INCIDENCE AND PREDICTORS OF ANAL HIGH-GRADE SQUAMOUS INTRAEPITHELIAL LESIONS (HSIL): THREE-YEAR FOLLOW UP RESULTS FROM THE STUDY OF THE PREVENTION OF ANAL CANCER (SPANC)

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Background: Gay and bisexual men (GBM) suffer the highest incidence of anal cancer as a subpopulation. Anal HSIL is the presumed cancer precursor for which the natural history is poorly understood. We report the incidence and predictors for anal HSIL in a cohort of GBM in Sydney, Australia.

Methods: SPANC participants underwent cytological and histological assessments and HPV genotyping (Roche Linear Array) at all study visits. Composite HSIL was defined as detection of cytological and/or histological HSIL. Incident HSIL was identified in: 1) in those who did not have HSIL at study baseline; and 2) in those who cleared HSIL during the study.

Results: Of 617 men recruited, 377 men attended all annual follow-up visits by February 2018. Among them, 226 men (median age: 51, 29.7% HIV-positive) did not have composite HSIL at baseline. By 36 months, 64 developed HSIL, an incidence of 10.3 per 100 person-years (95%CI: 8.1-13.2). Age and HIV status were not associated with HSIL development. Testing positive to HPV16 at baseline (HR=2.88, 95%CI 1.60-5.08), but not HPV18 was associated with incident HSIL. HSIL incidence was lowest in those who tested negative to HRHPV consistently at baseline and 12-month visits (3.2 per 100 person-years), compared with those who had persistent HPV16 infection (33.6 per 100 person-years, HR=10.10, 95%CI 4.21-24.3) and persistent infection of other HRHPV types (21.4 per 100 person-years, HR=6.60, 95%CI 2.92-15.0). In 96 participants who cleared HSIL during the study, 32 developed new HSIL subsequently (21.6 per 10 person-years, 95% CI 15.2-30.5), an incidence significantly higher than that of first development of HSIL from baseline (p=0.001).

Conclusion: The development of incident anal HSIL was common in sexually active GBM and was strongly associated with persistent HRHPV infection. Among men

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without HSIL, repeat HRHPV testing identifies those who were likely to develop this condition.

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