

# HOLYOAKE

Whenever you're ready.

## Community Wellbeing Plans

Finding innovative solutions to localised  
AOD and MH concerns through  
collective collaborations

**Jess Daniels**

Wheatbelt Alcohol and  
Other Drug Coordinator

*Prevention Services*

### **Disclosure of interest**

This project is supported by funding  
from the WA Mental Health  
Commission.

# Acknowledgments

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I would also like to acknowledge the Traditional Custodians of the on which I am a visitor, the Nugunnawal people and extend my respect to the Wilman, Ballardong and Yuet people of the Nyoongar nation on which I live and work.

I'd also like to acknowledge anybody that has been bereaved or impacted by suicide, mental ill health or alcohol and other drug use.

Lastly, I'd like to acknowledge the the voice of lived and living experience.



# Holyoake - Wheatbelt

## SERVICES

- Clinical - provide AOD and MH counselling
- ***Prevention - provide AOD and MH education, training and support***

## ABOUT THE WHEATBELT

- 160 000 sq. km's
- 210+ communities
- 43 LGA's
- Estimated population - 77 317 residents



# Holyoake - Wheatbelt Prevention

Wheatbelt AOD Prevention Coordinator - Jess Daniels

Wheatbelt Suicide Prevention Coordinator - Jo Drayton

Suicide Prevention Project Officer - Jordyn Drayton

## PREVENTION STRATEGIES

- Stakeholder Inter-agency Networks
- Youth Programs
- Localised Campaigns & Events
- Attendance at Events/Field Days
- VSU Incident Reporting Program Coordination
- Newsletters & Articles
- Dissemination of Research, Grants, Frameworks
- **Community Wellbeing Plans**





# What is a CWP?

- 3-year strategic plan
- Each plan is developed within just one or two communities
- Identifies what is happening at a local level to create change for an identified issue/s
- Committee is a combination of local stakeholders
  - Government, non-government, local community groups, Aboriginal Controlled Organisations
- Is action focused and utilises the strengths of that community



# Development of a CWP



# Current Community Wellbeing Plans

*All current CWP's have AOD as a priority area.*

## **EXAMPLE** *Narembeen*

**Priority area:** Alcohol Use and Associated Harms

**Short term outcome:** Increased awareness of the risks and appropriate harm minimisation strategies associated with combining prescription medications with alcohol and/or other drugs, through education, dissemination of resource materials and early intervention initiatives.

**Activity:** Social Prescribing Events



# Industry Recognition

- INJURY MATTERS 2017 Injury Prevention & Safety Promotion Awards – Highly Commended in Regional or Remote Injury Prevention or Safety Promotion – Holyoake WCADS
- WANADA 2018 Alcohol and Other Drug Excellence Awards – Prevention Category Winner – Holyoake
- INJURY MATTERS 2021 Injury Prevention & Safety Promotion Awards – Outstanding Achievement in Injury Prevention or Safety Promotion – Holyoake WCADS Prevention Team
- INJURY MATTERS 2021 Injury Prevention & Safety Promotion Awards – Outstanding Achievement in Collaboration for a Safer WA – Holyoake WCADS Prevention Team
- AUSTRALIAN HEALTH PROMOTION ASSOCIATION – Excellence in Health Promotion Practice – Holyoake Prevention Team





# Take home message

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*“Collective collaborations between a diverse range of stakeholders make addressing big issues a little more achievable”*





# Thank you

**Jess Daniels**

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