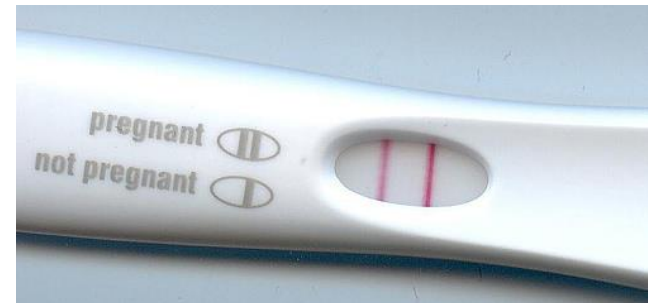
Clinical A/Prof Deborah Bateson
Medical Director Family Planning NSW

Reproductive and Sexual Health: taking an integrated approach



Clara, 27 years

- Presents to clinic for STI check
 - Expired contraceptive implant
 - Erratic condom use; scared of partner who refuses to use them
 - Keen on an IUD
 - Never screened for cervical cancer – did not receive HPV vaccine
- No trained provider to remove implant/insert IUD
 - Clinic not funded for cervical screening
 - Pregnancy test positive.....



Reproductive and Sexual Health: taking an integrated approach



...bringing together inputs, delivery, management and organization of services related to diagnosis, treatment, care, rehabilitation and health promotion

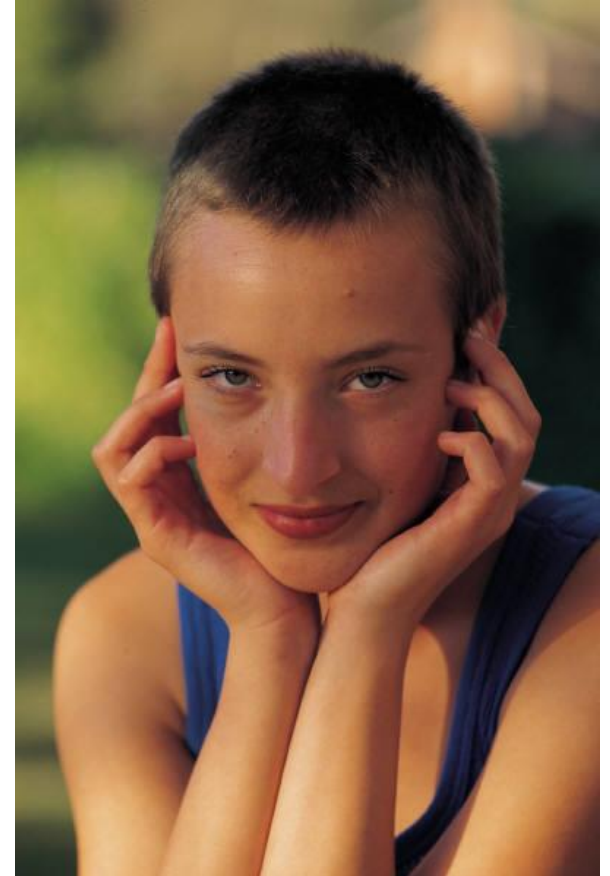
Integration leads to:

- **health system efficiencies**
- **improved access to essential services**
- **increased satisfaction with care**
- **improved health outcomes**

Reproductive and Sexual Health: perils of non-integration

- Australian health system made up of several different but connected systems
- Funding and policy from federal, state and local governments and the private sector
- Silo-ed disciplines and vertical service administration:
 - fragmentation of care
 - missed opportunities

Particular challenges for marginalised adolescents



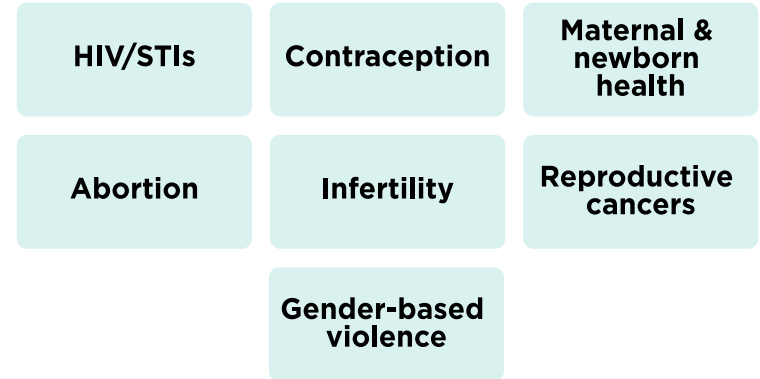
Robards F, Kang M at al. How Marginalized Young People Access, Engage With, and Navigate Health-Care Systems in the Digital Age: Systematic Review. J Adolesc Health (2018)

Reproductive and Sexual Health: taking an integrated approach

many SRH conditions connected along the life course and overlap
at specific stages.....



