Applying complex systems to implementation evaluation in peer-led health promotion interventions: The W3 Project









Role of peer and community led organisations in HIV prevention and treatment







What Works and Why (W3) Project

W3 Project took a systems approach to develop a 'system' level **program theory for community and peer-led organisations** to guide their planning, evaluation and evolution in a changing social and biomedical environment





)project.org.au

Collaborating Community and Peer Led Organisations

- Australian Federation of AIDS Organisations
- Australian Injecting and Illicit Drug Users League
- Harm Reduction Victoria
- Living Positive Victoria
- National Association of People Living with HIV/AIDS
- Peer Based Harm Reduction Western Australia
- Positive Life NSW
- Queensland Positive People
- Scarlet Alliance Australian Sex Workers Association
- Thorne Harbour / Victorian AIDS Council

W3 is funded by the Australian Government Department of Health





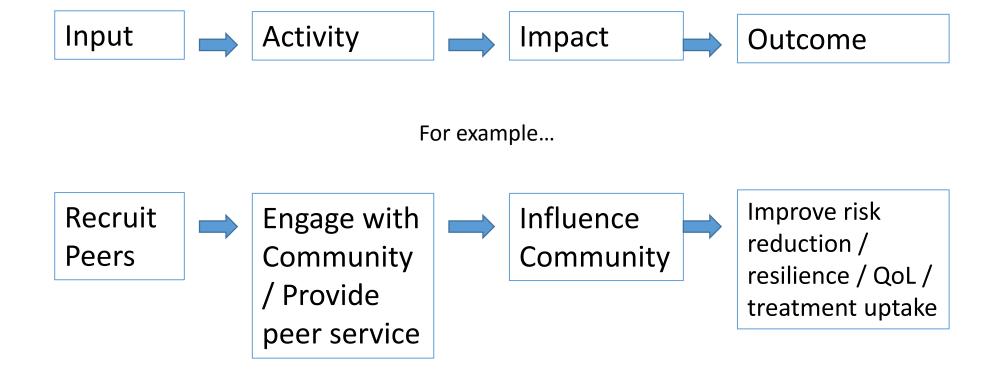
Four stages to develop W3 Framework

- 1. Highly participatory systems workshops with the partner organisations to develop system maps.
- 2. Collaboratively analysed the system maps to identify common themes and functions, and develop a draft framework.
- 3. Draft framework reviewed by additional peer organisations and stakeholders from across Australia
- 4. Worked with the partner organisations to apply the W3 Framework to identify draft quality and impact indicators





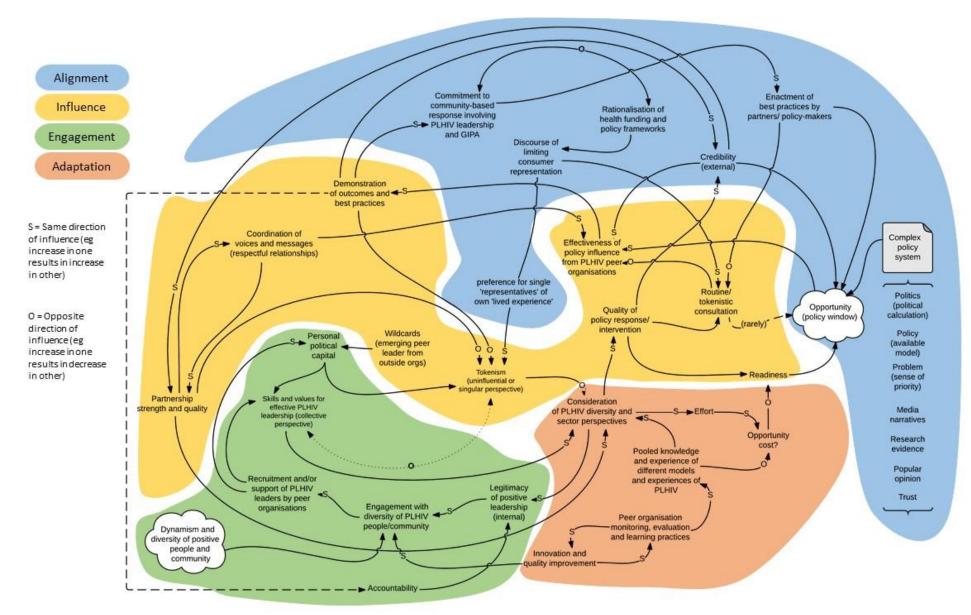
Instead of this....







