



5 Day Itinerary

Welcome to Brisbane, Queensland's thriving subtropical capital city. Enjoying year round sunshine and warm weather, embrace the city's outdoor lifestyle and endless adventures, sip spritzes on a rooftop, island hop by helicopter or picnic by boat. Fall in love with Brisbane's rich culture, vibrancy and experiences on offer. Here's how to best spend five days in Brisbane.

DAY 1: ART, CULTURE & ENTERTAINMENT

Cultural Immersion

Be immersed in the world's oldest living culture in Brisbane. The city is home to a diverse range of incredible First Nations tours and experiences that offer various ways to authentically connect with the rich Aboriginal and Torres Strait Islander cultures. Take a walk around the South Brisbane precinct with [BlackCard Cultural Tours](#) to see and hear stories about the incredible First Nations public art.



Nearby at Queensland Art Gallery & Queensland Gallery of Modern Art (QAGOMA) connect with First Nations art and culture with immersive [First Artists: Cultural Experiences program](#) that heroes First Nations art, music, native food, dance, culture, and storytelling.

On the outskirts of the city, join [Nyanda Cultural Tours](#) to participate in a smoke ceremony, taste seasonal bush foods and participate in weaving and ochre-making demonstrations.

Make a Connection

To be truly immersed in Brisbane's vibrant cultural scene, head to the beloved Cultural Precinct and visit the celebrated [Queensland Art Gallery and Gallery of Modern Art \(QAGOMA\)](#) to admire world-class art exhibitions, see Brisbane's stories unravel before your eyes at the [Queensland Museum](#) or make tracks to [Queensland Performing Arts Centre \(QPAC\)](#), where renowned theatre performances await.



Explore the City by Foot

One of the best ways to get to know this city is through the eyes of a skilled and knowledgeable local with [Urban Tours](#), [Fit City Tours](#) or [Local Sauce Tours](#). Discover the heart of Brisbane, where the walking tour guides embody the warmth and friendliness that the City is known for, and are passionate about sharing Brisbane's fascinating stories, history and future endeavours.

World-class Events

Brisbane's calendar is packed with unmissable events! Whether you're fixed on a foodie event, sporting showdown, exclusive art exhibition or live performance, Brisbane is buzzing with major events. From heart-stopping to heart-warming, in-stadium to on-stage, mark your calendar with Brisbane's epic line up of major events.

Brisbane is a city where sport isn't a pastime but a passion, and as a global leader in hosting major sporting events, Brisbane has been selected as host city for the 2032 Olympic and Paralympic Games.



Nightlife and Live Music

From classic pubs on every corner to charming bars, hidden laneways with live music gems, or large concert halls, there's no shortage of [nightlife in Brisbane](#) to keep the party going. [Fortitude Valley's live music precinct](#) continues to attract major artists, home to the Fortitude Music Hall and The Tivoli to name just a few.

Accommodation

Brisbane has a bounty of boutique hotels and 5-star luxury accommodation options with rooftop pools and wellness spas to unwind and rejuvenate in style.

[Brisbane Marriott Hotel, Brisbane City](#)
[The Calile Hotel, Fortitude Valley](#)
[Crystalbrook Vincent, Howard Smith Wharves](#)
[Emporium Hotel, South Bank](#)
[Hotel X, Fortitude Valley](#)
[W Brisbane, Brisbane City](#)



DAY 2: BRISBANE'S THRIVING DINING, SHOPPING AND SPA SCENE

Discover Brisbane's Culinary Delights

Are you ready to discover why Brisbane's dining scene is attracting global attention? Sample Brisbane's award-winning bars, bites and brews that have made their mark on the Australian foodie scene. There's an abundance of rooftop bars, hidden laneway gems and riverside delights to enjoy while revelling in Brisbane's alfresco lifestyle. Looking for something out of the box? Join [Kiff & Culture](#), [Hop On Brewery Tours](#), [Delectable Tours](#) or the [Vino Bus](#) for a foodie journey like no other.

Brisbane City - Prepare your taste buds for a culinary journey in The City where the diverse dining scene spans the globe, with award-winning chefs, cutting-edge connoisseurs and cocktail mixologists. Whether you're a coffee lover craving a hearty breakfast, a fine-dining enthusiast, or in search of the best bars, Brisbane City has it all.

