

# PD-1 Occupancy Following Low Dose Nivolumab Treatment: The NIVO-LD Trial

Wallace L<sup>1</sup>, Lau JSY<sup>1,2,3</sup>, Kaiser K<sup>2</sup>, Chang JJ<sup>1</sup>, Solomon A<sup>1</sup>, King H<sup>1</sup>, Scher B<sup>1</sup>, Beech P<sup>4</sup>, Moore M<sup>4</sup>, Tang M<sup>2</sup>, Le Couteur J<sup>2</sup>, Price DJ<sup>1</sup>, Meagher N<sup>1</sup>, Rasmussen TA<sup>1,5</sup>, McMahon JH<sup>2</sup> & Lewin SR<sup>1,2,3</sup>

1 Department of Infectious Diseases, University of Melbourne at the Peter Doherty Institute for Infection and Immunity, Melbourne, Australia  
2 Department of Infectious Diseases, Alfred Health and School of Translational Medicine, Monash University, Melbourne, Australia

3 Victorian Infectious Disease Service, Royal Melbourne Hospital at the Peter Doherty Institute for Infection and Immunity, Melbourne, Australia  
4 Department of Radiology, Alfred Health, Melbourne, Australia  
5 Aarhus University Hospital, Aarhus, Denmark.

For further information, contact james.mcmahon@monash.edu or sharon.lewin@unimelb.edu.au



We thank all study participants for generously donating these samples & their time to make this research possible.

## Background

Effective antiretroviral therapy (ART) can achieve long-lasting viral suppression in people living with HIV (PLWH), but the persistence of latently infected cells acts as a barrier to achieving cure, necessitating lifelong treatment.

**T cell exhaustion**  
Chronic exposure to HIV antigens can contribute to T cell exhaustion, characterised by reduced effector function and upregulation of immune checkpoint molecules, such as programmed death-1 (PD-1). **PD-1 acts to inhibit T cell activation, proliferation and cytokine production** through interactions with its ligands (PD-L1/PD-L2).

**PD-1 in HIV**  
Higher PD-1 expression in PLWH has been associated with increased viral loads and lower CD4 counts.(1,2) In PLWH on ART, PD-1+ memory T cells have higher levels of replication-competent and intact HIV than PD-1- memory T cells.(3)  
**Nivolumab**  
Nivolumab is an antibody which binds to PD-1 with high affinity and can reduce PD-1-mediated inhibition of T cell responses. Nivolumab treatment in PLWH may help reverse T-cell exhaustion and **promote anti-HIV immunity**.

