

TOGETHER

KATE FORBES-WALKER

KARINA SANSON-FISHER

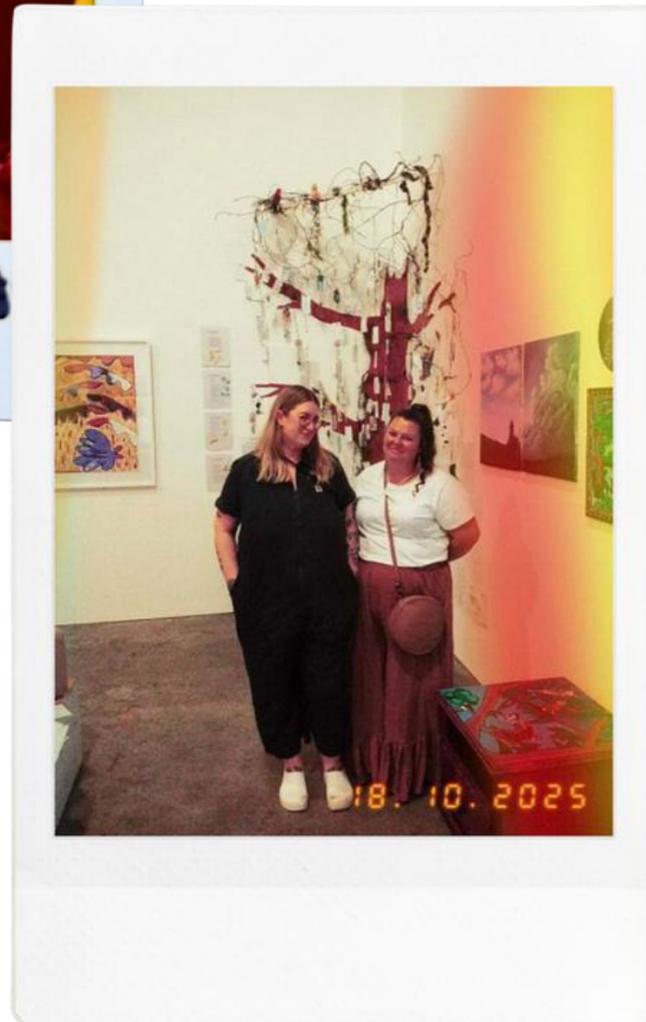
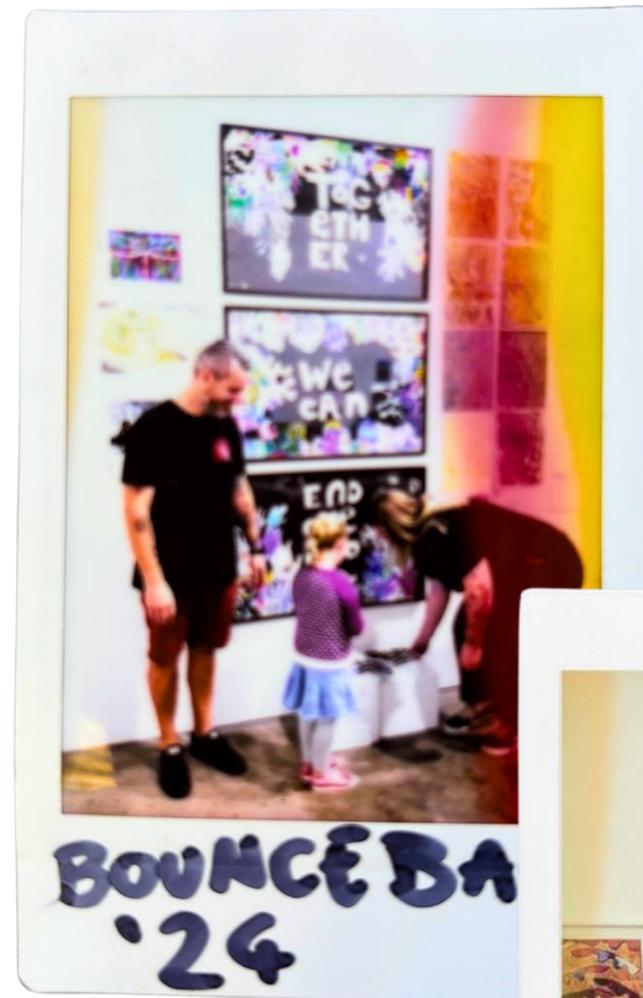
ALAN JOHNSON