We found this...



Community System

- diverse
- dynamic

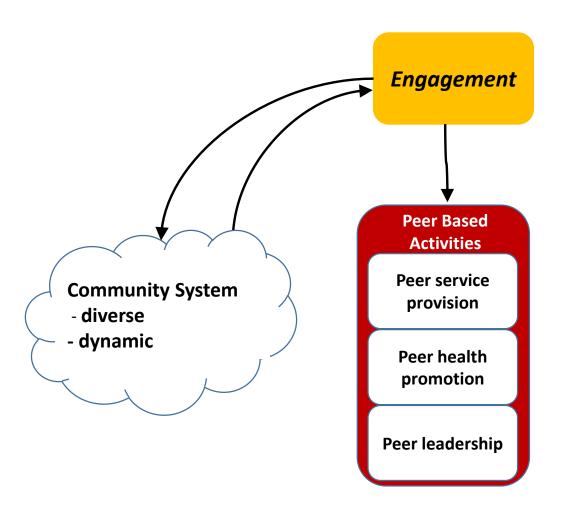
Peer Based Activities

Peer service provision

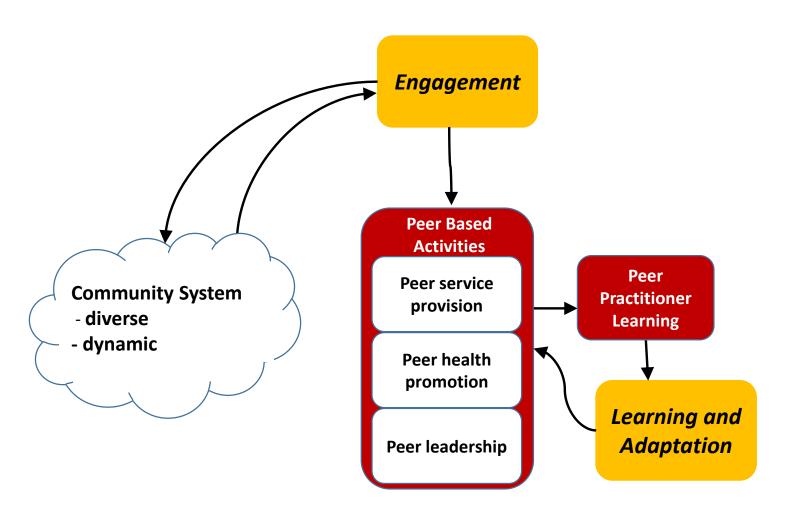
Peer health promotion

Peer leadership

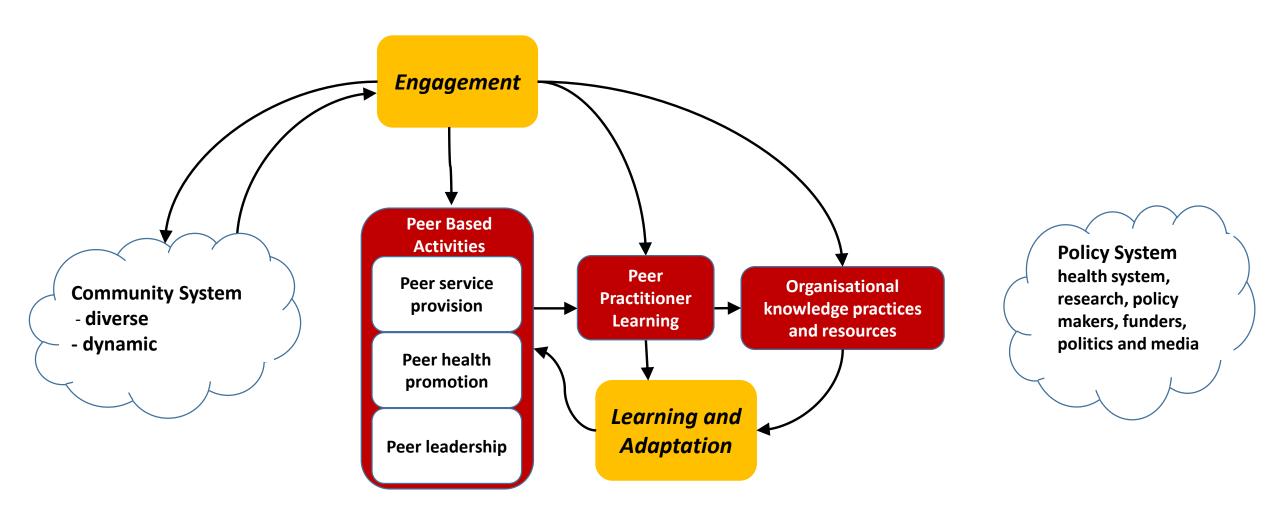
Policy System health system, research, policy makers, funders, politics and media

