The Radiance Network: Together Anything Is Possible.

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The Radiance Network was formed as a result of an amazing mother, Cj, who remembers being overjoyed when she fell pregnant with her first child. Cj had a dream pregnancy and uneventful birth and she and her partner fell in love with their beautiful healthy baby boy. However this is where the fairy tale takes a dramatic turn because Cj experienced post-natal psychosis. Cj very bravely shares her journey with post-natal psychosis – her raw and painful truth.

Cj’s story does end well – both for her family and the community. Through her experience Cj was able to identify that there was not enough awareness, support, and services for families who are struggling in the perinatal period within our region. So she set about to change this. She raised and donated $15000 for the purpose of improving outcomes for families.

Through partnership and collaboration, The Radiance Network was formed. Our vision was to provide a platform to bring services together in order to support, build resilience, and enhance the emotional wellbeing of parents to strengthen family relationships. An additional goal was to raise awareness around perinatal anxiety and depression and adjustment difficulties.

The Radiance Network is a great example of what a small community can achieve in response to an identified need. We are driving communication, service cohesiveness, inspiration and action around perinatal infant mental health in our community. We are making a difference to the emotional wellbeing of many families through improved social support and facilitating better pathways to care.