THE PROJECT

- Create community-led collaborative art
- Develop an attractive locally relevant health promotion (overdose prevention) resource
- Connect with diverse community, sharing grief, hope, and healing through creative occupation

THE TEAM



- Kate , Biripi woman, artist, Aboriginal Manager DACS
- Karina : Artist, occupational therapist, AOD clinician
- Alan : Artist, occupational therapist, mental health clinician

WITH

- Hunter-based AOD and MH services
- Arts in Recovery monthly workshops
- Our wider community

THE BUDGET

2024 WE CAN

Creation



2024 WE CAN

Exhibition



This artwork is one of three collaborative works created for overdose awareness day: A campaign to end overdose, remember without stigma those who have died and acknowledge the grief of family and friends left behind.

The 2024 theme "Together we can", highlights the power of community when we stand together.

Participants from mental health, alcohol and other drugs services (staff and consumers), arts in recovery, and the wider community coloured in and created their own pieces

Biripi artist Kate Forbes-Walker created two pieces for participants to colour in. The mountains represent the journey of overcoming challenges as well as the importance of holistic health and wellbeing in Aboriginal cultures. The hands represent the individual supports available to each of us.

National Alcohol and Other Drug Hotline

24/7 free and confidential support around alcohol and other drug use
1800 250 015