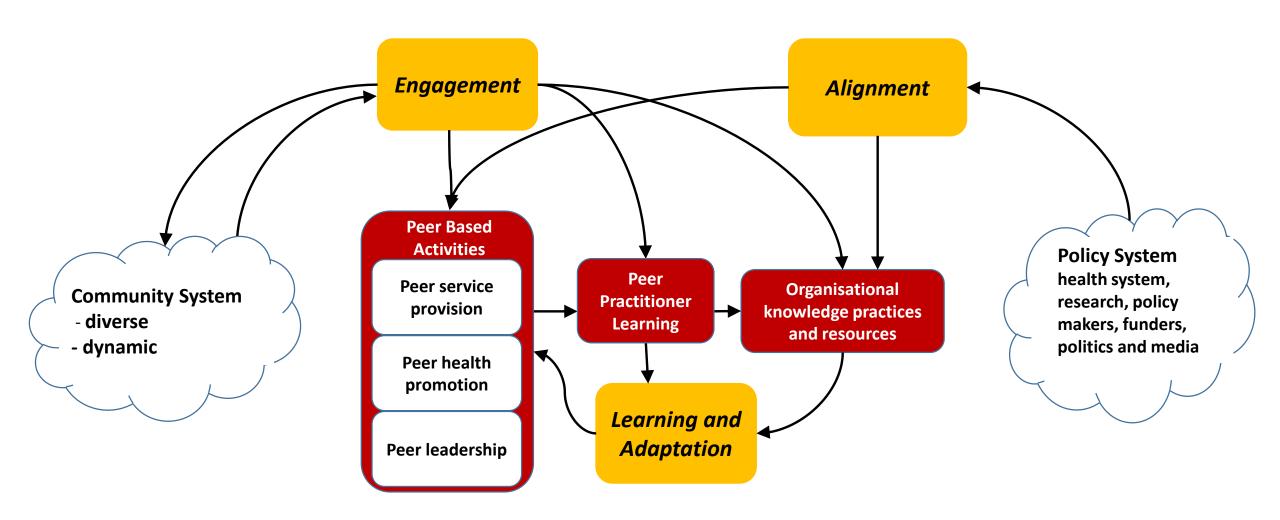


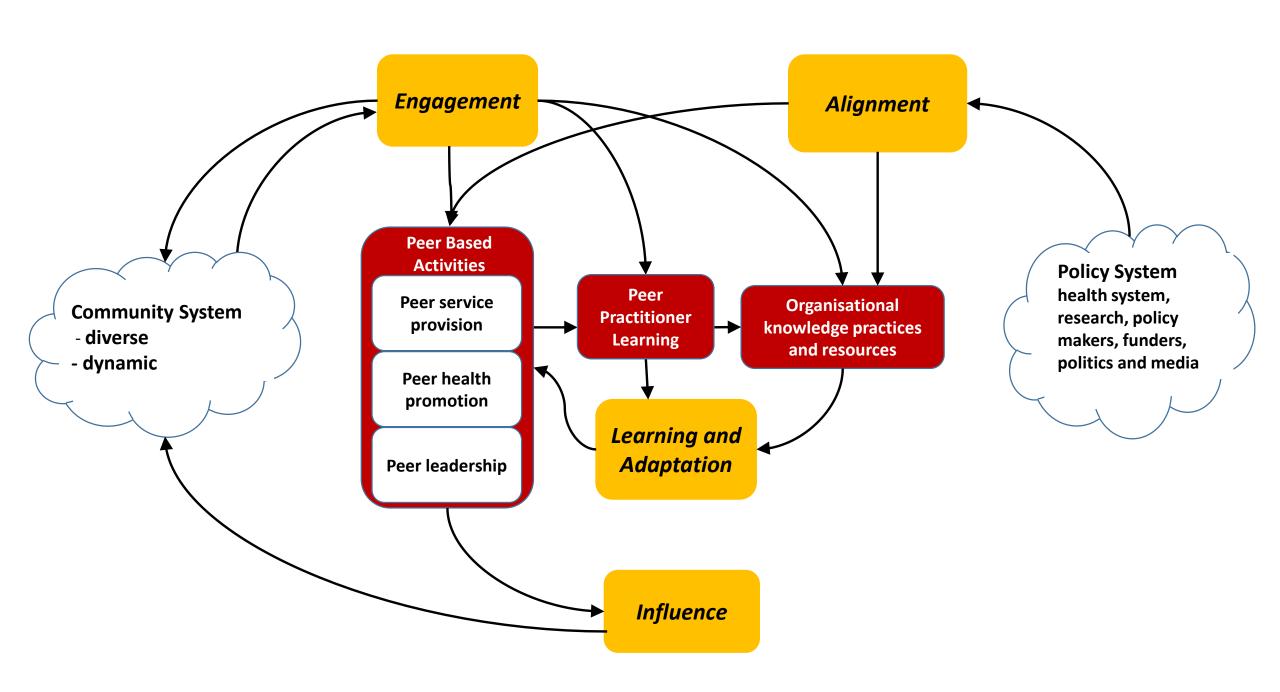
