

# State and national initiatives focused on supporting evidence informed policy and practice

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Global Evidence and Implementation Summit

October 22, 2018

# Objectives

- Describe evidence and implementation activities of two national and one state organizations
- Demonstrate impact on policy and practice
- Discuss lessons learned

# Format

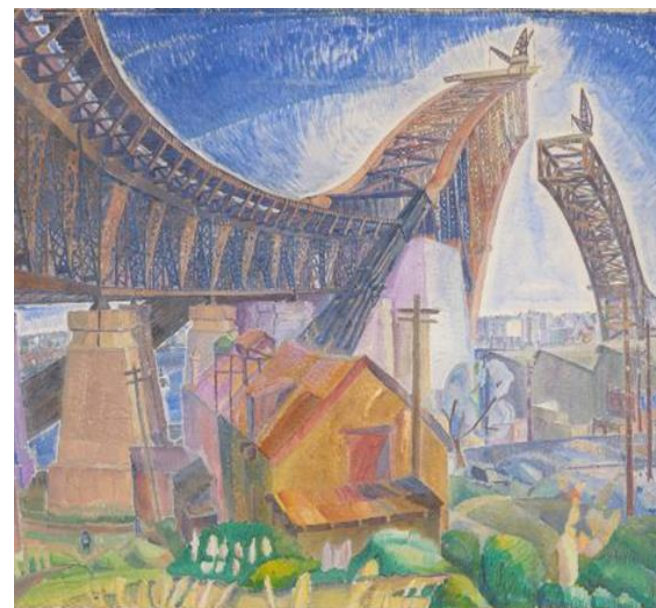
- Opening remarks
- Three 15 minute presentations from each organization
- 10 minutes for Q&A
- Wrap up

# The Global Evidence and Implementation Summit 2018

Dr Martin McNamara  
Deputy CEO  
Sax Institute  
23 October 2018

## To improve health and wellbeing by driving the use of research in policies, programs and services

- Not for profit, governance Board
- Infrastructure funding from NSW Ministry of Health
- Independent from any university or research group; 48 member organisations
- Work with around 70 policy and program agencies
- Systems and services developed and tested over more thirteen years



'The bridge in curve' Grace Cossington Smith

[www.saxinstitute.org.au](http://www.saxinstitute.org.au)

## Evidence informed policy

- Research Platforms
- Connecting and exchanging existing knowledge
- Dynamically developing new knowledge

## Research platforms



## Partnerships for change: SEARCH

- Long term study of the health of urban Aboriginal children (established 2005)
- Partnership between 4 ACCHSs, AH&MRC, researchers and Sax Institute
- Includes 1600 children and their carers; self report every five years, clinical and linked administrative data

Can we mobilise these data to improve outcomes?

Governance, partnerships, focus on outcomes,

Aboriginal knowledge broker





# Using the data to deliver outcomes

- Funds of \$4M for accelerated specialist services; approximately 200 ENT surgeries and 6000 occasions of speech therapy delivered – relies on SEARCH partnerships
- Trial of a housing improvement program
- Funding for additional ACCHS programs e.g. \$1M for smoking cessation program; new positions for speech therapists established
- Changes to ACCHS e.g. community gardens, fruit and vegetable delivery, changes to food served at ACCHS
- Impact on wider community e.g. schools and hospitals

## Using what we know



## Beyond reviews....

- 200 commissioned reviews through our rapid review program
- Successful in that : nearly all were used and on average for three purposes; high levels of satisfaction and return users

Moore G, Redman S, D'Este C, Makkar S, Turner T. Does knowledge brokering improve the quality of rapid review proposals? A before and after study. *Systematic Reviews*. 2017 Jan 28;6(1):23. doi: 10.1186/s13643-017-0411-0. PMID: 28129795. <https://systematicreviewjournal.biomedcentral.com/articles/10.1186/s13643-017-0411-0>

Moore G, Redman S, Rudge S, Haynes A. The use of rapid reviews: interviews with health policymakers in an Australian rapid review program (submitted)

But are they useful in choosing between policy options? What happens when the evidence is incomplete or where research comparisons are between single options?

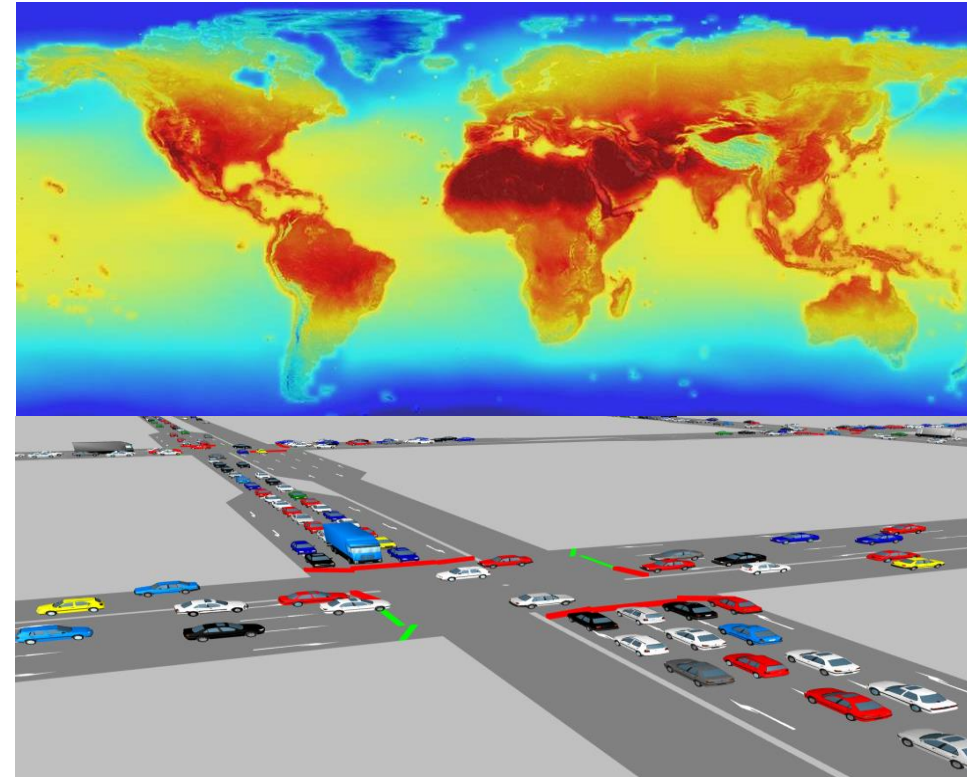
# New knowledge for today's challenges



# Synthesis for action

## Dynamic simulation modelling:

- Integrates **diverse evidence sources** (incl. practitioner knowledge)
- A '**what-if**' tool to enable policy makers to explore the impact of combinations of interventions / policy responses
- **Interactive** - can help build consensus among stakeholders with diverse views





