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WORKING REFLEXIVELY IN INDIGENOUS-LED CONTEXTS

Reflections on practice as a non-Indigenous provisional psychologist

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IO CONFERENCE



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ASKING THE RIGHT QUESTIONS

I wanted to contribute. First, I needed to understand my role

- What could I take responsibility for?
- Where did I need guidance?
- Which decisions were not mine to make?

(Dudgeon et al., 2020)

CHALLENGING MY ASSUMPTIONS

I was used to moving quickly towards a solution

Reflexivity meant asking:

- How is my background shaping what I notice?
- What assumptions am I making?
- Whose knowledge am I giving credibility to?

have I understood the context in the ways Aboriginal and Torres Strait Islander peoples want me to?

RELATIONSHIPS ARE PART OF THE WORK

Taking time to listen changed how I worked

MAKE TIME

LISTEN MORE

TALK LESS

RESPONSIBILITY IS NOT THE SAME AS AUTHORITY

Preparing the work does not mean every decision is mine

CULTURAL AUTHORITY

CONSULTATION

APPROVAL

HOLDING THE COLONIAL LOAD

Building non-Indigenous capability is our responsibility too.

Am I asking someone to explain something I could learn myself?

Have I done enough preparation before asking for review?

Am I taking responsibility for the work I can appropriately do?

(Weenthunga Health Network, 2023)

RESOURCES

- Scan the QR code to visit AIPEP’s resource hub

ACCOUNTABILITY THROUGH ACTION

Listening mattered.

What I did next mattered too.

ACT ON GUIDANCE

MAKE THE CHANGE

UNDERSTAND WHY IT MATTERS

APPLY THE LEARNING NEXT TIME

CULTURAL SAFETY

IN EVERYDAY DECISIONS

Cultural safety is determined by Aboriginal and Torres Strait Islander peoples.

KNOWING WHEN TO STEP UP AND WHEN TO STEP BACK

Step up

Prepare, speak up against racism and follow through

CODE OF CONDUCT

Step back

Respect Indigenous authority and direction

COMPETENCIES 3 & 8

CLOSING MESSAGE

Belle Selkirk



THANKYOU

To learn more about AIPEP and the work they do, check out:

indigenouspsyched.org.au

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