Queen's Wharf - The Queen's Wharf precinct brings award-winning restaurants and buzzing entertainment with stunning riverside views. See Brisbane from a new perspective at the Sky Deck and stay for a drink at Cicada Blu, enjoy vibrant Asian-fusion inspired eats at LucLac, cutting edge Japanese at Sokyo, or contemporary French cuisine at Pompette.



Howard Smith Wharves - The buzzing Howard Smith Wharves is a revitalised heritage riverfront destination lined with renowned restaurants, trendy cafes, vibrant bars and award-winning brewery, Felons Brewing Co.

James Street, Fortitude Valley - One of Brisbane's premier high streets, with luxury fashion boutiques, trendy bars and arguably the largest gathering of Brisbane's best restaurants in one location, dining at James Street will leave you wholly satisfied.

Vertigo - For a truly exciting dining adventure, Vertigo offers an exclusive gastronomic dining experience where guests dine four stories in the air before abseiling down the side of the heritage-listed face of the Brisbane Powerhouse after their delicious three-course meal.

Eat Street Northshore - A bustling foodie hub, graze from over 70 vendors serving global tastes from brightly branded shipping containers, eclectic boutiques, micro restaurants, live music, and a vibrant community atmosphere.



BRISBANE'S FOODIE FAVOURITES

Agnes Restaurant, Fortitude Valley
Donna Chang, Brisbane City
Luc Lac, Queen's Wharf
Naldham House, Brisbane City
SouthSide, Fish Lane, South Brisbane

Shoppers' Paradise

Wander through one of Australia's largest open-air malls, [Queen Street Mall](#), to find over 1,000 stores including international and local designers. Head to [James Street](#), Fortitude Valley to peruse one of Brisbane's newest retail and lifestyle precincts or for something a little quirky, [Paddington](#) is a must for designer fashion, antique treasures and retro homewares. For a glamourous city adventure, join [Spree with Me](#), a curated and private shopping tour in fashionable locations with a friendly personal stylist as your guide; you'll be pampered with fashion, styling, food and wine.



Refresh, Rejuvenate & Relax

Feel your best and enjoy a relaxing day in the hands of a pampering professionals. Whether you're craving a full-day health retreat or just an hour or two of respite, Brisbane has a bounty of wellness day spas where you can unwind and rejuvenate in luxury and style. Take your body on a journey of relaxation at [Kailo](#) at The Calile Hotel, Fortitude Valley, or [The Healing Stone](#) at Emporium Hotel, South Bank, or [Soak Bathhouse](#) at West Village, West End, or [AWAY® Spa](#) at W Brisbane, Brisbane City. A little further afield, book into [Spicers Hidden Vale Spa](#) in Ipswich or [Lost World Spa](#), O'Reilly's Rainforest Retreat in the Scenic Rim.



DAY 3: BRISBANE ADVENTURES

Seek out adventures in the heart of the river city and celebrate its outdoor lifestyle. With countless entertainment options, the city offers a discovery in every direction.

Elevate Your Brisbane Experience

[Riverlife Adventures](#) – Kayak along the winding Brisbane River, rock climb the towering Kangaroo Point cliffs or enjoy a relaxing riverside picnic overlooking the sparkling Brisbane city skyline.

[Story Bridge Adventure Climb](#) – Enjoy an elevated adventure with the exhilarating Story Bridge Adventure Climb and dare yourself to Walk the Plank or do a Cantilever Lean Out high above the river.

[GoBoat](#) – Captain your own adventure and hop on board an electric GoBoat for a leisurely picnic by boat.



[V2Heli](#) – Brisbane's premier helicopter operators encourage a custom helicopter package and bespoke route to suit your unique preferences for sightseeing in Brisbane and beyond.

[Koala and River Cruises](#) – Nature lovers will love to cruise the Brisbane River and visit Lone Pine Koala Sanctuary to meet over 130 koalas, kangaroos and native Australian wildlife before cruising back to the city and taking in Brisbane's iconic attractions and historic landscapes.

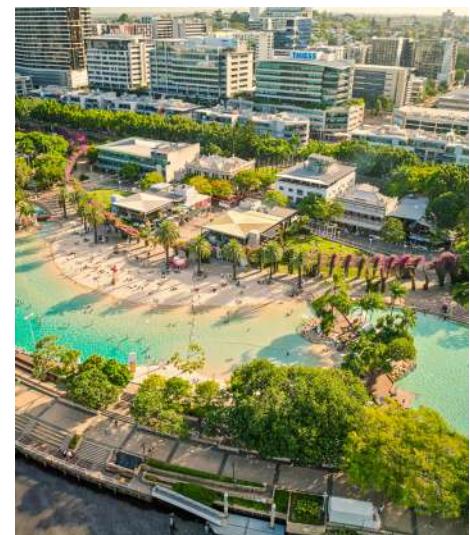
[QAGOMA: Tour + Lunch Experience](#) – Explore the history and highlights of Queensland's renowned art galleries, uncovering stories behind iconic artworks, before enjoying a relaxing riverside lunch at the GOMA Bistro.