International Overdose Awareness Day

<https://www.overdoseday.com/>

Information about take home naloxone in NSW

<https://www.health.nsw.gov.au/aod/programs/Pages/naloxone.aspx>

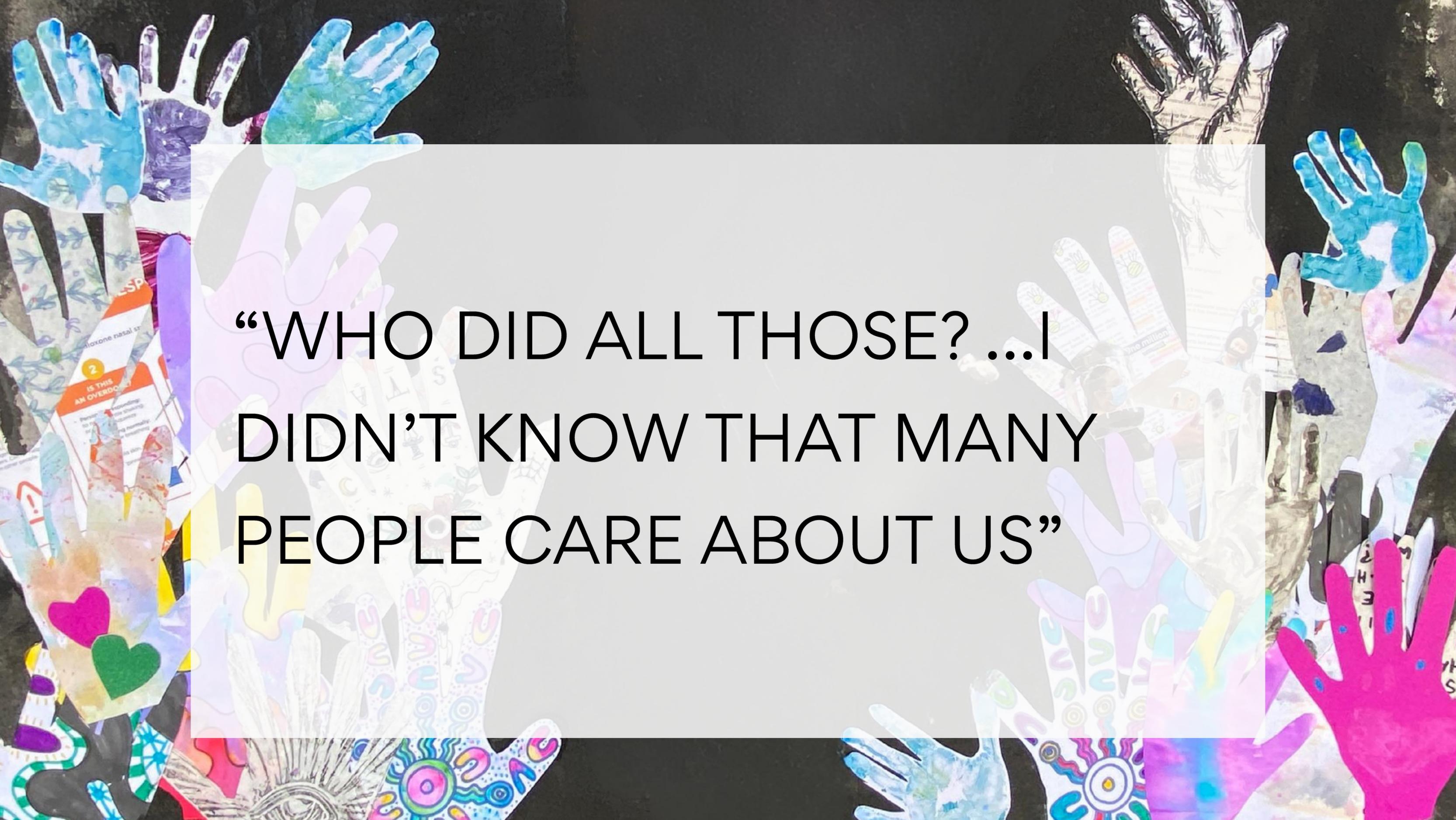
2025 YIRAR

Exhibition



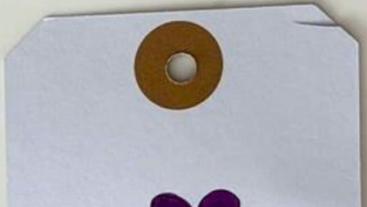
THE IMPACT





“WHO DID ALL THOSE? ...I
DIDN'T KNOW THAT MANY
PEOPLE CARE ABOUT US”

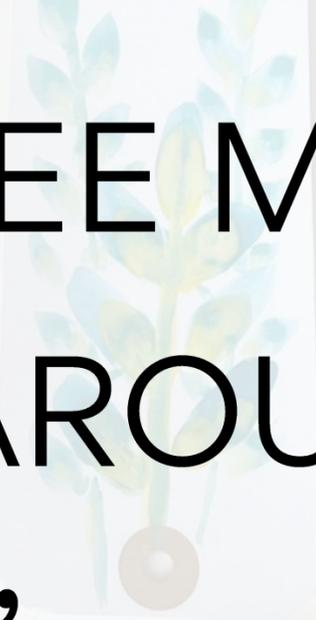
“I GOT TO SEE MY GRIEF
SPINNING AROUND WITH ALL
THAT LOVE”



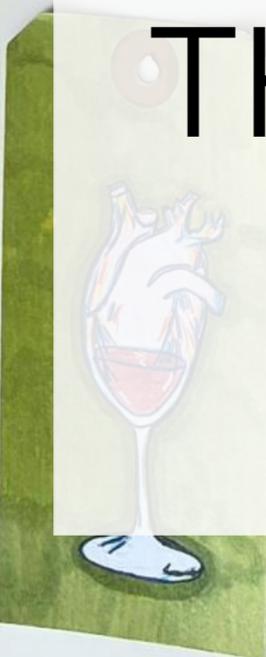
@TOGETHER. NEWCASTLE



Never Give Up
Always have your head
held high!



BREAK YOUR LIMITS... ... AND OUTGROW YOURSELF.

We remember those we have lost everyday!