# The model

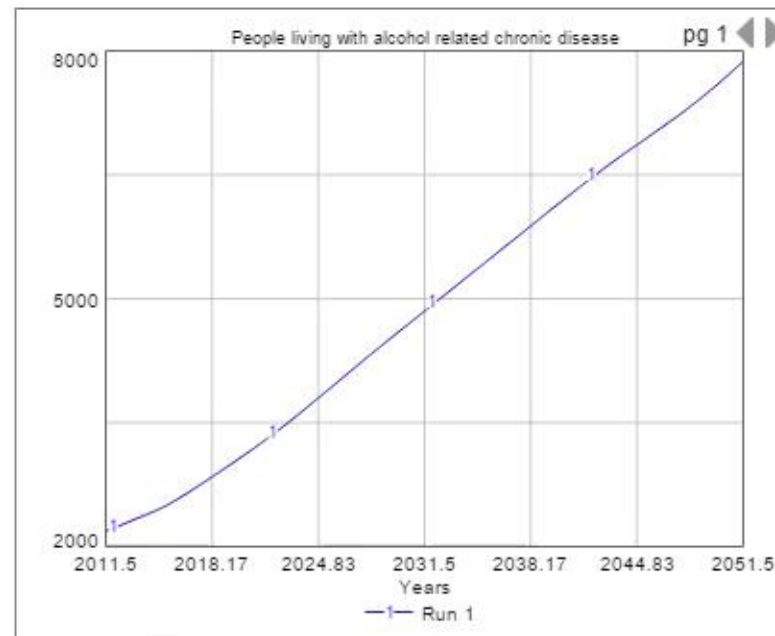
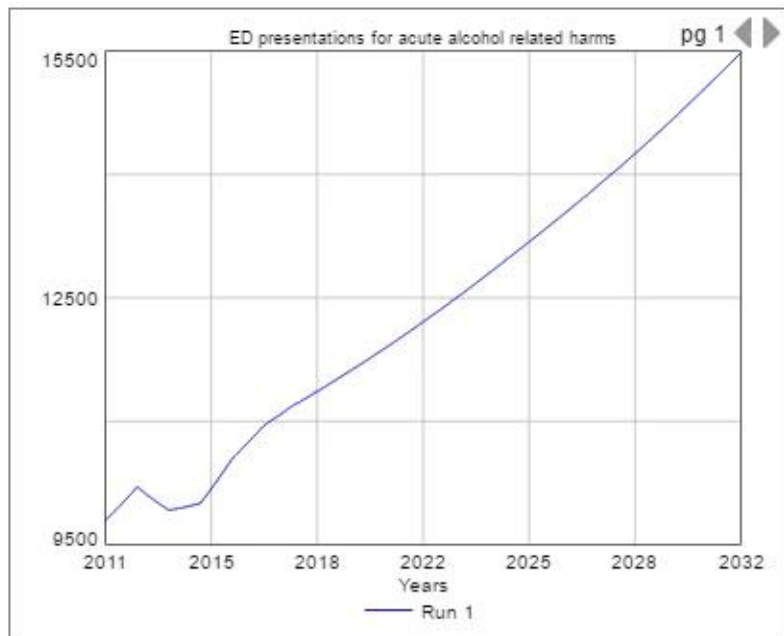
- Highly transparent model, assumptions explicit
- Includes published data, local data, expert opinion
- Alcohol: agent based model examining impacts on chronic and binge drinking, hospitalisation

The screenshot displays the 'NSW Alcohol Model: CompareRuns - AnyLogic Professional' interface. The top navigation bar includes tabs for Scenario, Overview Graphs, Behaviour, Services, Harms, and Problem Groups. Below the navigation bar, the 'Scenario Name' is set to 'Scenario A' with a 'Run' button. The main area is divided into three columns, each representing an intervention configuration:

- Intervention 1:** Action: 'Apply Treatment Services'. Parameters: 'Reduce alcohol craving by' (75%), 'Duration (Months):' (3), 'Reach (fraction):' (0.10). Occurs: 2017. Restrict to: 'Sex' (selected), 'Individuals Drinking at Low Levels', 'Age Group', 'Individuals Drinking at Moderate Levels', 'Individuals Drinking at Heavy Levels', 'Individuals With Damage from Alcohol Overuse'.
- Intervention 2:** Action: 'Change Lockout Regulation'. Parameter: 'Lockout time is' (6:00pm to 1:30 AM). Occurs: 2018.
- Intervention 3:** Action: 'Change Operating Hours'. Parameter: 'Closing time is' (6:00pm to 10:00 PM). Occurs: 2019. Includes checkboxes for 'Licensed Venues' and 'Bottle Shops'.

On the left side of the intervention panels, there are buttons for 'Add Intervention' and 'Clear Interventions'.

Background	Key Population and Harms Structures in the Model	Key Assumptions and definition of outputs	Explore Interventions	Unfurl model structure of alcohol consumption
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**Random Breath Testing**

- RBTs reduced 50%
- RBTs current levels
- RBTs increased 20%
- RBTs increased 50%

**Real Mates**  
Off/On

**Zero BAC to 25yrs**

**Density Restrictions**  
Off/On

**4.4**

Baseline annual Licence Growth Rate

**Intervention levers**

**Uniform Minimum Pricing**  
Off/On

**Good sports Level 3 mandatory**  
Off/On

**Early Closing**  
Off/On

**3**

New Closing Time (a.m.)

**Scale up treatments for dependent drinkers**

**2.6k**

Services target (from current capacity of 1400)

