



Health

Hunter New England
Local Health District

Identifying opportunities to develop the science of implementation for community-based NCD prevention: A review of implementation trials.

This study aimed to characterise experimental research regarding strategies to improve implementation of chronic disease prevention programs in community settings.



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- Data collected in 3 comprehensive systematic reviews undertaken between August 2015 and July 2017 – ***Schools, Childcare Centres, Sporting Clubs.***
- Assessing a strategy to improve the implementation of policies, practices or programmes targeting ***diet, physical activity, obesity, tobacco or alcohol use.***



Results



➤ **Most common implementation strategies;**

- educational meetings (n=38, 95%)
- educational materials (n=36, 90%)
- educational outreach visits (n=29, 73%)

➤ **Implementation Outcomes reported;**

- fidelity (n=40, 100%)
- appropriateness (n=11, 28%)
- acceptability (n=8, 20%)
- feasibility (n=8, 20%)

➤ **Study quality;**

- high risk of performance bias (n=38, 95%)
- high risk of detection bias (n=24, 60%)