Key areas of sexual and reproductive health and rights



2018 Lancet-Guttmacher Commission



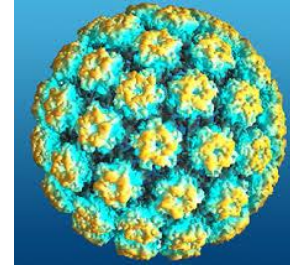
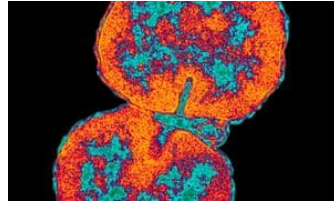
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Family Planning NSW is a not-for-profit organisation funded by the NSW Ministry of Health



Optimal reproductive health inextricably linked with optimal sexual health....



Ensuring equity of access to sexual and gender inclusive information and services which recognise and respond to gender-based violence and reproductive coercion



Taking an integrated approach: key issues in provision of safe and effective contraception

- Supporting multidisciplinary LARC training, communities of practice & remuneration models
- Ensuring access for people with specific needs e.g. obesity, HIV, transgender and non-binary people
- Evaluating models of pharmacy-led pill supply
- Tackling reduced condom use with LARC¹

¹Kortsmid K. et al JAMA Pediatr (2019)



PHARMACY GUILD
OF NEW ZEALAND

Taking an integrated approach: key issues in provision of safe and effective contraception



ECHO is comparing DMPA, Jadelle and the copper IUD to see if there's a difference in the risk of HIV acquisition.

Taking an integrated approach: key issues in medical and surgical abortion care

- Improving publicly funded access to medical and surgical abortion
- Increasing multidisciplinary workforce exposure, training & communities of practice
- Ensuring pharmacy supply of medical abortion drugs

Dawson AJ et al. Medical termination of pregnancy in general practice in Australia: a descriptive-interpretive qualitative study. Reprod Health (2017)

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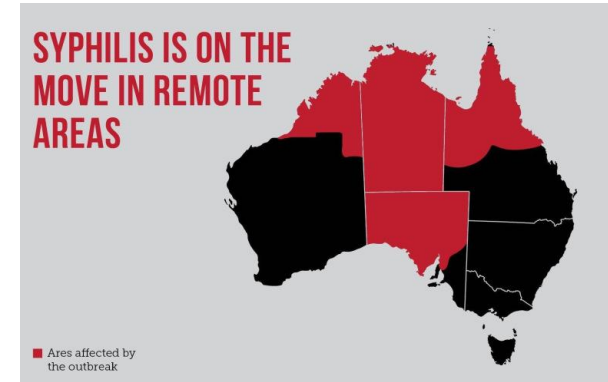
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Taking an integrated approach: key issues in STI and BBV prevention and treatment

- Increasing opportunistic testing
- Enhancing PID detection to reduce ectopic pregnancy and infertility¹
- Improving antenatal testing to reduce congenital syphilis
- Meeting reproductive health needs of women living with HIV
- Ensuring PrEP for women at risk of HIV²



¹Hoenderboom BM. et al. *Sexually Transmitted Infections* (2019)

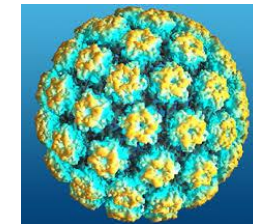
²Horgan L. et al. *Med J Aust* (2019)

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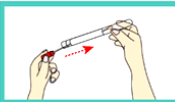
Taking an integrated approach: key issues in reproductive cancer prevention



- Enhancing uptake of HPV vaccination
- Eliminating missed opportunities for never and under-screened people¹
- Increasing appropriate access to self-collected HPV tests²



HOW TO TAKE YOUR OWN HPV TEST

STEP ONE	STEP TWO	STEP THREE	STEP FOUR
			
• Lower your underwear • Twist the red cap and pull out the swab • Look at the swab and note the red mark closest to the soft tip	• Get in a comfortable position • Insert the swab into your vagina, aiming to insert up to the red mark	• Rotate the swab gently 1 - 3 times • Then remove the swab • It should not hurt	• Remove the swab and place it back in the tube • Return the tube to your doctor or nurse • If you have any questions, ask your doctor or nurse

¹AIHW Analysis of cervical cancer and abnormality outcomes in an era of cervical screening and HPV vaccination in Australia (2019)

²Polman HJ et al. The Lancet Oncology (2019)

Evidence-Based Clinical Intervention

One Key Question®

“Would you like to become pregnant in the next year?”