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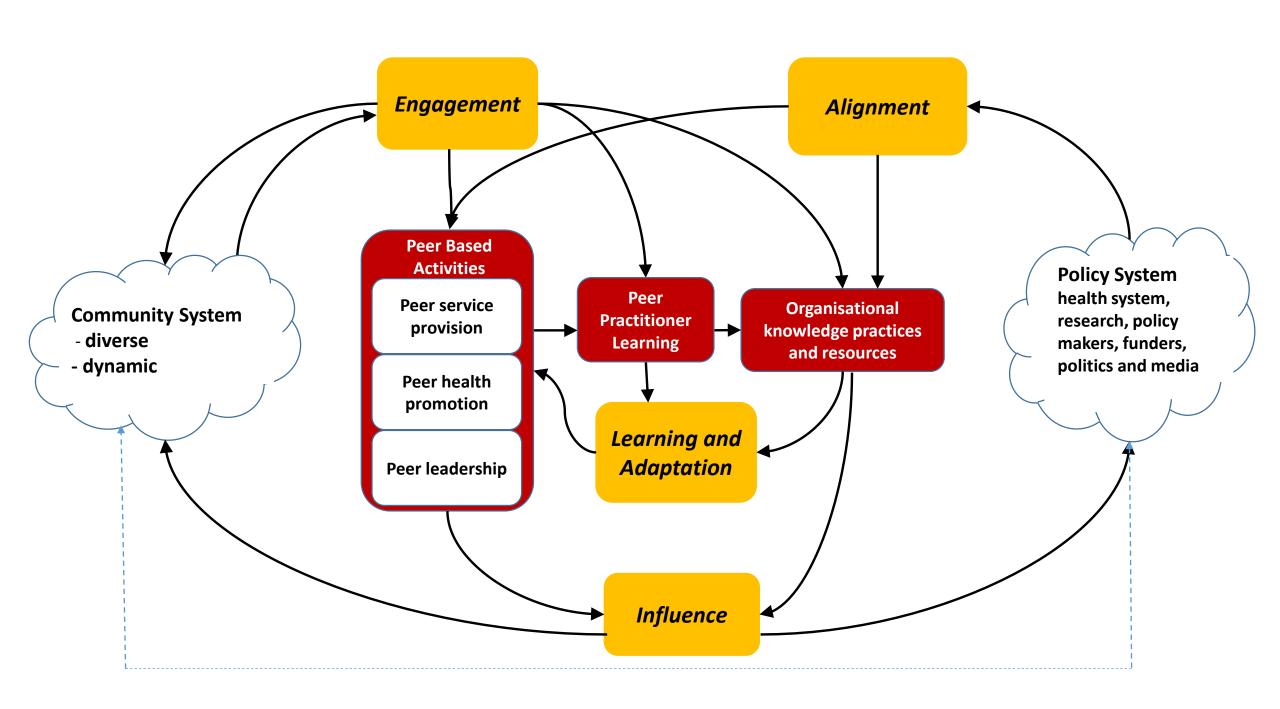


