



Evidence and
Implementation
Summit 2023
9-11 October

Melbourne, Australia & Online



Behavioural and Implementation
Science Interventions
Yong Loo Lin School of Medicine



Centre for
Evidence and
Implementation

www.eisummit.org

[@EISSUMMIT2023](https://twitter.com/EISSUMMIT2023)

[#EIS2023](https://twitter.com/EISSUMMIT2023)

#51 - Building capabilities for family work in Victorian Area Mental Health and Wellbeing Services: An implementation trial

Presenting Author(s)*

1. Dr. Brendan O'Hanlon
2. Dr. Mohajer Hameed
3. Jane Schinas
4. Hanna Jewell

Affiliation

The Bouverie Centre, School of Psychology and Public Health, La Trobe University, Melbourne, Australia.

Country of residence

Australia

Objectives/aims

The implementation trial described in this presentation aims to explore how The Bouverie Centre's Single Session Family Consultation with a FaPMI (Families where a Parent has a Mental Illness) lens model, can be best implemented across the 22 Victorian Area Mental Health and Wellbeing Services.

Methods

Participation in the trial was determined through an expression of interest process. From the 22 potential services, four expressed interest in participating in the implementation trial. Through an interview process, two out of four Area Mental Health and Wellbeing Services (one rural and one metropolitan) were selected as implementation sites.

The two participating services required a written endorsement of the Director of Clinical Services or the Area Manager and a nominated a sponsor for the implementation trial. In addition, the local FaPMI coordinators employed in the service acted as the points of contact for The Bouverie Centre and helped coordinate implementation activities.

A mixed-design methodology with quantitative and qualitative data collection was used at pre-post training and follow up. The data collection domains for trainees



Evidence and
Implementation
Summit 2023
9-11 October

Melbourne, Australia & Online



Behavioural and Implementation
Science Interventions
Yong Loo Lin School of Medicine



Centre for
Evidence and
Implementation

www.eisummit.org

[@EISSUMMIT2023](https://twitter.com/EISSUMMIT2023)

[#EIS2023](https://twitter.com/EISSUMMIT2023)

included demographic and professional profile, self-report knowledge and trajectories of learning over time, training satisfaction and relevance to practice, attitudes and readiness to implementation, frequency of engagement with families, organisational enablers and barriers to implementation. In addition, as an implementation trial, we collected data through a purposefully developed questionnaire about possible reasons for non-completion of training.

Main findings

Across the two sites, 66 practitioners expressed interest to participate, with 24 completing the training and data collection requirements (36% completion rate). In this presentation, we demonstrate our learnings in implementing Single Session Family Consultation with a FaPMI lens across two Victorian Area Mental Health and Wellbeing Services. Practitioners' perspectives on enablers and barriers to implementation are discussed. This includes the views of practitioners' who did not complete the training (dropouts in our implementation trial). Factors differentiating dropouts from completers in our implementation trial are discussed. Our learnings from this implementation trial will be discussed with the aim of informing the implementation of a large scale, controlled trial of this practice model.