**Brief Interventions**  
Off/On

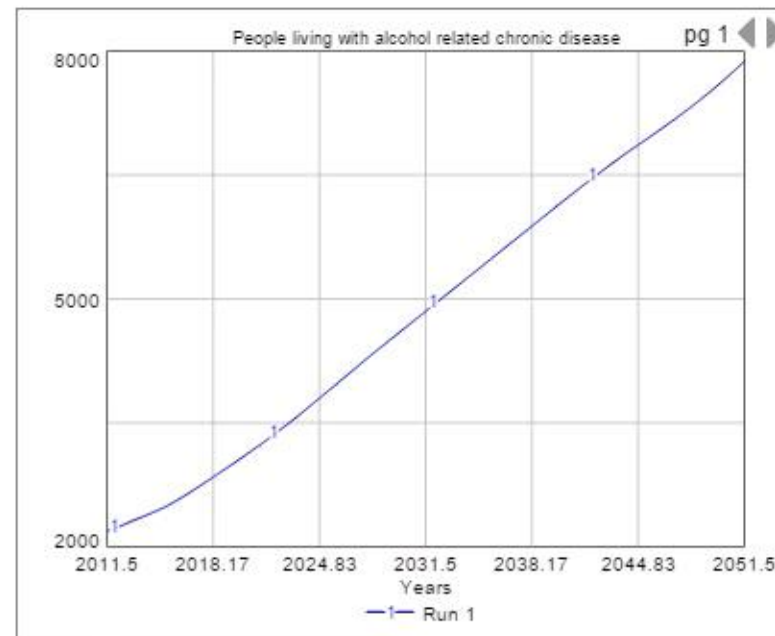
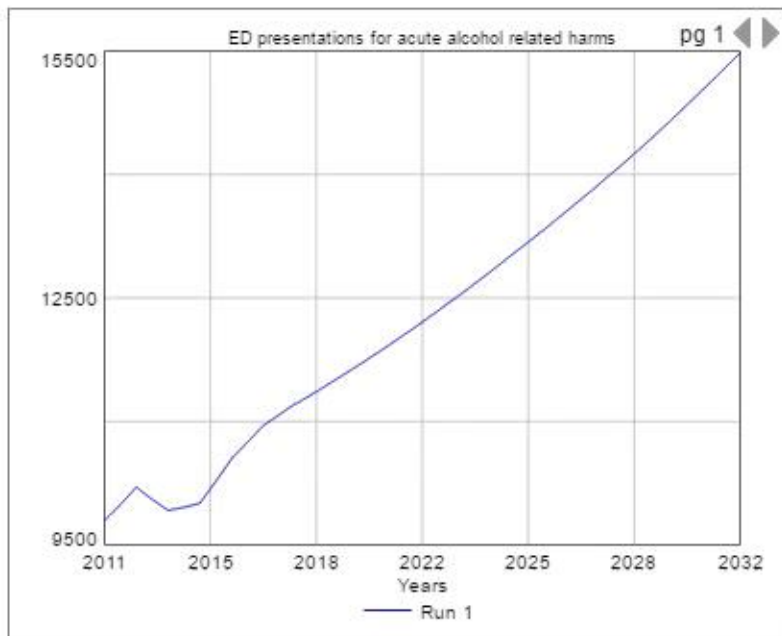
**80**

Target % reach of BI

Release Notes



Background	Key Population and Harms Structures in the Model	Key Assumptions and definition of outputs	Explore Interventions	Unfur model structure of alcohol consumption
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Real Mates Off/On



Zero BAC to 25yrs



Density Restrictions Off/On



Baseline annual Licence Growth Rate

### Intervention levers

Uniform Minimum Pricing Off/On



Good sports Level 3 mandatory Off/On



Early Closing Off/On



Scale up treatments for dependent drinkers



Brief Interventions Off/On



Release Notes

## Challenges and innovation

- Beyond reviews – the development of what if tools
- Partnerships for change – improving Aboriginal health
- Building capacity in policy agencies to engage with research





**Australian Government**

**Australian Institute of Family Studies**

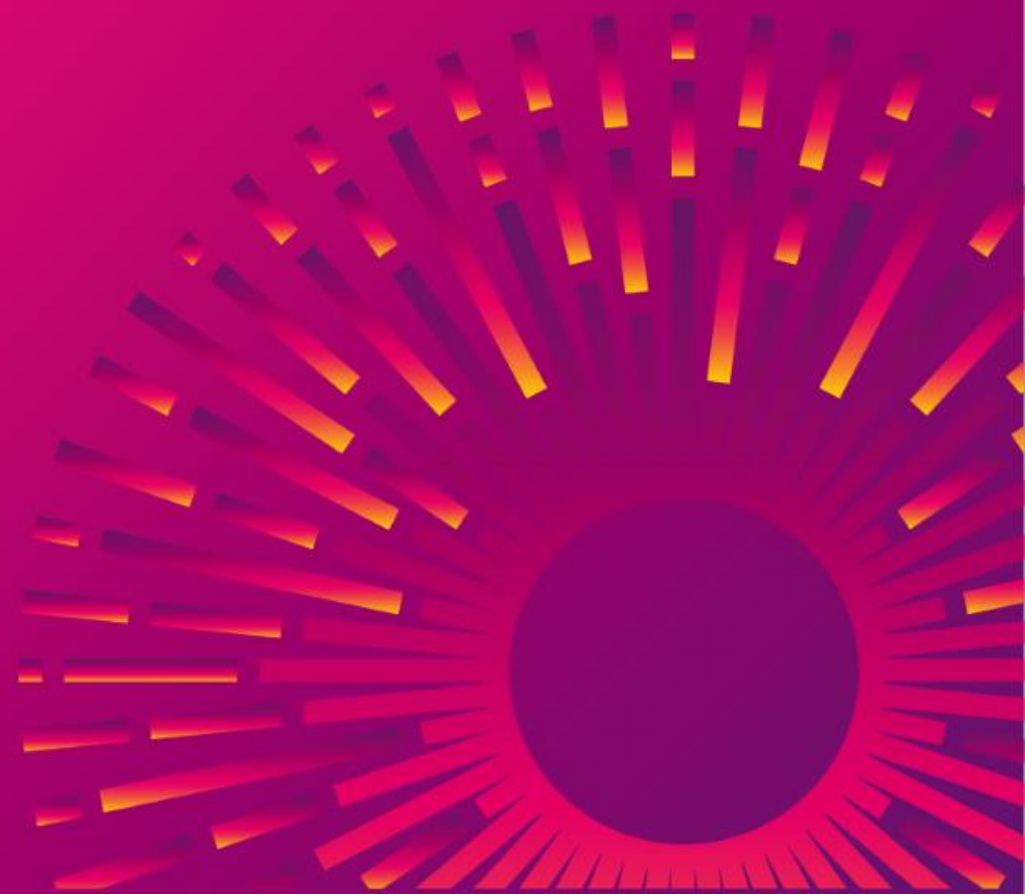


Discovering what  
works for families

# Building capacity for KT

Dr Rebecca Armstrong  
Executive Manager, Knowledge Translation & Impact

GEIS 2018



# Acknowledgements

- AIFS Executive, Communications Team
- Jack Brockhoff Child and Wellbeing Program, University of Melbourne
- Cochrane



# Where we began...



- Started with teaching systematic review methods
- Very limited transition between training and SR authorship
- What was the real issue?
  - Limited evidence literacy
  - Varied understanding of evidence
  - Limited relevance of systematic reviews
  - Link between research and practice questionable
  - Limited use of systematic reviews