[Wheel Of Brisbane](#) – An iconic landmark on the South Bank skyline, the air-conditioned gondola ride, hear engaging Brisbane facts and experience South Bank and The City from a new perspective.

Explore Brisbane's Natural Playgrounds

[New Farm](#) – An iconic riverside destination, New Farm, is home to the beloved Brisbane Powerhouse, a 1920s power station lovingly restored and reborn as Brisbane's celebrated arts centre. See a comedy or theatre show, dance the tango in the heritage-listed gazebo, delight in the famous rose gardens or sit riverside with a picnic.

[Mt Coot-Tha](#) – Nature lovers should venture to Mount Coot-Tha, where a scenic hike leads to breathtaking panoramic views of the city, complemented by the tranquil Botanic Gardens at its base as well as the Sir Thomas Planetarium.



[South Bank](#) – Stroll the pretty flowered arbour, wander through the 17 hectares of riverfront lush parklands, sink your toes into Streets Beach, don't miss live music on Sundays or shipping history at Queensland Maritime Museum.

[City Botanical Gardens](#) – Offers a relaxing green space to chill on the lawn and spend a lazy afternoon in the sunshine, or wander through the themed gardens, stroll the many pathways or along the iconic riverside walkways.



DAY 4: ISLAND PARADISE

With paradise at your doorstep, it's time to discover the idyllic islands on Brisbane's coastline. From glistening white-sand beaches, native wildlife and breathtaking natural wonders, there's an abundance of activities and tours available. Jump on a ferry, charter a boat, join a day tour or set off on your own; your sense of discovery won't go unsatisfied.

Moreton Island / Mulgumpin

Cruise across to Moreton Island/ Mulgumpin, the third largest sand island in the world, to discover this natural wonder.

At just an hour by luxury catamaran from Brisbane, [Tangalooma Island Resort](#) offer unique day trips including a range of epic island based tours and activities with access to resort facilities. Take in the view from a scenic heli-flight, explore the island on quad bikes, kayak the crystal-clear water, toboggan down the sand dunes, or snorkel the shipwrecks for the ultimate fish-spotting playground. Whether you're looking for an action-packed day, or something a little more relaxing, Tangalooma Island Resort has something to offer everyone.

To explore the natural wonders of Moreton Island/Mulgumpin in an epic day trip, join a tour with [See Moreton, Australian Sunset Safaris](#), [Adventure Moreton Island](#). Highlights include snorkelling the Tangalooma Wrecks, marine life encounters, guided walks, heritage experiences and adventure at your own pace.



North Stradbroke Island / Minjerribah

With seemingly endless white sandy surf beaches, scenic rocky headlands, quaint villages and the freshest of fresh seafood it's easy to see why locals and visitors alike love the wonders of North Stradbroke Island/ Minjerribah. It's the second largest sand island in the world and only a speedy 45-minute ferry trip from Cleveland, a 40-minute drive from The City.

Embark on a range of exciting tours and activities that will get you off the grid and back to nature. Join [Yura Tours](#) where you can experience a moving Welcome to Country and explore sacred sites with a guided tour led by a local Quandamooka guide, or visit [Delvene Cockatoo-Collins Art](#) for independent First Nations art pieces that embody a deep connection to country. Enjoy a local experience with [Hit the Road Tours](#) to try sandboarding, kayaking, 4WD adventures, whale watching and fishing trips, or [Stradbroke Island Tours](#) for a guided nature and wildlife tour, or experience a magical full day [Kiff and Culture Tour](#).

Explore North Gorge Walk, the perfect stroll for nature lovers, where sightings of kangaroos and an array of marine life can be spotted almost year-round, and from June to November, grab your binoculars for land-based whale watching. Continue along the coast to Cylinder Beach, a patrolled surf beach perfect for swimming, and afterwards enjoy local brews and sunset views at [Straddie Brewing Co.](#) in Dunwich. A haven for surfers, boaters and both thrill-seekers and chill-seekers, a North Stradbroke Island/ Minjerribah getaway will leave you wanting more.

