



Evidence and
Implementation
Summit 2023
9-11 October

Melbourne, Australia & Online



Behavioural and Implementation
Science Interventions
Yong Loo Lin School of Medicine



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#152 - Implementing an evidence informed model in real world settings: panel discussion of the CARE model in Australia

Presenting Author(s)*

1. Dr Belinda Mayfield
2. Amanda Dunn
3. Chris Brown
4. Greg Antcliff
5. Veronica Marin

Affiliation

1. Life Without Barriers
2. Safe Places for Children
3. Big Brown House
4. Life Without Barriers
5. Residential Child Care Project
6. Cornell University.

Country of residence

Australia

Objectives/aims

Evidence based program models when implemented and sustained with fidelity can help close the gap between what research shows is effective and what actually occurs in day-to-day practice. Since 2007, over 100 programs internationally including the United States, Canada, Australia, the United Kingdom, Ireland and Spain have implemented Cornell University's model for therapeutic care, CARE: Creating Conditions for Change. CARE is an organising framework, based on six principles (relationship based, family involved, developmentally focused, trauma informed, competence centred, ecologically oriented), three key organisational processes (reflective practice, participatory leadership and data informed decision making), and an implementation process that includes training, and ongoing technical assistance. The aim of this panel presentation is to explore questions of translation, transportability and sustainability of the implementation of the CARE model in the Australian practice context, including residential care and foster and kinship care in urban and regional sites.

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Methods

This session is structured to be an interactive dialogue between the panel and audience, moderated by the facilitator, Dr Belinda Mayfield. To set the scene the facilitator will provide a brief overview of the CARE model, followed by short presentations from the four panel members to outline:

- Their different practice settings and any adaptations this requires
- Challenges and successes including observable practice changes
- The translational approach to implementation over 4-7 years with ongoing technical assistance and implications for sustainability with fidelity.

The session will be moderated to enable the majority of the time to involve questions and discussion with the audience.

Main findings

The aim is to facilitate reflection, discussion, and debate about what works, and the transportability of evidence across people, place, culture and systems. The panel session is designed to be of relevance to a range of participants including researchers, policy makers and agencies, grappling with the challenges of implementing and sustaining evidence-based programs. The panel discussion will be based on real-world impact on practice and will draw out key factors identified as being critical to successful implementation of the CARE model. These factors include the role of leadership, the translational research approach which provides on-site support and the use of a data informed implementation process. Observable practice changes and data from baseline and post-initial implementation will be shared.