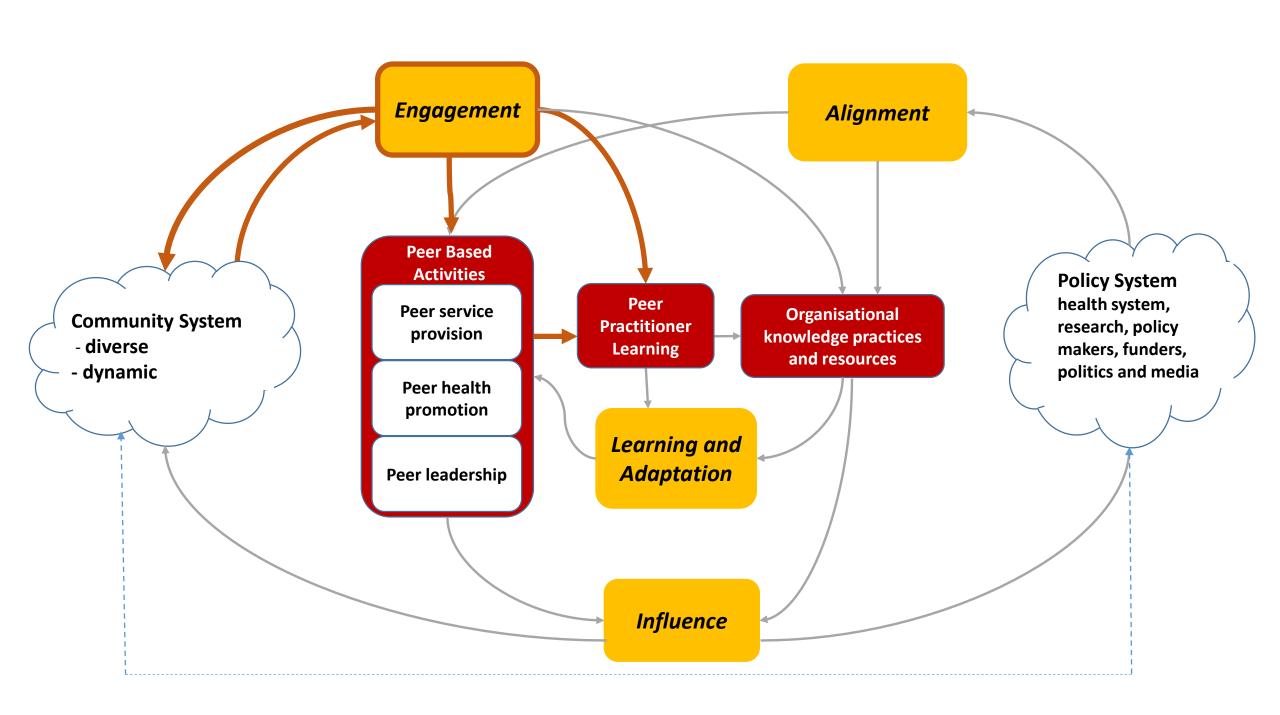
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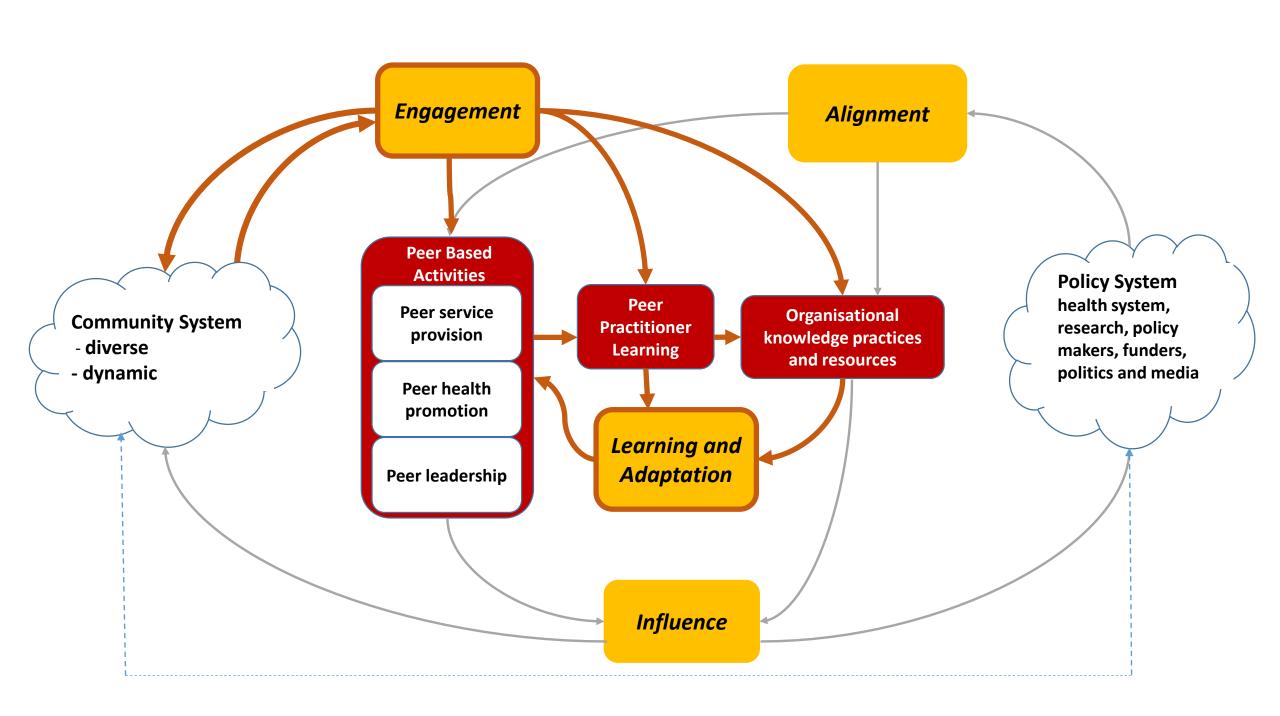


