**Pregnancy After Loss: it is a long 9 months with no guarantees**

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Pregnancy is often seen as a time for positive emotions and hopeful expectations of a new baby, and a new life as parents. However, it is estimated that each year 55,000 Australian couples will experience a perinatal death, which equates to 15-20% of clinical pregnancies ending in a miscarriage, and approximately 6 babies stillborn each day. Of those families who experience a perinatal death, 80% will go on to become pregnant again, with a majority doing so within the first 6 -12 months after the loss. As a result, it is important to evaluate the role that medical, nursing and allied health professional’s play in providing psychological support to families during a subsequent pregnancy, and to identify when and what interventions may be required to support families in engaging with strategies to manage their anxiety or stress associated with a subsequent pregnancy whilst continuing to grieve their previous loss or losses. This paper with explore some of the theoretical and psychological understandings of pregnancy after loss, whilst also discussing some of the implications for practice, prompting clinicians from a range of disciplines to evaluate how they engage with parents who are pregnant or parenting after a loss.