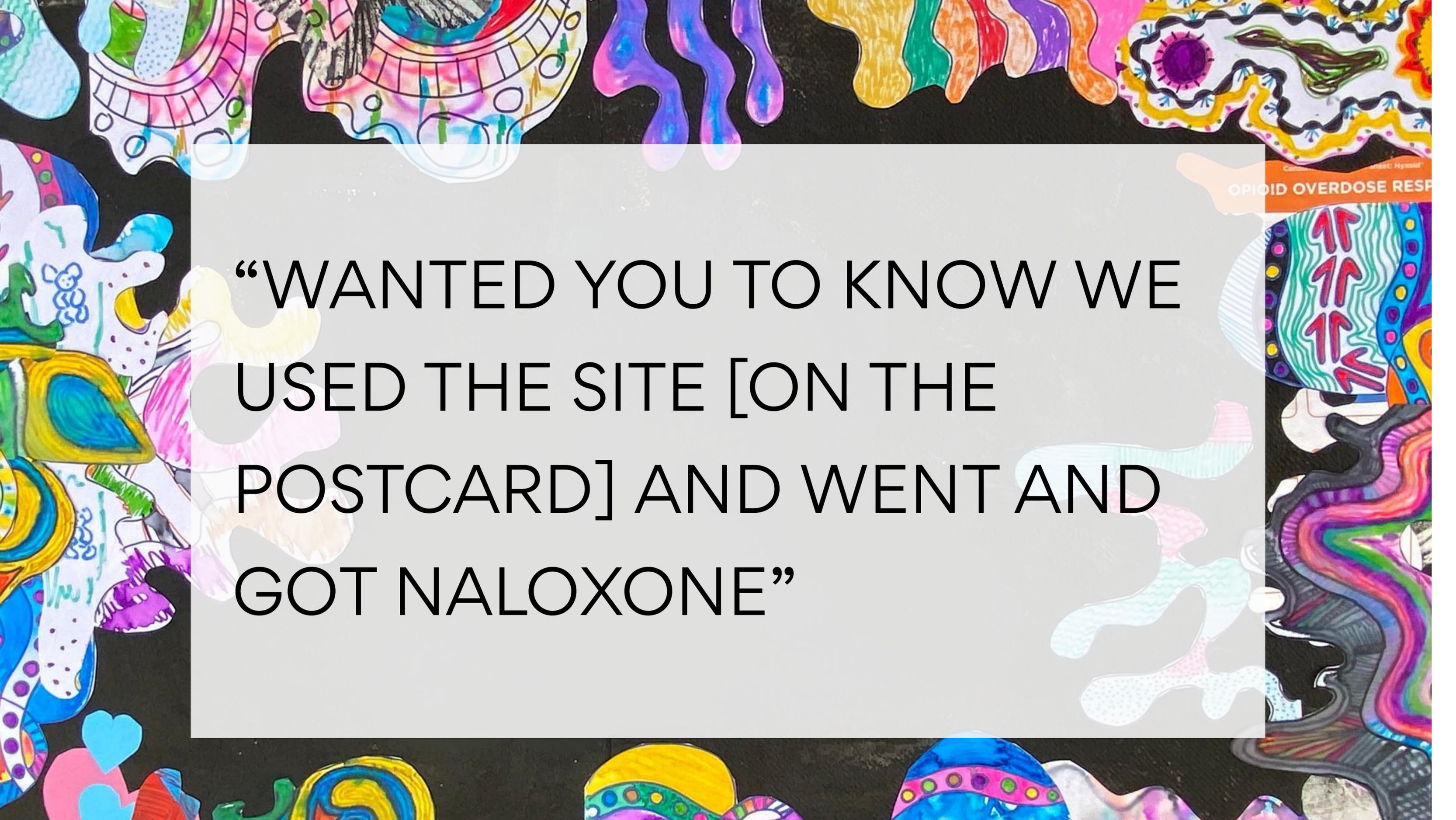
31/8/365



Dear Mandy,
Thank you for your Green Thumb



Don't be afraid

The background is a vibrant collage of hand-drawn illustrations. On the left, there are stylized figures of people in various colors and patterns. On the right, there are abstract, colorful shapes and patterns. A semi-transparent grey box is centered over the collage, containing the following text:

“WANTED YOU TO KNOW WE
USED THE SITE [ON THE
POSTCARD] AND WENT AND
GOT NALOXONE”

OPIOID OVERDOSE RESP

I CARRY THE MEMORIES
WHEN I SEE NEW
CLIENTS, WHEN I CALL
AFTER THEM "HEY, STAY
SAFE OKAY?" WHEN

AUST. MAPLE

you just
have to make
a start.



Attack this Addiction
from every Angle!
Groups, Meds, A-A,
N-A, exercise, therapy
Hit it in every way
Possible!
* Nothing changes if
Nothing changes!



"THANKS FOR REMEMBERING MY BRO"

funeral ~~no~~ because your
not coming I'm not
either, live life to the full!