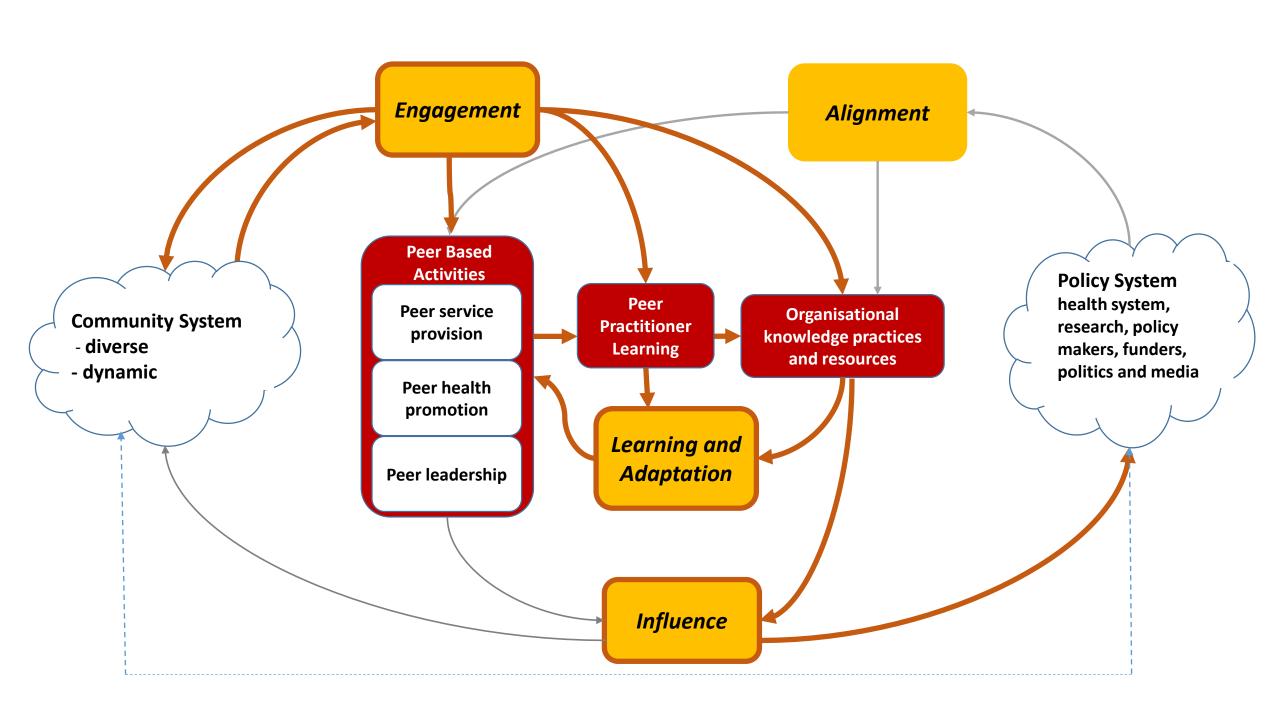


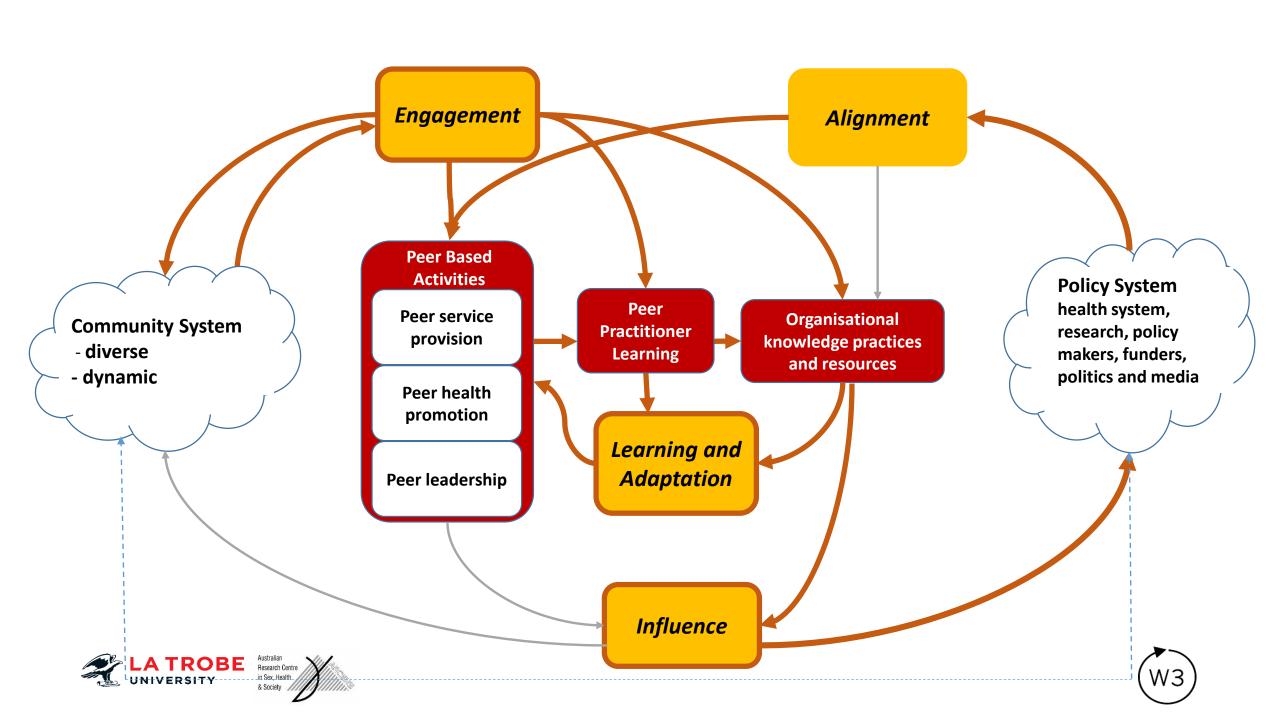












The four key functions are things that need to be happening for a program to be effective and sustainable in a constantly changing environment.

| Function | Definition | | | | |
|-------------------------|------------|--|--|--|--|
| Engagement | | engages with community to maintain its understanding of the amism of needs, experiences and identities in its target | | | |
| Alignment | | w the program picks up signals about what's happening in its policy vironment and uses them to achieve stronger alignment, synergy and rtnerships. | | | |