# Public Health Insight



**PublicHealth Insight**

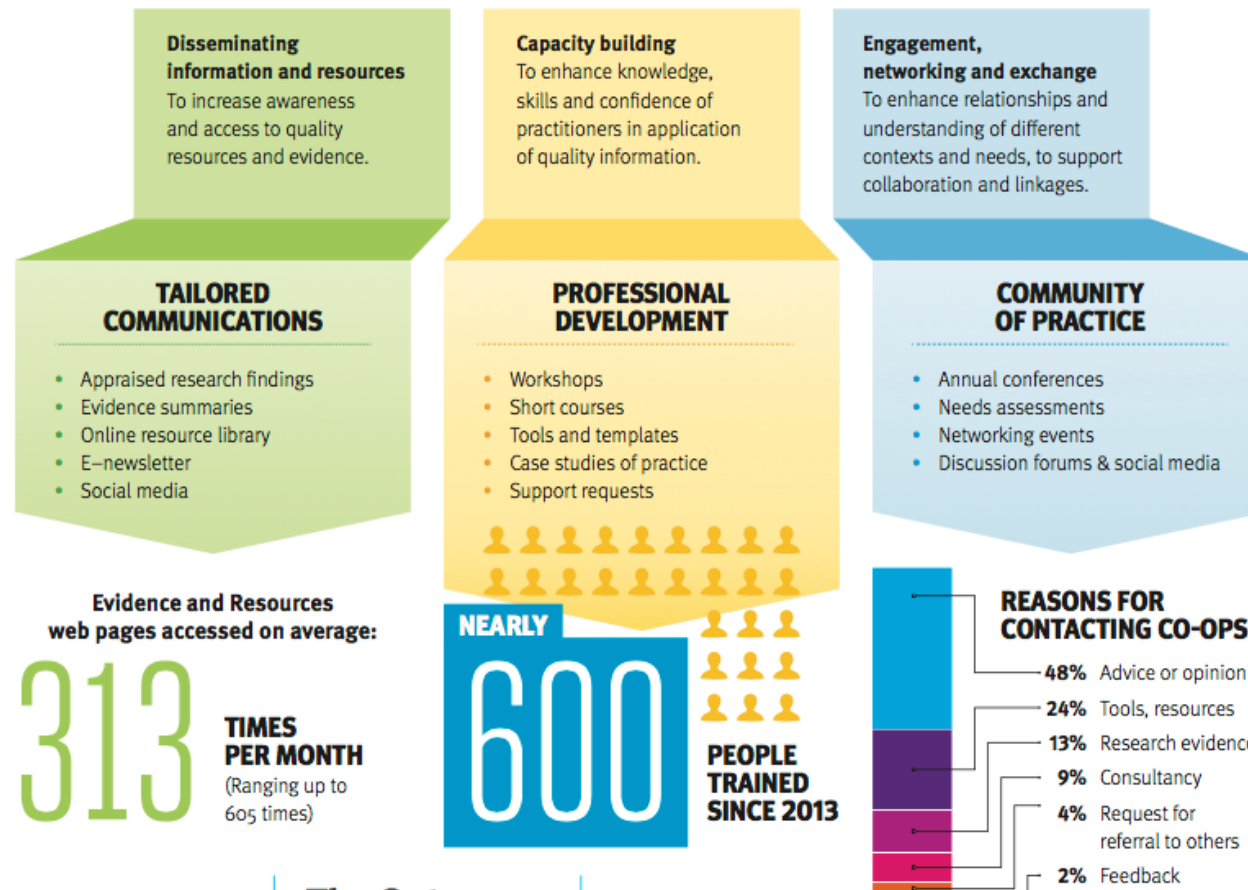
Inclusive research for healthier decisions

# Evaluating KT interventions



enabling best practice to create healthier communities

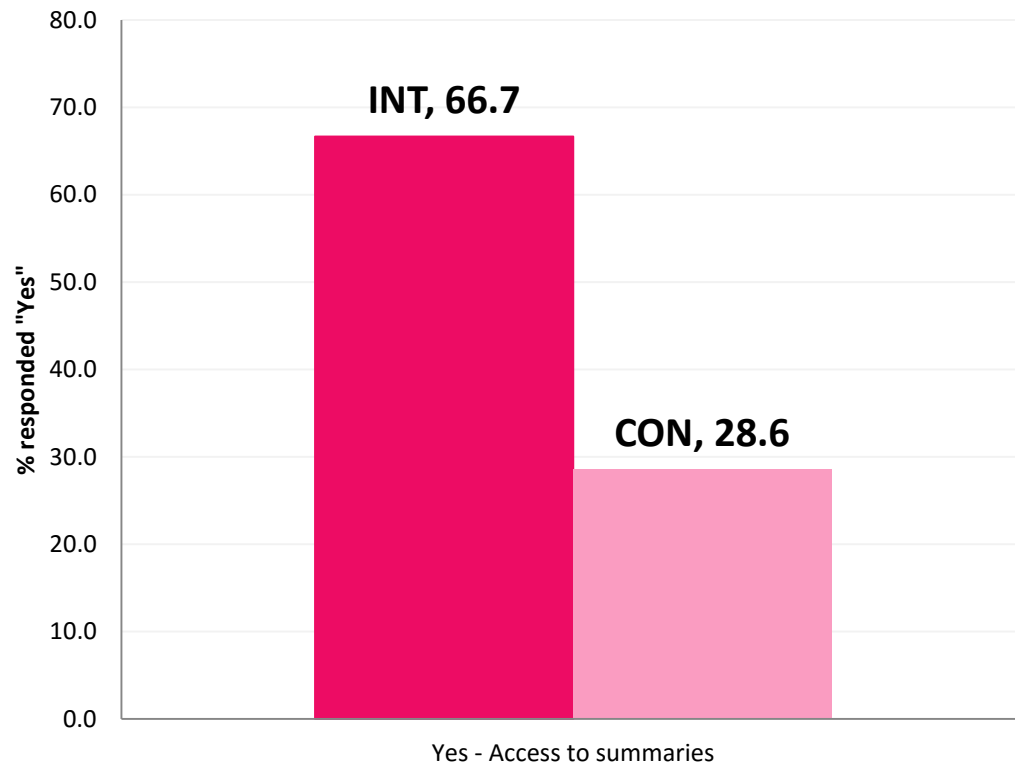
## What has CO-OPS delivered?