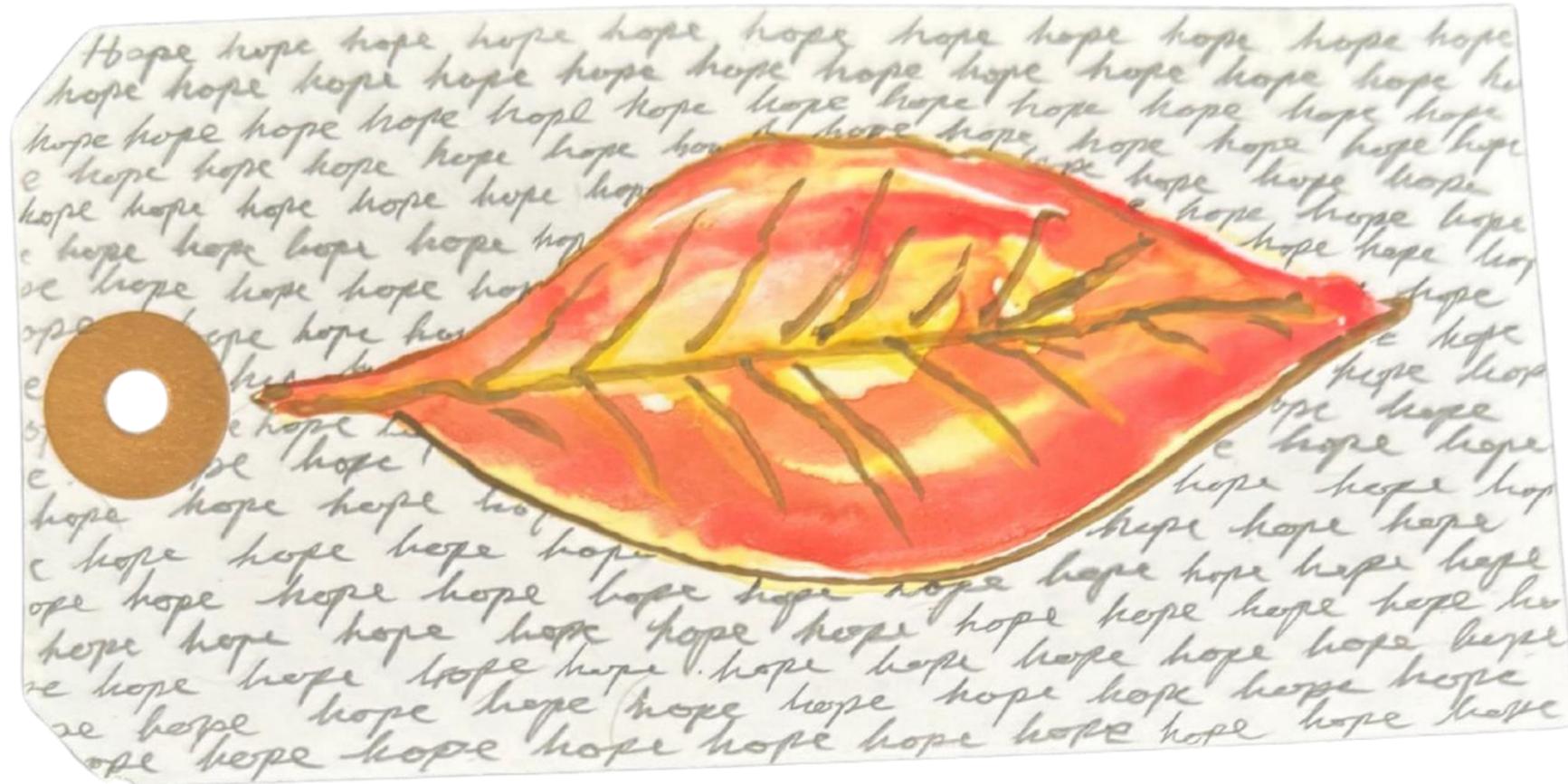
no, it's not
worth it



Tenayah



WANT A FREE BOOKMARK FROM YIRAR? FIND US AFTER THIS PRESENTATION!



@Together.Newcastle



Together.Newcastle@gmail.com