| Learning and Adaptation | | How the program uses peer skill to change and refine its approach according to new insights from engagement and alignment. | | | |
| Influence | Community | How the program participates in the community's existing ways of doing things to promote new ways of doing things. | | | |
| Influence | Policy | How the program achieves or mobilises influence on processes and outcomes within its policy environment. | | | |

Functions

Indicators that the function is occurring (quality and impact)

tools and practices for monitoring that are practical and sustainable in small peer organisations



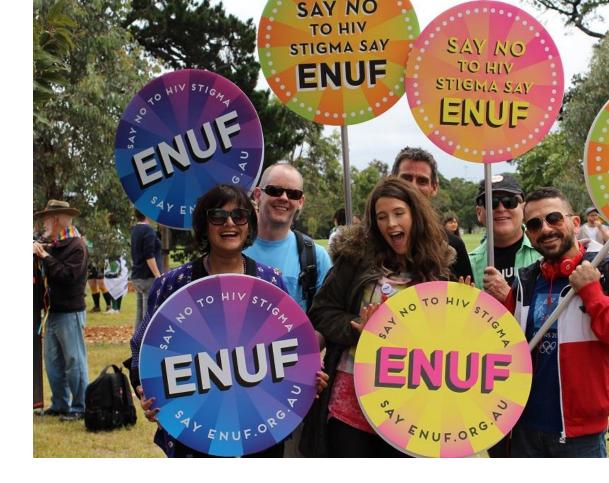


In closing.....