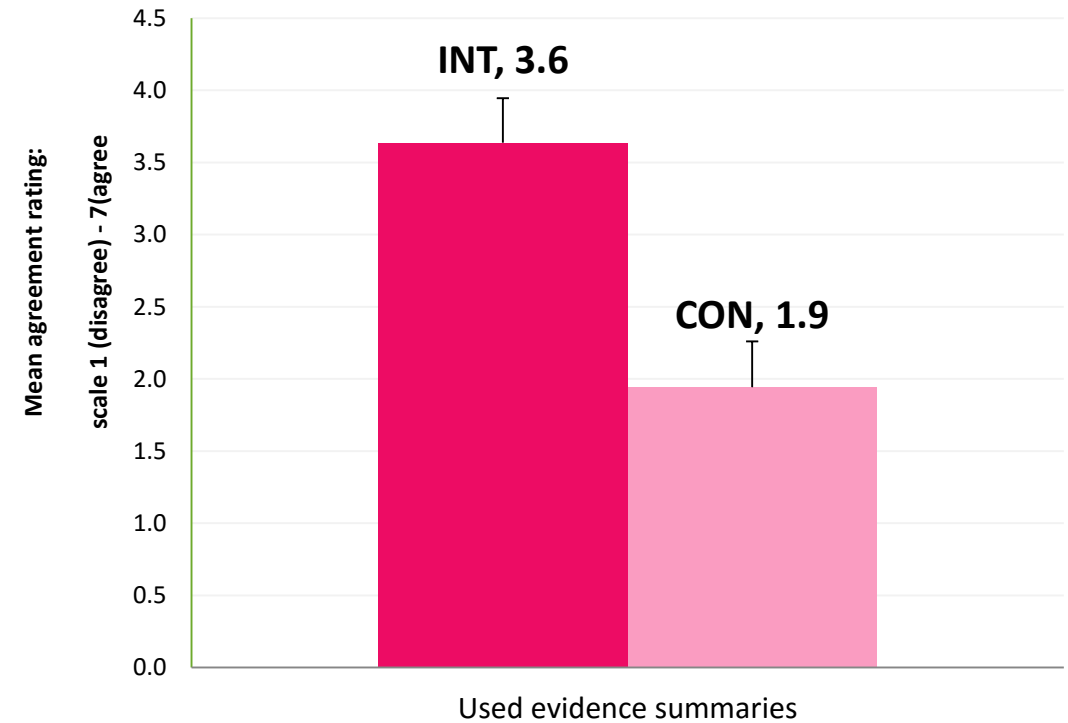
# KT4LG: Evaluating KT interventions



Have had access to the evidence summaries developed for the project



Have used the evidence summaries developed for the project to inform local program decisions





# Building capacity



## Building capacity for **evidence-informed decision-making**

- Rationale: Pressure to practice ‘evidence-informed public health’
- Audience: practitioners, decision-makers
- Evidence informed public-health

## Building capacity for **knowledge translation**

- Rationale: Pressure to produce KT Plans & undertake engaged research
- Audience: researchers
- KT4Researchers



# Cochrane Public Health

- Early adopter of KT
- Dissemination plans for reviews
- KT strategy within Cochrane



# KT at AIFS: a national perspective



**1**

## **Working from the inside out**

Building organisational capacity for KT

**2**

## **Integrated Knowledge Translation**

**3**

## **Communications KT joint planning**



# AIFS KT Strategy

**OUR PURPOSE:** CREATE AND COMMUNICATE KNOWLEDGE TO ACCELERATE POSITIVE OUTCOMES FOR FAMILIES



## OUR STRATEGIC PILLARS

### CREATE KNOWLEDGE

We work with key stakeholders to set priorities and respond to emerging needs

### COMMUNICATE FOR IMPACT

Our work leads national conversations about what matters most to families

### COLLABORATE AND CONNECT

We build and maintain networks to ensure knowledge about families is shared and utilised

### ACTIVATE SUSTAINABILITY

We build internal capacity so that we achieve impact in our work

## OUR KNOWLEDGE TRANSLATION OBJECTIVES

# How we made this happen



**Senior leadership support**



**International and local networks**



**Being ready**  
Understanding policy and practice contexts



# How this work has made a difference?





[aifs.gov.au](https://aifs.gov.au)



[Rebecca.Armstrong@aifs.gov.au](mailto:Rebecca.Armstrong@aifs.gov.au)



# The National Collaborating Centre for Methods and Tools

Maureen Dobbins, RN, PhD (Scientific Director, NCCMT)

Andrew Papadopoulos, PhD (Chair, NCCMT Advisory Group)

**National Advisory Group Meeting**

October 29, 2018



National Collaborating Centre  
for Methods and Tools

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Centre de collaboration nationale  
des méthodes et outils



# NCCMT's Mission

- Enhance *evidence-informed public health* in practice, programs and policy in Canada
- Provide leadership and expertise in supporting the uptake of what works in public health





