



Evidence and
Implementation
Summit 2023
9-11 October

Melbourne, Australia & Online



Behavioural and Implementation
Science Interventions
Yong Loo Lin School of Medicine



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#252 - Implementation science: application to adaptation - 10 years of evolution in applying implementation science.

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Objectives/aims

Explore the application of implementation science through the development of a tailored implementation support system for the implementation of a global parenting program.

Describe the 10-year journey from the development of the initial Triple P implementation support framework to the recent adaptation of a continuum of implementation support from self-directed to high-intensity.

Methods

The Triple P Implementation Framework (TPIF), supported by Triple P implementation consultants (IC) has been in use since 2013. The goal of TPIF is to increase the uptake and sustainability of the program over time and develop an understanding of effective use of implementation science at the implementing organisations. TPIF was revised in 2018 in response to the experience of the ICs and feedback from implementing organisations – TPIF 2.0.

In 2022 Triple P International embarked upon a process of assessing the effectiveness of TPIF 2.0 and IC support. Information has been gathered from surveys completed by implementing organisations, review of IC self-assessment and discussion sessions with the ICs globally. Organisations suggested a need for simpler tools, more flexibility in the support available and supports that are adaptable to various implementation approaches.

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Organisations have indicated a need for virtual support, training and service delivery to meet the needs of their clients and their organisational needs. TPIF was developed based on implementation science whose target is typically a whole agency approach and was largely designed to address organisational adoption of the practitioner provided Triple P programs and the requirement for organisational change to effectively deliver the programs. TPIF 2.0 did not provide for implementation support for individual practitioners, or for small numbers of practitioners within an organisation. There is now more diversity in how organisations are approaching implementation, with most offering an increased range of online and practitioner led programs.

This information has been used to develop TPIF 3.0, a set of resources including a Self-Directed Implementation Resources, adapted and simplified tools and IC support more reflective of minimal sufficiency.

Main findings

To address these new implementation needs we have applied implementation science to create a continuum of implementation support. This continuum is supported throughout by an IC and addresses a wider range of implementation circumstances from individual practitioners to complex organisation implementations.

TPIF 3.0 has been developed to provide a capacity to offer implementation on a continuum of support, from self-directed with minimal support of an IC, to high intensity support providing a broader range of tools, and more intensive guidance and support from the IC. A new resource to support self-directed or more independent implementation has been developed (SDIR). It is based on TPIF 2.0 and includes streamlined tools and access to IC support at the initiation of the implementing organisation. The continuum of support starts with introducing the SDIR, and can be increased as needed. However, for complex and multi-agency/community implementations high-intensity support is still available using TPIF3.0 to support a Triple P implementation initiative, with revised tools and resources, and tailored support from an IC.

In addition, an evaluation process has been developed to assess the usefulness and effectiveness of the SDIR and implementation support provided by ICs.

This presentation will provide insight into the factors and considerations that have influenced this 10-year journey, and will describe the continuum of implementation

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support, the Self-directed Implementation Resource and the supporting tools, as well as the evaluation process that is used to assess effectiveness.

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