Bribie Island, Moreton Bay Region

Bribie Island is the only island in Queensland connected to the mainland by bridge, and has a combination of calm bay beaches and surf beaches ideal for either a leisurely swim or surfing safari. Bribie Island makes for a gorgeous island escape and is popular with nature lovers, water sport enthusiasts and families alike. Join [G'day Adventure Tours](#) for adventures abound, find romance as the sun sets on a [Bribie Island Gondola Cruise](#) or stay a little longer at [Bribie Beachside Hub](#).



OVERNIGHT STAY OPTIONS

[Tangalooma Island Resort](#),
Moreton Island/ Mulgumpin

[Allure Stradbroke Resort](#),
North Stradbroke Island/ Minjerribah

[Bribie Holiday Hub](#),
Moreton Bay Region



DAY 5: TAKE A DAY TRIP

Within just an hour's drive of the city, explore Brisbane's backyard and beautiful regions. Feast on local produce with food and wine regions abound, hike through tranquil world-heritage listed rainforests, discover a charming world of hinterland day trips or seek out picturesque bayside villages.

Scenic Rim

The [Scenic Rim](#)'s spectacular scenery of sweeping valleys and mountain ranges combines the best of both worlds: brimming paddock-to-plate foodie experiences, eco-escapes and great outdoor adventure activities all within an hour of Brisbane. With national parks and World Heritage rainforests, nature lovers can enjoy an [Eco Safaris Tour](#) or explore the [Gondwana Rainforest World Heritage area](#), or explore [Tamborine Mountain](#)'s tranquil rainforests and picnic spots. Visit hidden gems like [Witches Falls Winery](#), [Witches Chase Cheese Co.](#), [Tamborine Mountain Distillery](#), and [Cauldron Distillery](#) for unique foodie experiences. For animal lovers, [Mountview Alpaca Farm](#) or [Summer Land Camels](#) provide authentic family farm fun, along with the Homestead Café for dromedary-dairy treats.



Moreton Bay Region

Just a short drive from Brisbane's City, [Moreton Bay Region](#) offers a natural playground of seaside villages, rugged mountain ranges, and thriving national parks. Venture to [Ocean View Estates](#) at Mount Mee to taste handcrafted wine and elegant dining, take in the views of the vineyard, lake and stunning surrounds.



Make tracks to Redcliffe, with its historic pier, renowned fish and chips and plenty of protected places to cool off with a dip.

Family favourites, [Trevena Glen Farm](#) and [White Ridge Farm](#) offer a variety of friendly farm animals, tractor rides and café.



From June – October, join [Brisbane Whale Watching](#) to witness majestic humpback whales frolic across the bay performing acrobatic displays as they leap, roll and breach their way through the sub-tropical waters, you will be enchanted and captivated by their antics.

Redlands Coast

If picturesque wineries, wildlife encounters and a stunning coastline filled with island adventures are a holiday must, then plan a day trip to the [Redlands Coast](#). Get up-close and personal with the marine life of the bay and sail your way around the Redlands Coast with [Aria Cruises](#) or [Brisbane Yacht Charters](#), or for an inland activity, head to award-winning [Sirocco Winery](#) – a must for food and wine lovers. Venture to Cleveland to jump onboard a ferry heading to [North Stradbroke Island / Minjerribah](#) to explore picturesque beaches, meet local wildlife and relax in nature. Or be immersed in a cultural island experience led by an experienced Quandamooka guide on Country, [Yura Tours](#).

Ipswich

Head west towards [Ipswich](#) to start your day by discovering the lush and rolling landscapes from the skies above on a leisurely [Floating Images Hot Air Balloon](#) ride. Then journey to Spicers Hidden Vale for a luxurious country retreat, featuring hatted restaurant, [Homage](#), as well as [Hidden Vale Adventure Park](#) with over 120km of mountain biking trails.

Logan

[Logan](#) is a thriving multicultural hub, home to more than 230 different cultures. For multicultural immersion explore the [Chung Tian Temple](#), [Kingston Butter Factory Cultural Precinct](#), [Alien Night Markets](#) or [Distillery Road Market](#). For a taste of fascinating history in distilling, head to [Beenleigh Artisan Distillery](#) or reconnect with nature at the [Daisy Hill Koala Centre](#).

