EVALUATION OF REDUCED POOLED URINE VOLUME TO IMPROVE TEST SENSITIVITY FOR MOLECULAR POINT-OF-CARE DETECTION OF CHLAMYDIA AND GONORRHOEA – PRELIMINARY RESULTS

Bell SFE¹, Badman SG², Dean JA¹, Coffey L³, Debattista J⁴, Redmond AM^{3,5}, Howard C³, Lemoire J³, Williams OD¹, Gilks CF¹, Whiley DM¹

Background: This study aims to evaluate the sensitivity of pooled self-collected urogenital, pharyngeal and anorectal specimens, using a revised pooling methodology, compared to individual samples for the detection of *Chlamydia trachomatis* (CT) and *Neisseria gonorrhoeae* (NG) at the point-of-care (POC).

Methods: Consenting clients (≥16 years) attending urban, peer-led community testing services are offered CT/NG molecular POC testing of three self-collected specimens (urine, pharyngeal and rectal swabs) using GeneXpert (Cepheid, Sunnyvale, CA). If any specimen provides a detected result, all three specimens are pooled using the revised method and retested. Pooled test results are compared against individual test results to determine agreement.

Results: To date, 161 participants have provided three anatomical specimens. CT was detected at one or more anatomical site for 26 (16.1%) participants; for NG 30 (18.6%). Pooling failed to detect one CT (urine) and three NG (pharyngeal 2; rectal 1) infections. Overall sensitivity, negative predictive value and Cohen's kappa of pooling compared to individual specimen testing for CT is 96.2% (95%Cl 78.4%; 99.8%), 99.3% (99.3%; 95.4%) and 0.977 (0.931; 1) respectively; for NG, 90.0% (95%Cl 72.3%; 97.4%), 97.6% (92.6%; 99.4%) and 0.935 (0.863; 1). Samples with low microbial loads (cycle threshold ≥ 35.0) are less likely to be detected on pooling.

Conclusion: A reduction in urine volume used in pooled samples has improved sensitivity for CT detection compared to the previous method (96.2% versus 90.0%). Thus far, the revised pooling method has not improved false-negative NG results (89.7% versus 90.0%). This ongoing study (estimated completion five months) enriches available evidence on pooling. The value of pooling should also be considered in respect of available resources, local epidemiology and anatomical site-specific treatment regimens. Further studies, including confirmatory laboratory testing, in different geographical and clinical settings are warranted to strengthen this evidence. Service delivery implications will be discussed.

Disclosure of Interest Statement: Queensland Positive People is funded by the Queensland Government. Cepheid provided the GeneXpert instrument and cartridges free of charge. No conflicts of interest declared.

¹ The University of Queensland, ² Kirby Institute, University of New South Wales, ³ Queensland Positive People, ⁴ Metro North Public Health Unit, ⁵ Metro North Hospital and Health Service