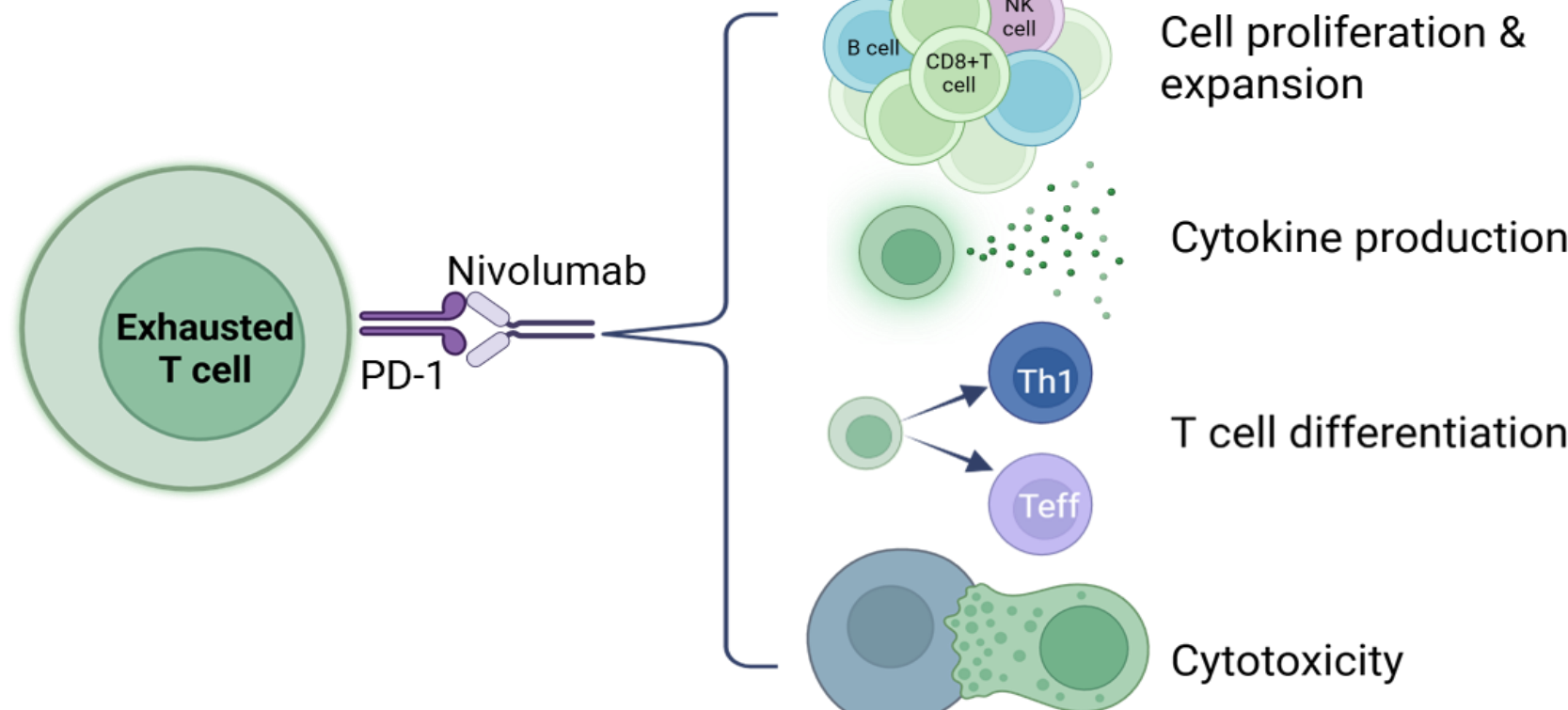
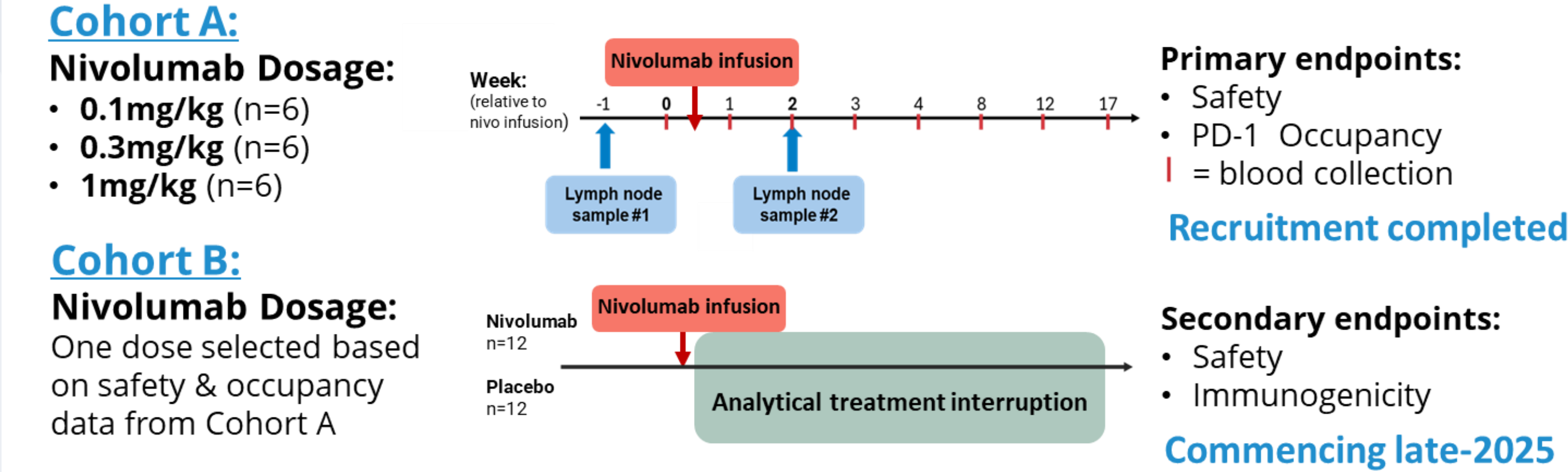


Figure 1 . Diagram illustrating effects of Nivolumab on T cells.

