# IMPROVING COMPLETE SCREENING FOR HEPATITIS C VERTICAL TRANSMISSION IN THE PERINATAL PERIOD

E Ower 1, 2 and J Hardial 1, 2

- <sup>1</sup> Vancouver Coastal Health, Vancouver BC, Canada
- <sup>2</sup> University of British Columbia Faculty of Medicine, Vancouver BC, Canada

## Acknowledgments

We are grateful to the patients with whom we work, whose lived experience and expertise surrounding substance use and its health effects deeply informs this project

We are grateful to live and work on the traditional and unceded territories of the  $x^w$ mə $\theta$ kwəyəm (Musqueam), Skwxwú7mesh (Squamish), and Səlílwəta?/Selilwitulh (Tsleil-Waututh) Nations. We are grateful for the teachings of knowledge keepers from these nations, among others, who help us conduct our work in a good way

### **Disclosures**

There are no conflicts of interest or commercial funding to disclose.

### **Background to issue**

- In the general population in Canada, appropriately 1.5% of people have a HCV infection in their lifetime (Canadian CDC)
- The risk of vertical transmission of HCV in British Columbia is approximately 4.7% (Money et al 2014)
- The risk is increased with HIV co-infection: up to 10.8%
- HCV infection in infants can lead to irreversible liver damage

# **Sheway Clinic Model**

- Low barrier and harm reduction pregnancy outreach program for parents using substances in pregnancy and in early parenting, based in Vancouver, Canada
- Interdisciplinary team including physicians (family physicians, pediatricians, psychiatrists), nurses, social workers, infant development experts, dietician, outreach workers, peer support workers, and an Indigenous Elder
- Many of our parents are at increased risk of contracting hepatitis C
   (HCV) and therefore of HCV vertical transmission to their children

# **Current Clinic Approach**

#### **Sheway Practice Standard**

- Screen with anti-HCV at 18 months
  - Based on practical adaptation of BC CDC 2016 guideline, in consult with expert advice, and supported by AASLD-IDSA 2017 guidelines
- Opportunistic approach
  - O Individual Clinician notes that child needs screening and provides lab requsition

#### **Hypothesized Barriers**

- Not all parent/child dyads still followed by clinic at 18 months
- Generally fewer routine visits for well child care past 12 months of age
- No uniform EMR system for creating master list of children requiring screening
- Parents may not have child in their care

# Aims of Quality Improvement Project

- Determine current efficacy of opportunistic screening for HCV vertical transmission
- Examine further barriers to completing screening
- Implement uniform EMR intervention and generate master list of children requiring screening

#### **Chart Review**

- Reviewed all babies born Jan '18-Dec '19 to see prevalence of HCV
  - Reviewed maternal perinatal screening for HCV
- For Babies born Jan '18 Feb '19 (All 18 months + at time of review)
  - If child had received screening with anti-HCV serum testing at 18 months +
    - If this was a negative screen
  - o If HCV status was indicated on the parent's or child's chart
  - O If dyad was still followed by clinic at 18 months

# 32% 58/182

Of babies born Jan 2018-Dec 2019 had potential perinatal HCV exposure

	Babies born	Potential Perinatal HCV exposure	%
2018	94	27	29%
2019	88	31	35%

# Chart Review Summary Table (Jan '18- Feb '19)

Parents with perinatal HCV status determined	107/ 108	99%
Parent/Child dyads with potential perinatal HCV exposure (anti-HCV antibody + )	30/108	28%
Perinatal HCV exposure with status recorded in:  Parent's problem list  Child's problem list  Child's interventions	27/30 7/30 4/30	90% 23% 13%
Perinatally exposed dyads still followed at 18 months	22/30	73%

# 40% (12/30)

Of babies with perinatal HCV exposure were screened for vertical transmission at 18 month or older

Of these babies, none had vertical transmission of HCV

#### **Conclusions from Chart Review**

- Sheway has excellent rates of screening prenatally parents for past/present HCV infection
- About ⅓ of Sheway parents are anti-HCV positive prenatally
- Only 40% of those dyads with parents anti-HCV positive prenatally were screened for HCV vertical transmission at 18 months
- 73% of children were still followed by Sheway at 18 months
- We did not have a uniform system of recording HCV status in chart of parent/child dyad, and no way of generating a master list of children requiring screening

# Changes implemented following Chart Review

- Added intervention to all children requiring screening (included those who had completed screening)
- Ran EMR query to ensure that we could generate master list of those requiring screening, and those who have completed screening
- Support and outreach provided to these families to help complete screening

# **Outcomes of New System and Future Steps**

- With changes in system, the most recent EMR query of all dyads requiring screening showed that 64% of dyads had either received screening or, if were no longer followed by the clinic, had been contacted to complete screening
  - Of note, all of the children from the original query have been screened
- Of those unscreened and still connected to the clinic, all are aware that screening is required and we are actively trying to connect them to screening
- There have been no cases of vertical transmission
- We will continue to use this system of recall, and will be able to evaluate its efficacy by continuing to run EMR queries

#### References

AASLD-IDSA. Recommendations for testing, managing, and treating hepatitis C. (2017) https://www.hcvguidelines.org/unique-populations/children

Money, D., Boucoiran, I., Wagner, E., Dobson, S., Kennedy, A., Lohn, Z., ... & Yoshida, E. M. (2014). Obstetrical and neonatal outcomes among women infected with hepatitis C and their infants. Journal of Obstetrics and Gynaecology Canada, 36(9), 785-794. https://www.jogc.com/article/S1701-2163(15)30480-1/abstract

Benova, L., Mohamoud, Y. A., Calvert, C., & Abu-Raddad, L. J. (2014). Vertical transmission of hepatitis C virus: systematic review and meta-analysis. Clinical infectious diseases, 59(6), 765-773. https://www.ncbi.nlm.nih.gov/pubmed?term=24928290

Aniszewska M, Kowalik-Mikolajewska B, Pokorska-Spiewak M, Marczynska M. (2012). Anti-HCV testing as a basic standard of monitoring HCV mother-to-child infection: advantages and disadvantages of the method. Przegl Epidemiol. 2012;66:341-345. https://www.ncbi.nlm.nih.gov/pubmed/23101228