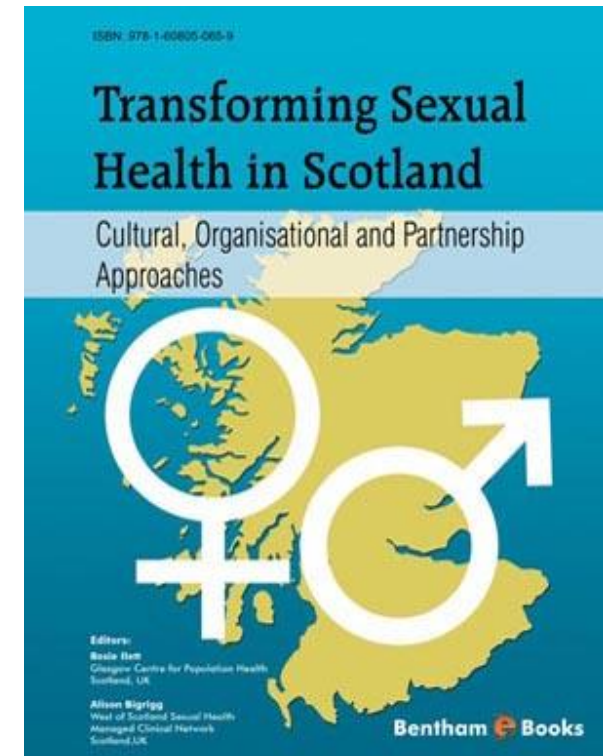
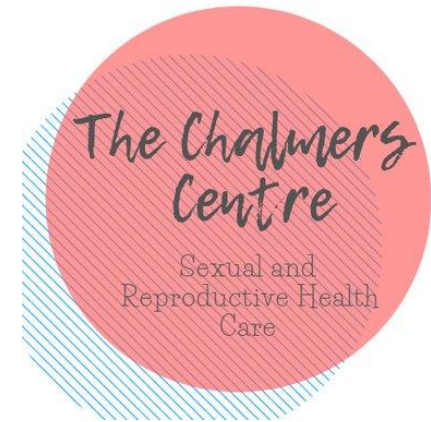


Oregon Foundation for
Reproductive Health

An Initiative Created by Oregon Foundation for Reproductive Health

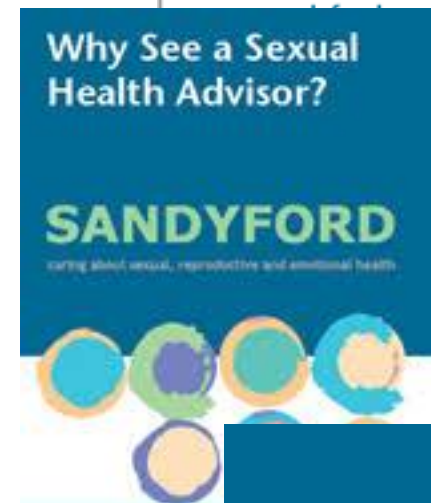
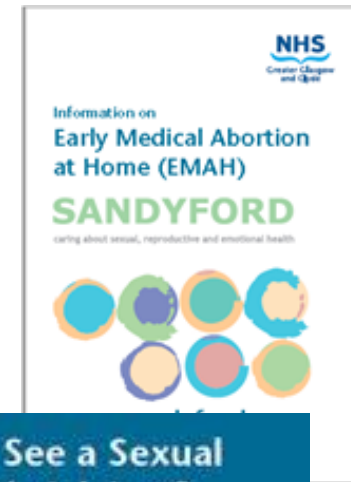


Integrated Models of Care: from Local to Global





Sandyford Services - evolved from a convergence of Family Planning & Reproductive Health Services, GU Medicine and the Centre for Women's Health into a fully integrated specialised sexual health service across the NHS Greater Glasgow and Clyde Health Board area.....

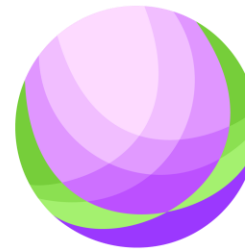


Reproductive and Sexual Health: taking an integrated approach summing up

- Does not have to mean offering all services in one place
- Ensuring referrals and linkages work well
- Using technology to enhance health system navigation

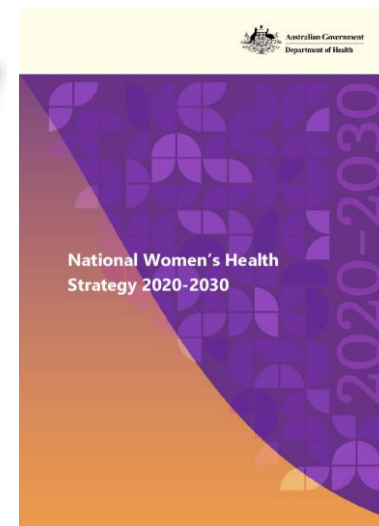
Taking an integrated reproductive and sexual healthcare approach: where to from here?

- Data to highlight RSH needs and service gaps
- Funded research to provide evidence base
- National Women's Health Strategy 2020-2030
- Integrated workforce training
- Aspirational Goals – an integrated Faculty.....



SPHERE

NHMRC Centre of Research Excellence in Sexual and Reproductive Health for Women in Primary Care



FSRH

The Faculty of Sexual & Reproductive Healthcare

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- Medical abortion provided on site (implant removal)
- Exploration of reproductive coercion with referral to social work
- RN follow-up for cervical screening and IUD insertion.....