# Conceptualizing EIDM



Figure 1: A Model for EIDM in Public Health

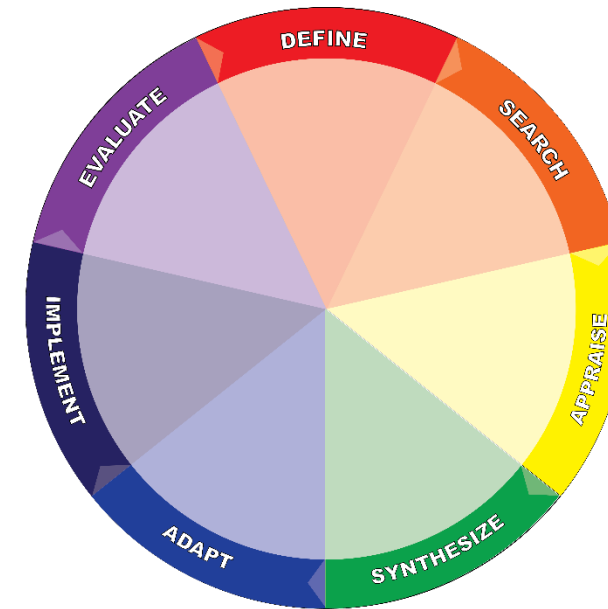
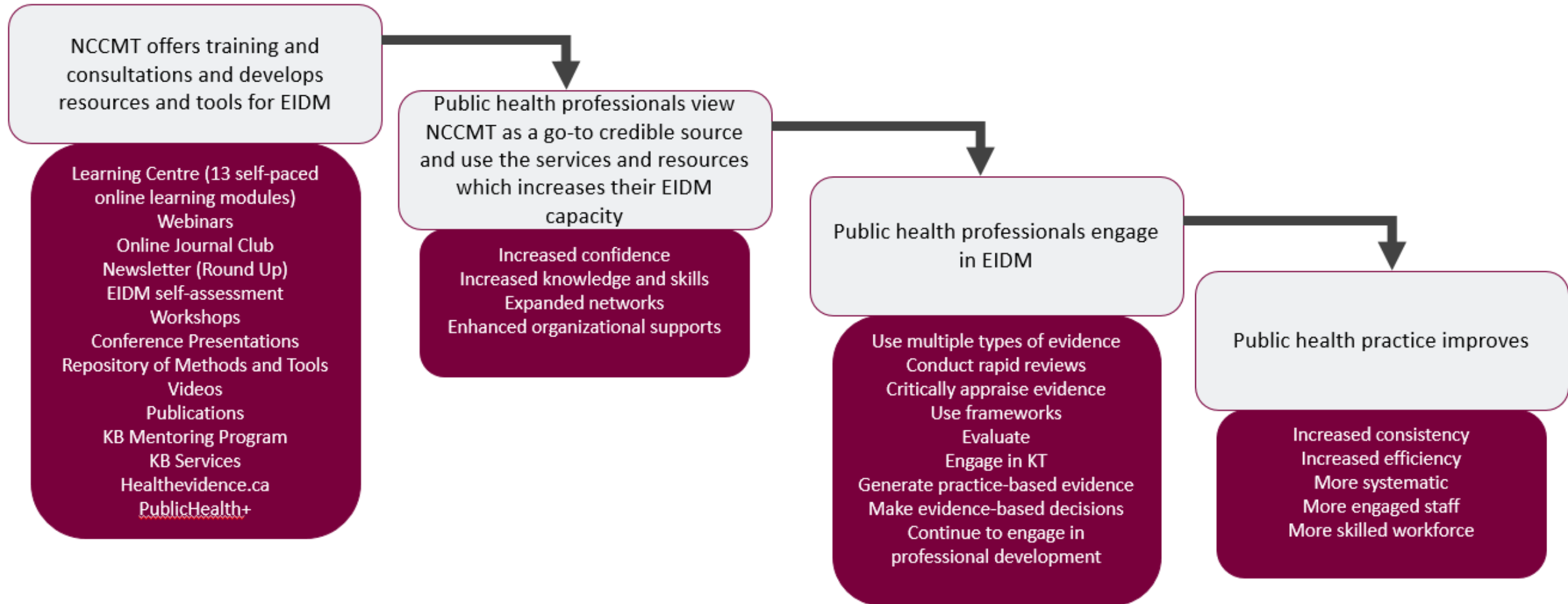


Figure 2: EIDM Steps

In order to demonstrate NCCMT's impact on EIDM, EIDM needs to be operationalized. NCCMT defines EIDM as using a variety of forms of evidence (Figure 1) and engaging in the seven EIDM steps (Figure 2).



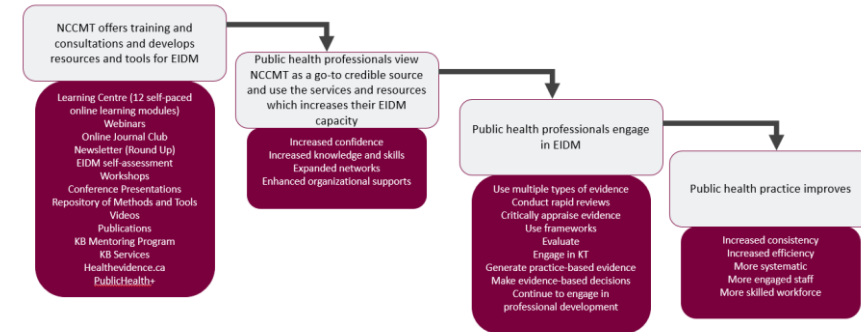
# NCCMT Pathway to Change





# NCCMT's Impact on EIDM

- **NCCMT creates resources & tools and offers services to build public health professional's capacity to do EIDM**
- Public health professionals view NCCMT products and services as high quality, useful, and relevant and use them
- Using NCCMT's products and services **↑ capacity** of public health professionals **to do EIDM**
- Public health professionals **use their knowledge and skills** and do EIDM
- **Public health practices and programs are better because of EIDM**





# NCCMT Resource Use: Knowledge Repositories

NCCMT offers training and consultations and develops resources and tools for EIDM

Learning Centre (13 self-paced online learning modules)  
Webinars  
Online Journal Club  
Newsletter (Round Up)  
EIDM self-assessment  
Workshops  
Conference Presentations  
Repository of Methods and Tools  
Videos  
Publications  
KB Mentoring Program  
KB Services  
Healthevidence.ca  
PublicHealth+

Knowledge Repositories	Metrics
Registry of Methods and Tools	278 KT methods and tools 1,339,083 pageviews 960,399 website sessions
Health Evidence™	5,203 quality-rated systematic reviews 21,791 registered users 1,723,438 pageviews 416,835 website sessions
Public Health+	2,569 pre-appraised studies 21,932 pageviews



# NCCMT Resource Use: Training

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	2017-18	2018-19 (to date)
<b>Knowledge Broker Mentoring Program</b>	10 Health Units (all time) 55 participants (all time)	-
<b>Workshops</b>	149 participants 6 workshops	61 participants 4 workshop
<b>Organizational Assessments</b>	-	19 senior leaders 1 assessment
<b>Webinars</b>	1,734 participants 26 webinars	347 participants 8 webinars
<b>Conferences</b>	39 presentations 13 events	16 presentations 5 events