## Study Design & Outcomes



## Methods

**Lymph node occupancy:** Fine needle aspirates were collected from a groin lymph node **at baseline and 2 weeks** post-nivolumab infusion. Single cell suspensions of fresh cells were then examined for PD1 occupancy using flow cytometry.  
= **Occupancy in lymph node and whole blood 2 weeks following Nivolumab infusion.**

**Peripheral blood mononuclear cell (PBMC) occupancy:** PBMCs were isolated from whole blood collected at study intervals between **baseline and 17 weeks post-infusion**. Samples for all visits for each participant were frozen and then thawed at the same time and examined for PD1 occupancy using flow cytometry.  
= **Duration of occupancy in PBMCs**

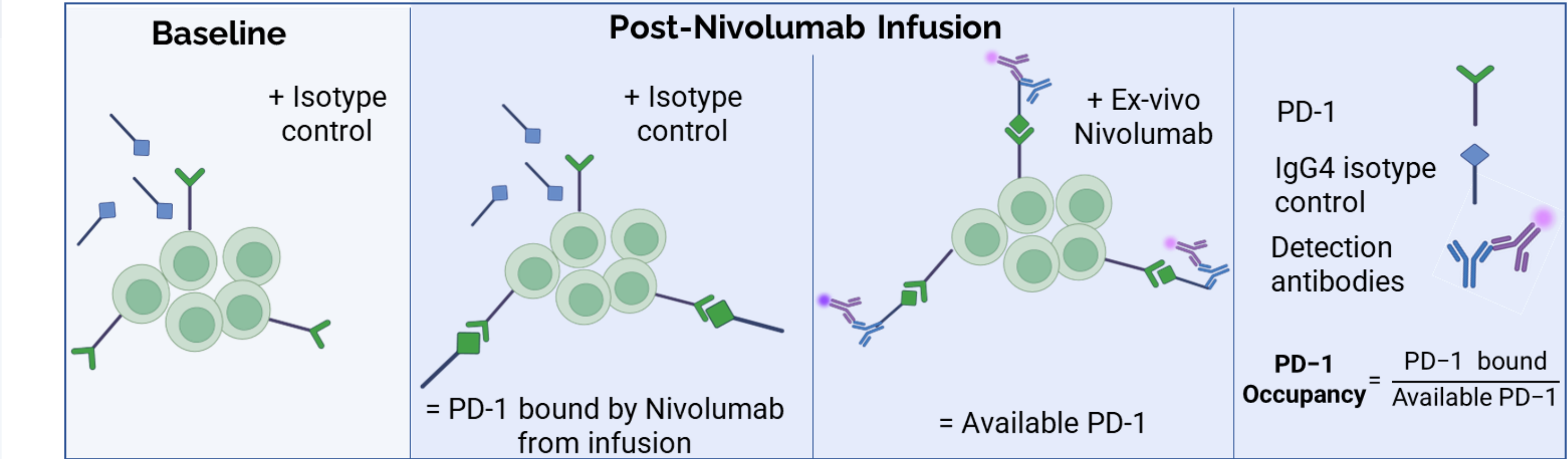


Figure 3. Schematic of PD-1 occupancy assay design.

## Participant Characteristics

**Recruitment criteria:** virologically suppressed PLWH on ART

Table 1. Characteristics of study participants. IQR= interquartile range.								
Characteristic	0.1mg/kg n=6		0.3mg/kg n=6		1mg/kg n=6		Total n=18	
	n	%	n	%	n	%	n	%
Gender								
Male	5	83%	6	100%	6	100%	17	94%
Female	1	17%	0	0%	0	0%	1	6%
HIV subtype								
B	2	33%	2	33%	4	67%	8	44%
C	1	17%	1	17%	0	0%	2	11%
AE	0	0%	0	0%	2	33%	2	11%
AG	0	0%	1	17%	0	0%	1	6%
Unknown	3	50%	2	33%	0	0%	5	28%
	Median	IQR	Median	IQR	Median	IQR	Median	IQR
Age	50	35-55	50	32-55	38	38-60	49	36-55
CD4 cells/µl	734	(637-956)	797	(762-946)	614	(566-658)	716	(622-879)
Years since HIV diagnosis	13	(12-20)	18	(10-22)	17	(13-31)	14	(12-22)

