**Embedding PIMH care and research into a primary care obstetric service – a ‘one stop shop’ for families in WA.**

Dr Stuart Prosser1, Dr Julia Feutrill2, Dr Caroline Zanetti2

1. One For Women, Perth, Australia
2. Elizabeth Clinic, Perth, Australia

stuart@oneforwomen.com.au

In Western Australia, there has been considerable work and collaboration between services to bring PIMH to the forefront of health care, as embodied in the WA Perinatal and Infant Mental Health Model of Care 2016 (PIMH MOC). The translation of the concepts in the PIMH MOC to clinical practice, especially inclusion of PIMH awareness, and engagement across services and funding sectors has been challenging, as there are considerable barriers.

This symposium discusses how two unique health services have collaborated together to provide a comprehensive health and wellbeing model of care for families in the perinatal period. *One for Women* *(OFW)* is a GP-led perinatal health care service and *The Elizabeth Clinic (EC)* is a specialist perinatal and infant mental health care service in private practice in Perth WA. Together, they have shared their expertise to create a ‘one stop shop’ for young families.

The development of the OFW team-based obstetric model, within a primary care setting, will be discussed. The care delivered is patient-focussed with a particular focus on education, utilisation of appropriate screening tools and continuity of care.

A brief overview of the Elizabeth Clinic will provide insights into the way PIMH can be part of specialist care for families from preconception through to the early years of parenting.

There will be particular reference to a more comprehensive and assertive clinical pathway aimed at detecting risk factors for mental health and early dyadic relationship issues and early intervention pathways.

Novel primary care screening tools will also be described - their clinical usefulness, ease of use and capacity to educate clinicians. The integration of primary health providers and specialised PIMH providers will be discussed, highlighting the importance of breaking down the barriers and the value of an integrated approach to the delivery of care.