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## 2018 AUSTRALASIAN VIRAL HEPATITIS CONFERENCE

# Reviewing Harm Reduction Strategies in NSW Prisons: A Collaborative Approach to Reduce Transmission of Blood Borne Viruses and Sexually Transmissible Infections

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#### Acknowledgements

- · All people who are at an elevated risk of viral Hepatitis due to contact with a custodial environment within Australia.
- All 19 Members of the NSW JH&FMN & CSNSW joint Harm reduction reference group.

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## BACKGROUND/AIMS & METHODS:

- NSW Prisons were an early adopter of a number of Harm Reduction (HR) strategies in the 1990's.
- However by March 2016 HR strategies appeared fragmented and there was little strategic collaboration across the system.
- The newly established NSW custodial HR reference group decided a review into the accessibility of HR resources was required.
- An audit was designed to be completed by local staff at all 35 NSW Correctional centres.
- A Checklist recorded the accessibility of Fincol/Condoms/Dental Dam dispensers and education material in all areas of a Centre.
- Completed checklist were returned to Population Health for analysis in December 2017.
- Audit results were compared to centrally held data and best practice HR guides.

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- Of the 35 correctional centres, 28 checklists were completed and returned.
- Fincol was easily accessible in a majority of centres, despite some significant gaps.
- Condoms were less accessible then Fincol and there was less consistency in how they were distributed and monitored.
- Key Health funded HR education resources were sighted in under half of the centres.

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## **CONCLUSIONS/IMPLICATIONS:**

- The final report makes 11 key recommendations including:
  - establishing more reliable info on Fincol or consider alternative disinfectants
  - establishing a best practice condom distribution model and
  - creating a mechanism for patients to quickly report access concerns
- The report has been sent to the Commissioner and Chief Executive for endorsement.
- It is hoped the NSW HR reference Group will commence the process of implementing the recommendations in September 2018.
- The partnership approach taken to establish the reference group and complete the review is considered replicable.
- Despite challenging issues remaining, the fragmentation of HR across the NSW custodial space appears to be improving.

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