### References

1. Trautmann 2006., Nat. Med  
2.Fromentin 2019, Nat Comms  
3.D'Souza 2007., J Immunol

## Results 1. Nivolumab treatment increases PD-1 occupancy in the lymph node

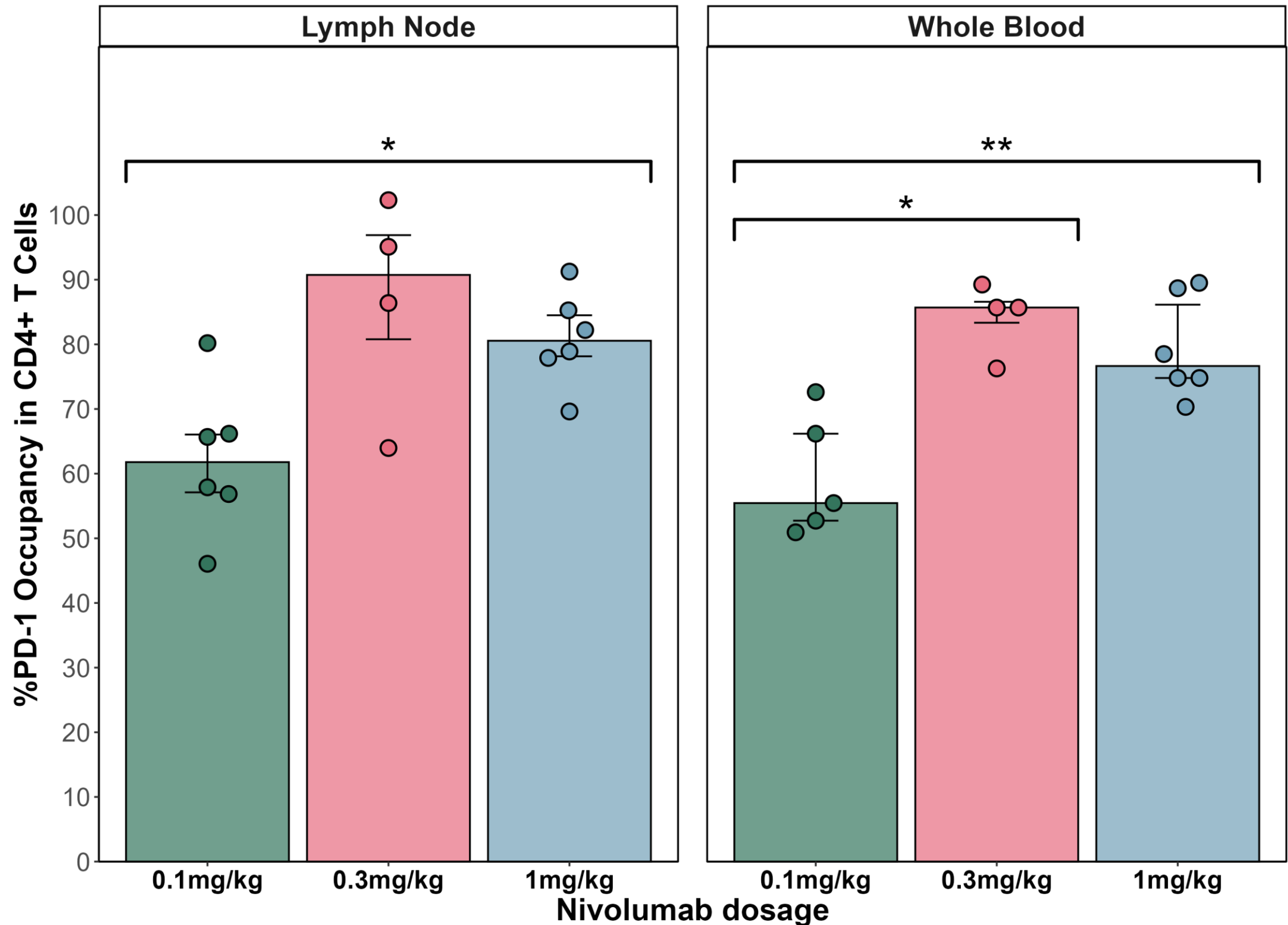


Figure 4.PD-1 occupancy in CD4+ T cells 3 weeks following nivolumab infusion, in lymph node and whole blood samples. Occupancy values calculated from occupancy at week 3 with baseline values subtracted. Columns represent median for each dosage group with error bars representing interquartile range. \*\*=p<0.01 and \*=p<0.05 from Wilcoxon rank-sum test.

## 2. Higher dosage nivolumab treatment results in prolonged PD-1 occupancy

Following 1mg/kg Nivolumab, **PD-1 occupancy remaining elevated above baseline at 17 weeks** (mean occupancy at 17 W=21% in CD4+ T cells) and returned to baseline by week 23.

