



AHTA 2025 Program – Virtual Presentations

Gold Coast Convention & Exhibition Centre

29th – 31st August 2025

CONFERENCE DAY 1: FRIDAY 29 th AUGUST		
8.00 am - 10.40am	SESSION 1 Session Chairs: Karina Lewis and Jade Wong	Meeting Room 5-8 Session sponsored by 
8.00 am - 8.10 am	Welcome to Country	
8.10 am – 8.40 am	AHTA President's welcome, Jade Wong <i>Including member recognition – 10 years, 20 years, 30 years and 40 years membership</i>	
8.40 am – 9.10 am	Critical work in Government to support and advance the allied health professions, Anita Hobson-Powell , Chief Allied Health Officer	
9.10 am - 10.10 am	<i>Keynote Address: Advanced practice in the UK – past, present and future, Sarah Mee</i>	
10.10 am - 10.30 am	The human being: the purpose of our work, Dr Dinesh Palipana	
10.30 am - 10.40 am	Panel questions	
11.10 am - 12.30 pm	SESSION 2	
11.10 am - 12.30 pm	Concurrent session 2B Room 6 <i>Attendance: In-person and virtual</i> Chair: David Coles The role of laser photobiomodulation therapy (PBMT) in the rehabilitation of hands, wrists and upper limbs, Tina Czech	Concurrent session 2C Room 7 <i>Attendance: In-person and virtual</i> Chair: Barb Hall Public health stream Exploring advanced scope hand therapy roles. Shaping the future: Pathways, possibilities, and practical implementation in public health, Barb Hall, Lauren Irvine, Jo-Anne Sobb, Kath Dalton

1.30 pm - 3.30 pm	SESSION 3 Session Chair: Luke McCarron and Jo O'Sullivan		Meeting Room 5-8
1.30 pm - 1.50 pm	From curiosity to impact: AI for the busy hand therapist, Jessica Francis		
1.50 pm - 2.10 pm	Healthcare by design: Empathy, innovation, and the future, Professor Evonne Miller		
2.10 pm - 2.30 pm	Value based health care in public health systems, Kath Dalton		
2.30 pm - 2.40 pm	Panel questions		
2.40 pm - 3.00 pm	Diagnostic accuracy of point-of-care ultrasound versus radiographic imaging for paediatric distal forearm fractures, Professor Randy Bindra		
3.00 pm - 3.30 pm	<i>Panel: Art vs. Science: An interactive discussion of hand therapy topics, Assistant Professor Luke McCarron, Professor Randy Bindra, Sarah Mee, Joy Hanna</i>		
4.00 pm - 5.20 pm	SESSION 4		
4.00 pm - 5.20 pm	Concurrent session 4B Room 6 <i>Attendance: In-person and virtual</i> Chair: Hannah Munro Paediatric workshop - practical focus covering assessment for congenital and paediatric fractures, Kath Dalton and Sian Williamson	Concurrent session 4C Room 7 <i>Attendance: In-person and virtual</i> Chair: Shanna Mahomed Sports and exercise Upper limb injuries in tennis players, Dr Timothy Wood Rehabilitation of the wrist for return to tennis, Anna Wishink	