# NCCMT Resource Use: Training

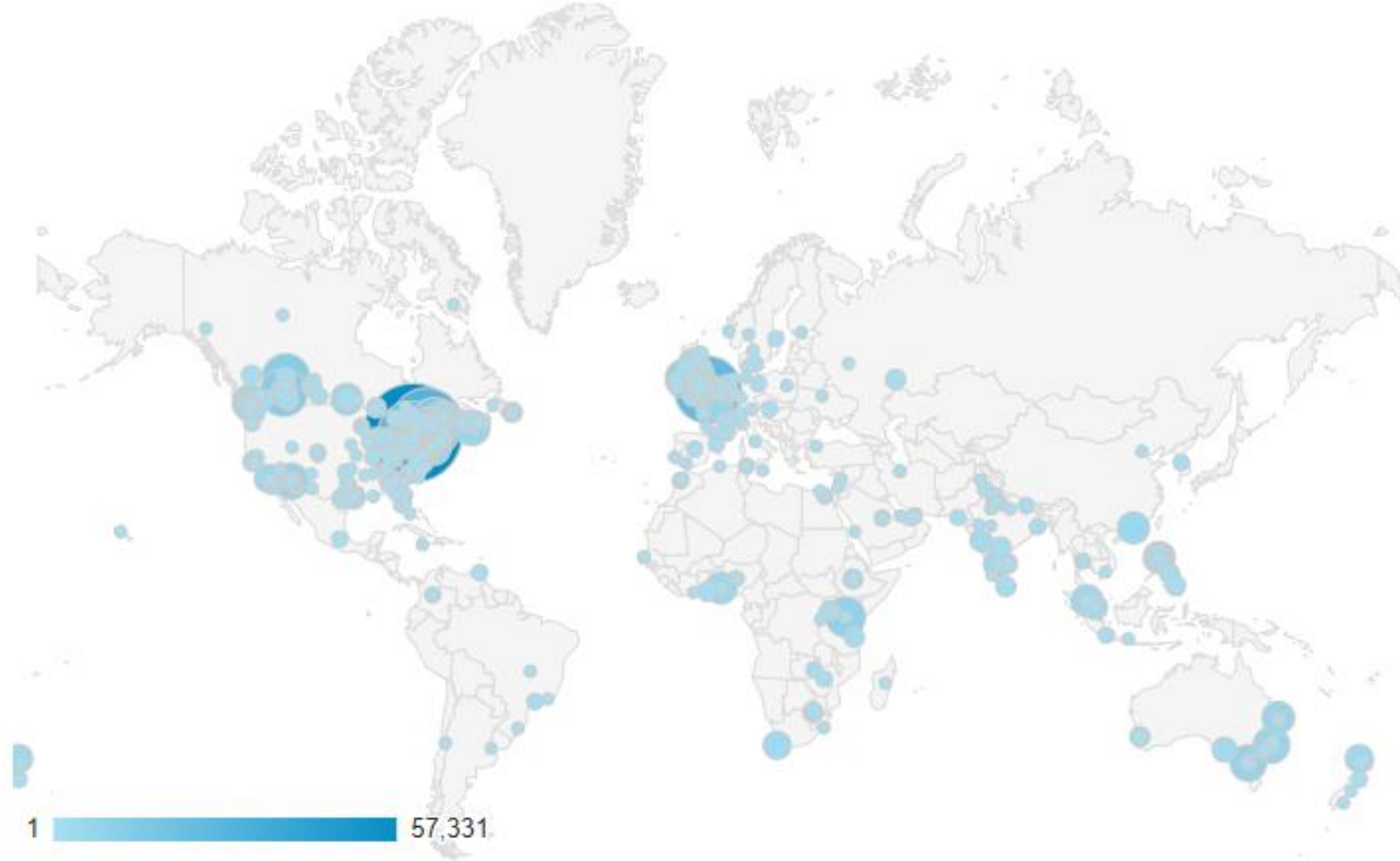
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	All-Time
Online Learning Modules: # modules launched	25,654
Online EIDM Skills Assessment Tool: # times accessed (# users)	1,500 (709)
EIDM Casebook Issue 1: # page views (# downloads)	2,807 (454)
EIDM Casebook Issue 2: # page views (# downloads)	845 (159)
Rapid Review Guidebook: # page views (# downloads)	3,811 (2,343)
Core Competency Tool: # page views	1,523
NCCMT Publications Page: # page views	12,337
Understanding Research Evidence Videos: # views	97,217
Why it Matters Videos: # views	2,698



