

ASHA – 2017

SAS Symposium - Overall abstract:

This symposium explores the role psychosexual therapy plays in addressing painful intercourse for women. The aim of this symposia is to explore the role of psychosexual therapy in treatment options and understand how psychosexual therapy fits into a broader multi-disciplinary approach. Each speaker will explore a different condition which results in painful intercourse and the psychosexual therapeutic approaches.

Lisa Grant: Endometriosis: The Forgotten Sexual Pain Disorder

Abstract:

Endometriosis is a common cause of painful intercourse for women. Endometriosis is a chronic condition where the endometrium lining of the uterus is found in other parts of the pelvic-abdominal area. Endometriosis effects approximately one in ten women.

Previous research has indicated that between 25% and 100% of women with endometriosis sampled, experienced sexual pain. Endo-related sexual pain can occur pre-sex, during sex; and post sex. In this presentation treatment options for sexual pain resulting from endometriosis are explored.