CONFERENCE DAY 2: SATURDAY 30 th AUGUST		
9.00 am - 10.40am	SESSION 5 Session Chairs: Vicky Allbrook and Carla Bingham	Meeting Room 5-8 <i>Session sponsored by</i> 
9.00 am - 9.50 am	Founders Lecture – Dr Lauren Miller	
9.50 am - 10.10 am	Proximal phalangeal fractures, Associate Professor David Graham	
10.10 am - 10.30 am	Patient-focused care for elbow tendinopathy, Dr Brooke Coombes	
10.30 am - 10.40 am	Panel questions	
10.40 am - 11.10 am	Morning tea & trade exhibition	Meeting Room Foyer
11.10 am - 12.30 pm	SESSION 6 Session Chairs: Bhavana Jha and Jessica Holding	Meeting Room 5-8
11.10 am - 11.30 am	Recognising and responding to domestic and family violence in hand therapy practice: Hands-on referral pathways, Jelena Senic	
11.30 am - 11.40 am	Free papers	
11.40 am - 11.50 am	<i>Clinical paper:</i> Optimising processes to improve the patient journey and deliver more efficient clinical services, Jo-Anne Sobb	
11.50 am - 12.00 pm	<i>Scientific paper:</i> Range of motion and strength measures in de Quervain's syndrome: a cross-sectional study, Brodwen McBain	
12.00 pm - 12.10 pm	<i>Scientific paper:</i> Functional outcomes following conservative management of extra-articular proximal phalanx fractures, Tanya Cole	
12.10 pm - 12.20 pm	<i>Scientific paper:</i> Beyond Physical Recovery: Understanding the Lived Experience of Distal Radius Fracture Recovery within the Australian Healthcare System, Terra Bredy	
12.20 pm - 12.30 pm	<i>Scientific paper:</i> Hand therapy scope of practice and competencies: a scoping review, Tracey Clark	
12.30 pm - 12.40 pm	Panel Questions	
12.50 pm - 1.20 pm	OPC Health lunchtime workshop: LymphaTouch Masterclass , <i>Helen Cameron & clinicians</i> Enhance your skills in using the LymphaTouch device with our interactive hands-on training session. The session will provide tips and tricks on how to integrate LymphaTouch into your clinic by working in smaller groups with experienced clinicians	Meeting Room 5
1.30 pm - 2.50 pm	SESSION 7 Session Chair: Cassandra Chiesa and Jo-Anne Sobb	Meeting Room 5-8
1.30 pm - 1.50 pm	The buddy study: Reach, adoption and implementation of a randomised controlled trial on the management of 5th metacarpal fractures, Dr Richard Pellatt	
1.50 pm - 2.10 pm	From a health service drought to a technology tsunami: Providing relevant and accessible care for our rural and remote hand therapy patients, Dr Gail Kingston	
2.10 pm - 2.20 pm	Free papers	
2.20 pm - 2.30 pm	<i>Scientific paper:</i> The use of relative motion orthoses in the management of hand conditions: A 10-year updated scoping review, Melissa Hirth	
2.30 pm - 2.40 pm	<i>Scientific paper:</i> The rural hand therapy service: a novel model of care for rural hand therapy service delivery, Sue Williams	
2.40 pm - 2.50 pm	<i>Clinical paper:</i> In hand: Bridging the gap in psychosocial care for patients with hand injuries related to the use of violence, Karina Lewis	
2.50 pm - 3.00 pm	Panel questions	

3.20 pm - 4.50 pm	SESSION 8	
3.20 pm - 4.50 pm	Concurrent session 8B Room 6 <i>Attendance: In-person and virtual</i> Chair: Abbie Waddick Diagnostic ultrasound of the hand and wrist: A Sonographers guide to imaging common pathology, Holly Dalton Ultrasound machine sponsored by Canon Medical	Concurrent session 8C Room 7 <i>Attendance: In-person and virtual</i> Chair: Sally Colwell Wrist practical – assessment, treatment, Sarah Mee

CONFERENCE DAY 3: SUNDAY 31ST AUGUST		
8.30 am - 10.30 am	SESSION 9 Session Chairs: Lauren Miller and Celeste Glasgow	Meeting Room 5-8
8.30 am - 9.20 am	<i>Keynote address:</i> Radiology for therapists, Sarah Mee	
9.20 am - 9.30 am	Q&A Sarah Mee	
9.30 am - 9.40 am	Free papers <i>Scientific paper:</i> Evaluating the effectiveness of a hand therapy-led clinic in managing acute hand fractures: Impact on patient outcomes and healthcare resource utilization, Stephanie Tawse	
9.40 am – 9.50 am	<i>Scientific paper:</i> Understanding occupation-centred practice in hand therapy: A Delphi study of occupational therapists, Jessica Holding	
9.50 am – 10.00 am	<i>Clinical paper:</i> The role of hand therapists in promoting bone health following low-trauma distal radius fractures, Emilie Myers	
10.00 am – 10.10 am	<i>Clinical paper:</i> The impact of custom orthoses on healing timeframes for radial forearm flap donor sites: a mixed-methods, consumer co-designed service evaluation, Frances Thomsen	
10.10 am – 10.20 am	<i>Scientific paper:</i> Rehabilitation following distal triceps repair: a scoping review, Catherine Chong	
10.20 am - 10.30 am	Panel questions	
11.00 am - 12.30 pm	SESSION 10 Session Chairs: Christina Harwood and Jade Wong	Meeting Room 5-8
11.00 am - 11.20 am	Tips and tricks session	
11.20 am - 11.40 am	Sustainability in healthcare, Emma Kite	
11.40 am - 11.50 pm	Panel questions	
11.50 am – 12.30 pm	2026 Conference announcement	
	Awards & prizes	
	Close of conference	

Program correct at time of publishing and subject to change.