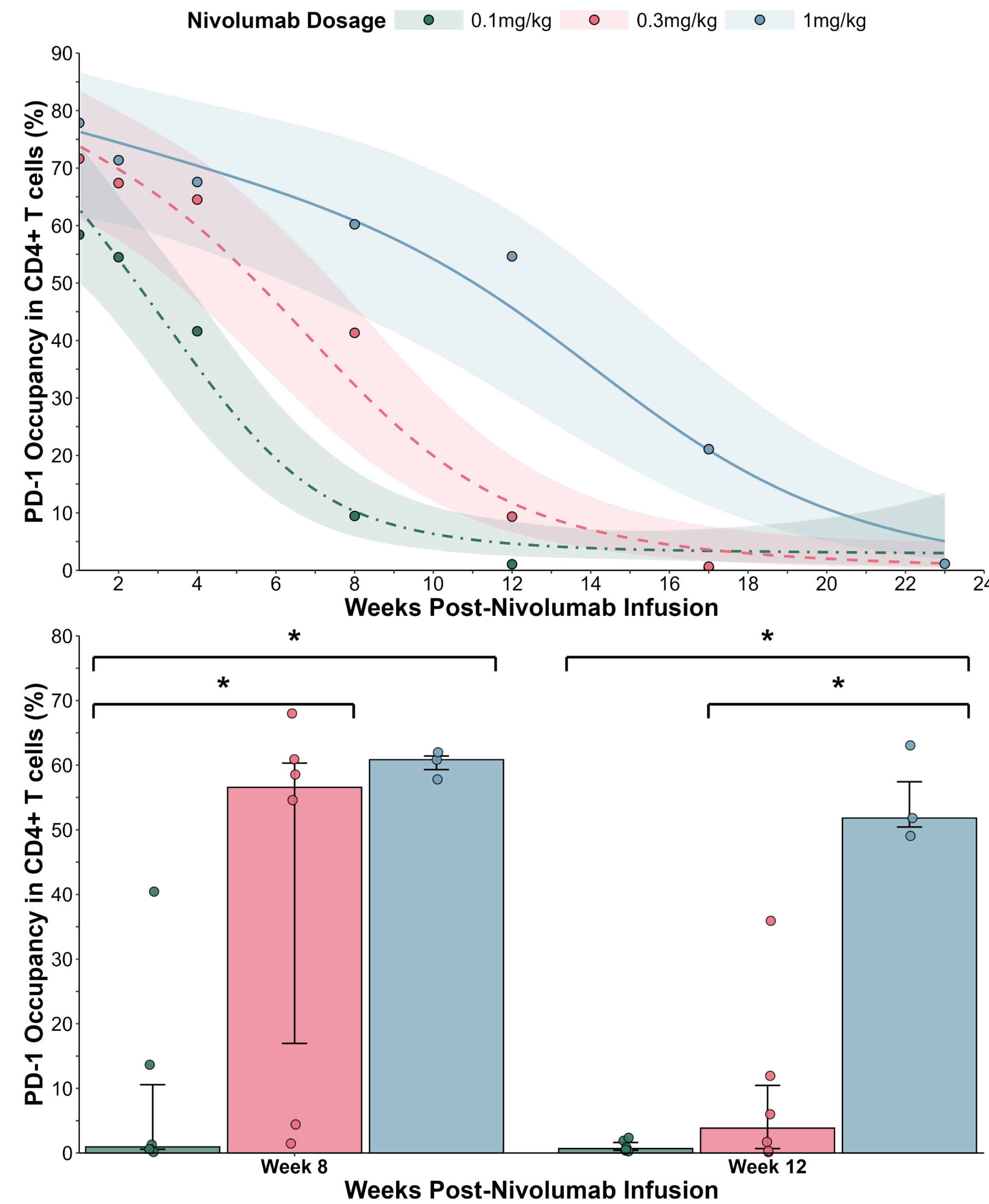


Figure 5. **Duration of PD1 occupancy in CD4+ T cells.** PD1 occupancy in CD4+ T cells with curves generated using locally estimated scatterplot smoothing (LOESS); upper panel). PD1 occupancy at 8- and 12-weeks post-infusion (bottom panel), columns=median, error bars= IQR. \*=p<0.05 from Wilcoxon rank-sum tests. N=6 for 0.1- and 0.3mg/kg groups, n=3 for 1mg/kg dosing group.

## Conclusions

All doses of Nivolumab resulted in increased PD-1 occupancy in study participants, with lymph node occupancy comparable to levels in whole blood. Nivolumab at 0.3- and 1mg/kg resulted in greater occupancy than 0.1mg/kg in lymph node and whole blood. No significant difference was observed between 0.3- and 1mg/kg at this timepoint. In PBMCs, the duration of PD-1 occupancy increased with Nivolumab dosage, with both 0.3- and 1mg/kg resulting in prolonged occupancy compared to 0.1mg/kg dosing.

**Implications: A single low-dose nivolumab in PLWH on ART leads to high and prolonged PD-1 occupancy**

**Future investigations::**  
• Assess changes in reservoir size, HIV transcriptional activity and HIV-specific T-cell function  
• Enrolment in Cohort B which includes an analytical treatment interruption to commence shortly in Melbourne & Singapore.