In a rapidly changing landscape, timely and persuasive community insights will be key

Recognise peer-led organisations as active participants and drivers within community and policy systems

Evidence that values this will more clearly demonstrate the role of peer and community led organisations.







Open access journal paper

• Brown, G., Reeders, D., Cogle, A., Madden, A., Kim, J., & O'Donnell, D. (2018). A Systems Thinking Approach to Understanding and Demonstrating the Role of Peer-Led Programs and Leadership in the Response to HIV and Hepatitis C: Findings From the W3 Project. *Frontiers in Public Health*, 6(231). doi:10.3389/fpubh.2018.00231

Go to google scholar and type "W3 Project Graham Brown"





Thank you

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Living Positive Victoria – Peer Navigator Program

| | • Outputs / F | Process | • | Outcomes |
|---------------------------------|---|---|---|--|
| Engagement | newly diagnClients are offprogram or cli | ering suggestions for improving peer navigator | • | Analysis of client data identifies who is being reached and who is currently not represented. |
| Alignment and Partnership | 70% of clinic staff report peer navigator program is an asset to their clinical practice. Case examples of health service adaptation or reorientation with the support or participation of the peer navigator program. | | • | 70% of clinics demonstrate culture, environment and referral protocols that support an effective peer navigator program. |
| Learning and Adaptation | _ | are collected are regularly collated and refine program and support peer leadership forts. | • | Indicators of quality peer interaction and peer skill are maintained across 80% of client sessions. |
| Influence | Community | Increase in clinical engagement indicators for peer navigator clients. Increase in endorsements or referrals to peer navigators within social media. | • | 60% of clients report increase confidence with health providers, disclosure,, resilience and quality of life. |
| | Policy | Increased interest from non-participating clinics in the peer navigator program. | • | Clinics seek and act on community insights from Peer Navigator program. |

Living Positive Victoria – Phoenix Workshop

| Function | Indicator | Source/data |
|---|---|---|
| Engagement | Diversity of PLHIV participating Passing resilience, health literacy and QoL | Participant pre eval |
| (process/quality) | Quality of peer interactions | Facilitator completed quality feedback |
| Alignment and partnership (process/quality) | Organisations referring to Phoenix Alignment of messages on key topics | Profile monitoring Participant feedback |
| Learning, Adaptation and peer skill (Process/quality) | Changing dominant topics Peer interaction, relevance, experience Facilitation and peer skill Tracking of emerging topics raised in workshops | Facilitator feedback Participant feedback |
| Influence | Resilience, health literacy and QoL Word of mouth referral | Participant post eval Community profile monitoring |
| (Impact) | Collation of peer insights shared Policy within LPV, and with partner organisations in sector Partner orgs seeking advice/insights | Phoenix monthly/annual reports Policy / advocacy |

Please Rate the Workshop on the Below Factors

15. Your sense of satisfaction/accomplishment in delivering the workshop

Group Factors

quality of peer interaction between participants

| | par | LIC | ipanis |
|---|----------|-----|------------------|
| 1. Participants report being satisfied with workshop | <u> </u> | | • |
| 2. Observed participants engaging with workshop activities | | | |
| 3. Observed supportive dialogue between participants (validation, sharing experience | s) | | |
| 4. Group agreements observed by participants | Pe | er | relevance |
| 5. Tensions positively resolved by participants (if any) | | | ngagamant |
| 6. Participants were inclusive during workshop activities | | | engagement |
| 7. Participants appear to have improved confidence (body language, talking about HP | Wi | ith | content |
| Program Content Factors | | | |
| 8. Observed participants engaging with workshop activities | | | |
| 9. The "anxieties and wishes" participants expressed were covered by workshop | | | |
| 10. Participants appear to have improved confidence (receiving/giving feedback, talking | ng | Pe | er skill and |
| about HIV, stigma and community engagement and volunteering). | - | fa | cilitator skills |
| | | Id | Cilitator Skills |
| Facilitator Factors | | | |
| 11. You had enough knowledge + experience as a peer | | | |
| 12. You had enough skills + capacity as a facilitator | | | |
| 13. Your rapport with participants | | | |
| 14. You felt supported as a facilitator | | | |





Facilitator Completed

Example open questions for note

 Were there any particular areas of interest from participants?

 Did any new/ emerging issues from participants come up during the workshop?

 What were the significant events/problems encountered?