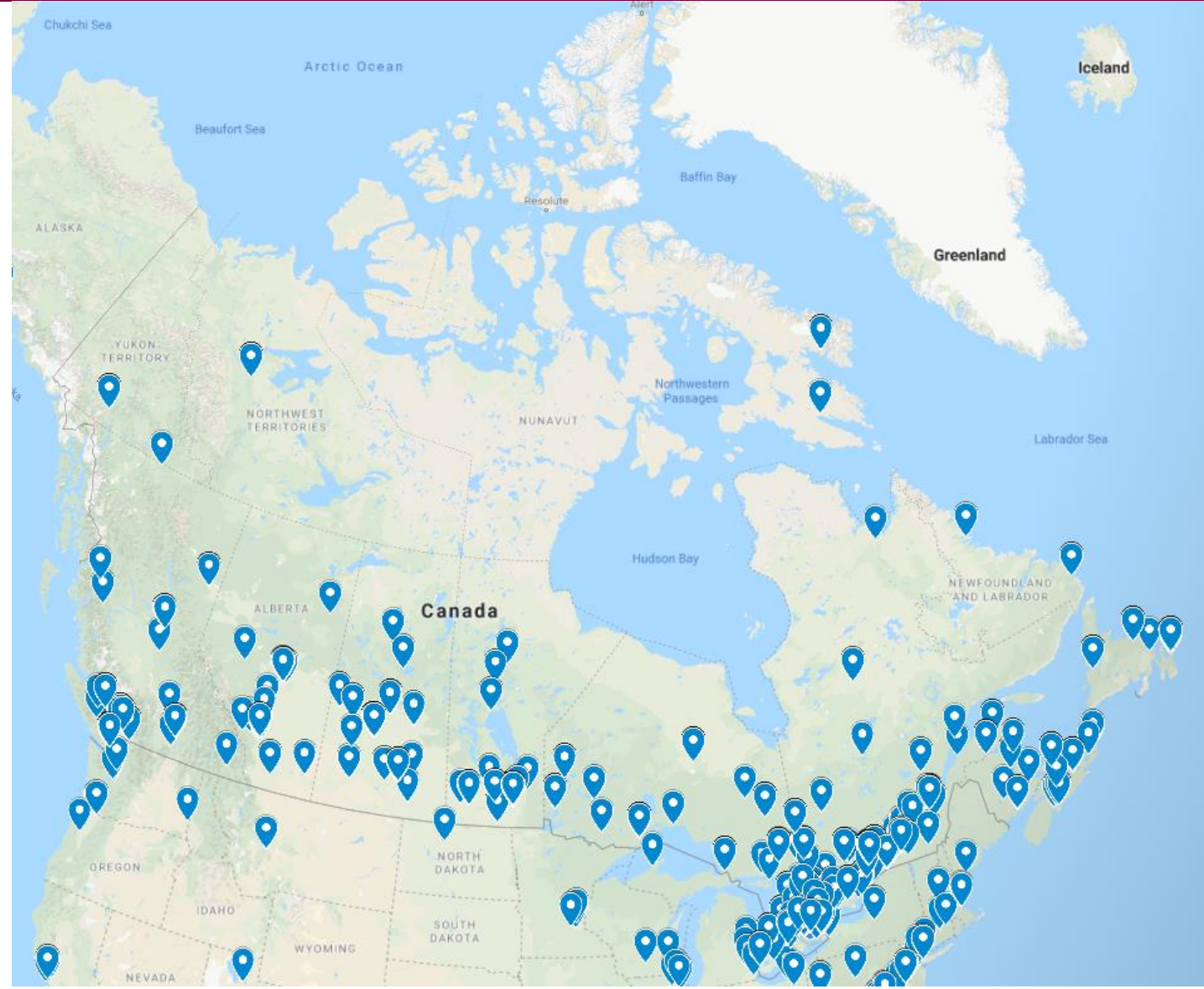
# The NCCMT website sessions, 2011-date





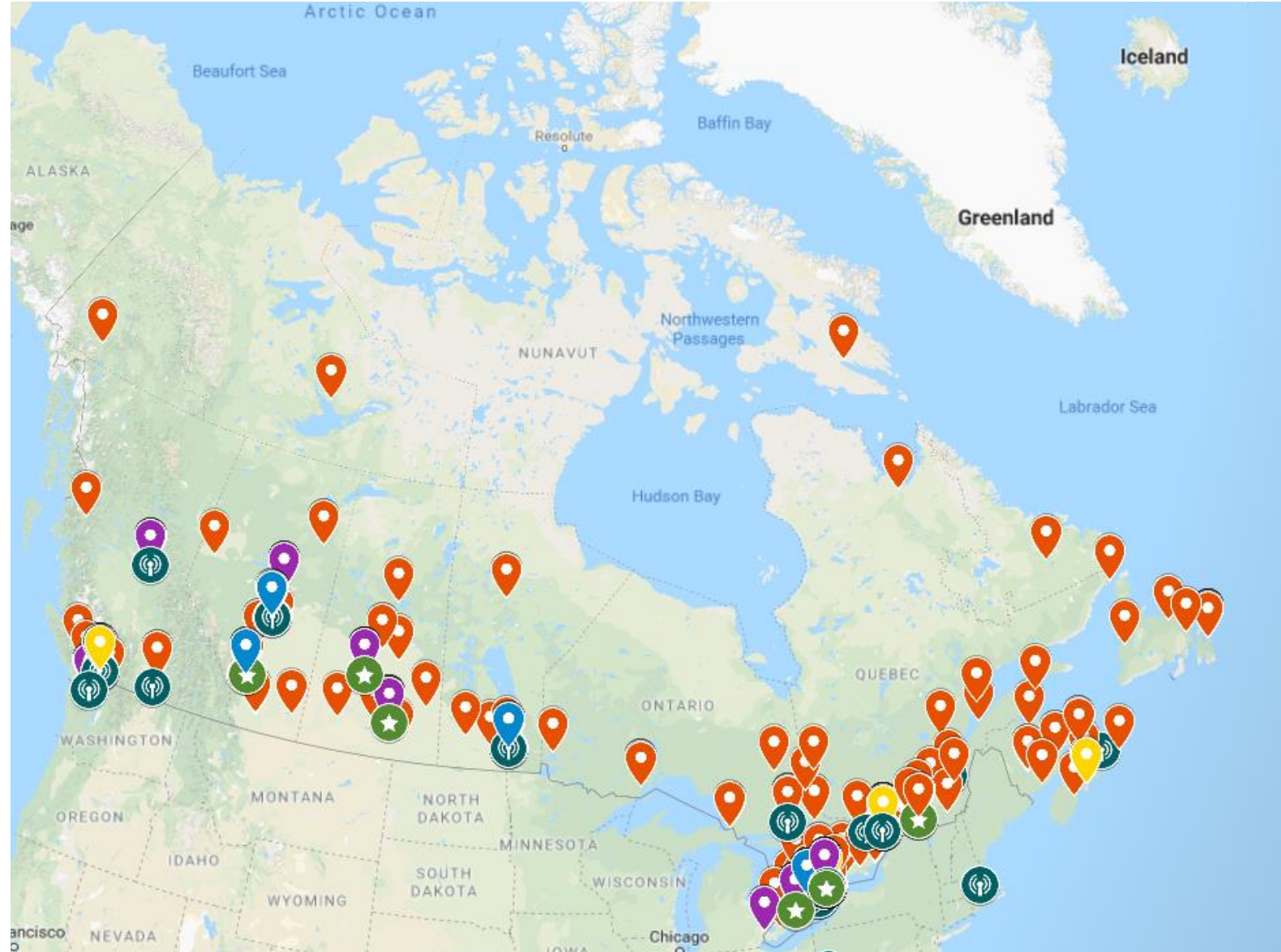


# NCCMT contacts





# NCCMT Outreach Efforts





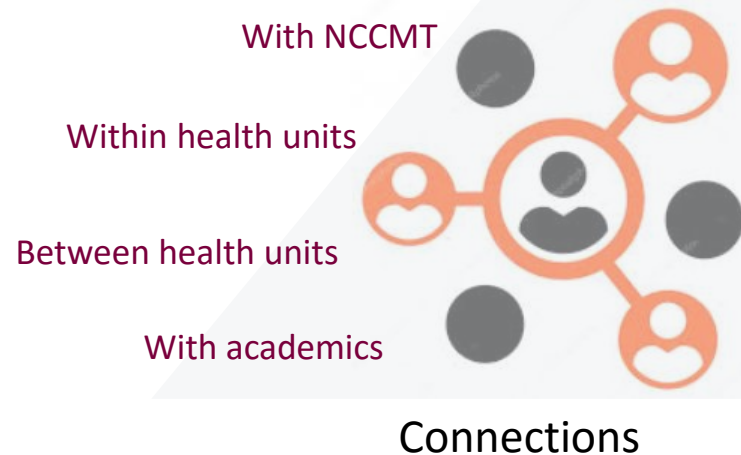
# NCCMT increases public health professionals' capacity for EIDM



Confidence

*"I definitely felt more confident in understanding the uses of different critical appraisal tools."*

*"It gave me confidence in supporting other people to follow that cycle and mentor people or support them in going through the steps to incorporate evidence in their work."*



Knowledge and Skills

- Awareness of steps
- Value of data
- Critical appraisal
- Range of evidence needed
- Refining questions
- Statistics
- Systematic literature searches
- Doing rapid reviews
- Tools and resources for EIDM
- Knowledge of NCCMT



# NCCMT Improves the Public Health System

Public health practice improves

Increased consistency  
Increased efficiency  
More systematic  
More engaged staff  
More skilled workforce

- More systematic processes
- More efficient operations and programs
- Higher visibility and more buy-in for EIDM

*"I think the best benefit really is applying that systematic approach, so giving people all the steps to be able to follow these things because they are complicated. It gives people just a road to follow. So that has been good."*

*"Because of the training, the organization felt it was at a place where it could move forward with some organizational-wide work, because people had the skills and the knowledge to be able to do evidence-informed decision making."*

# Lessons Learned

- Partnerships with stakeholders/decisions makers is key
- Capacity development both in generating and using evidence AND changing practice (implementing change)
- Can't focus solely on individuals; organizational change is required
- Understand policy and practice contexts
- Requires long-term commitment and strategic priority