

Embedding Drug and Alcohol Screening into Perinatal and Infant Mental Health Care



Hospitality | Compassion | Respect | Justice | Excellence



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Raphael Services

Raphael Services

Raphael Services were first established in 2003 and are now available at 18 locations across Western Australia, Victoria and New South Wales.

They provide:

- secondary level specialised mental health (including psychiatric) services to families in the perinatal and
- counselling and support to parents mental health problems in to infertility, prenatal testing or pregnancy loss
- education and support to other relevant services and organisations, including to face-to-face and telehealth consultation



Project Background

Studies of screening and brief intervention for women in the perinatal period who use alcohol and other drugs is very limited in Australia.

Research shows in Australia:

- Approximately 1/3 of pregnant alcohol
- 12% of women smoke during
- 2% of women use illicit drugs when breastfeeding



Why screen

- World Health Organisation recommends

We can positively
influence women's
choices about
substance use in
pregnancy

Inform possible
risks

Provide
education

Access to
appropriate
services



Implementation

- Ascertained caregiver knowledge and attitudes
- Developed and delivered a perinatal AoD training program
- Identified referral pathways and develop resources
- Rolled out new enhanced model
- Provided caregiver supervision
- Evaluated client, caregiver and experience
- Built sustainability

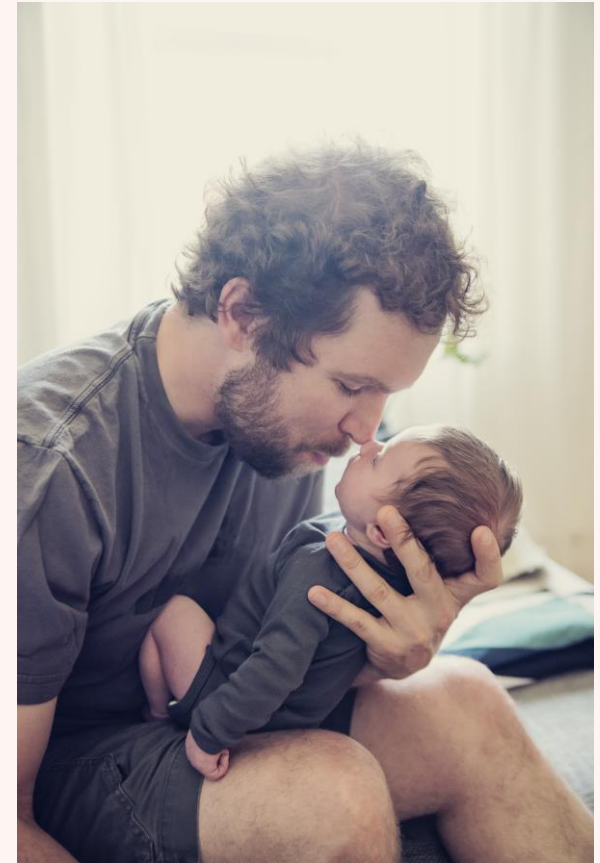


The reality



Other Activities

- Health professional capacity building
- Developed an interactive perinatal AoD pathway
- Developed an interactive perinatal AoD resource
- Developed a video for GP's *clients about substance period*
- Developed an online learning
- Facilitated a national case study review



Questions??

